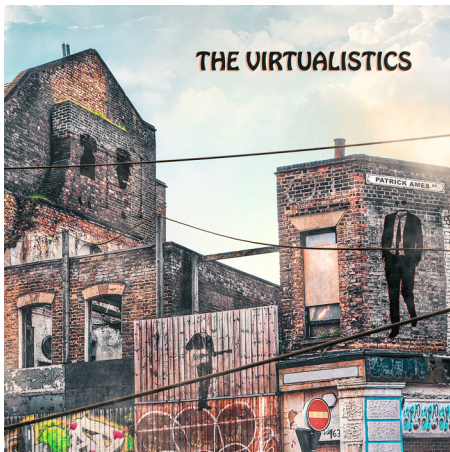


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www.patrickames.com



Help People Up

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We the people.
My feet know this song.

Help People Up
Help People Up
Help People Up
Help People Up, Help People Up, Every Day

Give People Hope
Give People Hope
Give People Hope
Give People Hope, Give People Hope, Every Day

Feed People Love
Feed People Love
Feed People Love
Feed People Love, Feed People Love, Every Day

Help People Up
Give People Hope
Feed People Love
Everyday

Do it now now
Do it now now
All Good Now Now
All Good Now Now

We believe in the people
Everyday.

Second Wave

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1.
There's a rumor out there
That the virus don't kill
There's a rumor out there
That Masks make you ill
There's a rumor out there
Fake flus disappear
All these rumors out there
By Angry people don't care
Lies and rumors
Spread the virus
Lies and rumors
Second Wave

2.
There's a virus out there
So many empty chairs
There's a virus out there
Hear it move in the cocktail air
There's a virus out there
Streets are empty and home now a jail
There's a virus out there
There's a touch of madness everywhere
Lies and rumors
Spread the virus
lies and rumors
Second Wave

3.
Angry people out there
Rumors all they share
Angry people out there
Mad the virus interferred
So much anger out there
Lives don't matter nobody cares
So much anger out there
The virus will never disappear
Lies and rumors
Spread the virus
Lies and rumors
Second Wave

There's a rumor out there.
About the virus out there.

Rubber and Glue

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I like to move around / But lately I have found
You got the kind of face / makes me stay in one place
I'm rubber, you're glue / And I'm stuck on you

I drift around and I sing / You sit down to chat
I'm busy until I fall asleep / maybe you can help me
with that
I'm rubber, you're glue / And I'm stuck on you

It's funny how things attract / Like magnets do when
they smack
We're kinda different you know / But we still kiss toe to
toe
I'm rubber, you're glue / And I'm stuck on you
I'm stuck on you
We're rubber and glue

Like a fly caught on flypaper / Life begs sooner than
later
There's not a whole lot to do / But hang out in your
dressing room
I'm rubber, you're glue / And I'm stuck on you
I'm stuck on you
We're rubber and glue.

Great Bunch of Molecules

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1.
You replace yourself every seven years
Trillions of molecules, toes to ears
Lipoproteins, long-chains of fats
What holds us all together, have you think about that.
What a great bunch of molecules we have been
We've stuck together all along, whether fat or thin

2.
We've been so sick we couldn't cry
We've felt so bad we wanted to die
We talked mitochondria out of suicide
Remember that hangover when we were 35?
What a great group of molecules we have been
We've stuck together all along, shared the oxygen

3.
We've seen a lot together, my biochemical pathways
Following the plans of twining DNA
It's gonna be strange when we drift apart
And my dear dear liver, you worked so hard
What a great group of molecules we have been
It won't be the same, when we replace us again

Essential Worker

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1.
I am an essential worker / I make deliveries
Virus waves have wiped this place / I travel empty
streets
We know we are disposable / but essential people must
eat
Everyone has gone inside / to wait for their deliveries

2.
I am a health worker / I work within the quarantines
My face has sores from masks I've worn / my body
needs sanitizing
Bankers, tailors, liars, and thieves / they're all the same
to me
Once inside they stabilize, another day, another week

[first bridge]
I'm an essential worker / I'm essential but I'm not free
I'm an virus worker / I'm essential to this society

3.
We are the nightly protesters/ we shout against the po-
po-lice
We try to push the hate inside / that jacks this democ-
racy
We are the essential angels / who sing "The world has
changed.
Tear gas kings and virus queens, it's never going to be
the same."

[bridge 2]
We deliver this protest to you, hark the angels' truth
We deliver this protest to you, hark the angels' news

[outro]
We are essential workers (we're essential, too)
We are the nightly protesters (we're essential, too)
We are essential workers but are lives ain't free.

Songwriter's Block

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1. <Can't Write>

a, e, i, o

a, e, i, o and u

a, e, i, o

a, e, i, o and u

You can't write / never will again

no more music / you're near exhaustion

2. <Advice Given>

a, e, i, o

a, e, i, o and u

a, e, i, o

a, e, i, o and u

Don't you know that / vowels are free

Fatten with vowels and / lines come easy

All these vowels / are spoken sounds

Falling like raindrops

Use more vowels / and your thoughts will speak.

All these vowels / smart as owls

High up on rooftops

use more vowels / and your songs will sing

3. <I'm Writing Again!>

a, e, i, o

a, e, i, o and u

a, e, i, o

a, e, i, o and u

a, e

a, e

a, e, i, o and u

a, e, i, o, u, I love you.

You Make Me Scream

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1.

You make me Scream

You make me Scream

You Make me scream

So Tenderly

You make me cry

you make me cry

So Tenderly

You make me moan

You make me moan

You make me moan

So Tenderly

You make me howl

You make me howl

You make me howl

So Tenderly

Reawakened 2020

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The force of good it has been reawakened

The Force of good it has been it's been reawakened

The hour has come for the power of belief

That the good in us all /is about to be released

The force of good has been reawakened

Don't be fooled by the lies in the tweets

Don't be cajoled by politicians on TV

Don't be silent about dividing families

Because the good in us all / is about to be released

Reawakended, reawakened, reawakened

The force of good it has been reawakened

Don't be shy about your equality

Don't be quiet when they fence in the free

Don't be violent when they interrupt the peace

Because the good in us all / is about to be released

Reawakended, reawakened, reawakened

The force of good it has been reawakened

The hour has come for the power of belief

That the good in us all / is about to be released

The hour has come for the power of belief

That the good in us all / is about to be released

The force of good it has been reawakened

The Force of good it has been reawakened

Are you reawoke?