



## What's up with cats making biscuits (a.k.a. kneading)?

Do you have a kneady cat? Most of us do, and the act of “making biscuits” is a completely normal feline behavior. Also known as kneading, cats making biscuits is the rhythmic back-and-forth of paws pressing against a soft

object like a blanket, sweater or human lap. The action looks like a fuzzy little baker kneading dough — hence the cats making biscuits description. Most of us think of a cat engaged in the activity only with his two front paws, but some kitties are talented “bakers” and use all four! Occasionally the kneading turns into a full-fledged dance of sorts.

### **There are a few possible explanations for what's going on with cats making biscuits:**

During early kittenhood, babies knead their mothers to stimulate milk production. Because there's such comfort in that memory, adult cats may instinctually “go there,” even though they are way beyond weaned. Hey, if something feels nice, why not milk it for all it's worth?

1. Back in the olden days, our cats' ancestors would create a soft place to sleep in the wild. This “nesting” is done by flattening the grasses around them. This could be why we see our cats “making biscuits” as they're settling down for some shut-eye.
2. Cats leave their scents on things (and people) they consider “theirs.” Kneading may be a way for your cat to mark its territory. Some believe that when a cat is kneading on their human, it's his way of saying, “you're mine!”

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3. Some experts believe that when a female cat is in heat (or estrus), she kneads and purrs. This is one way of letting males know she's ready to mate.
4. We know that stretching and staying limber is healthy for our bodies, and cats know that, too. The action of kneading is a great stretch and cats may be doing it for just that reason. There's probably a "biscuit-maker pose" in the Cat Yoga dictionary.

### When cats making biscuits turns painful

While kneading, cats sometimes keep their claws retracted and other times (yowie!) they don't. Don't ever punish your cat for kneading, even if his claws are digging right into your tender flesh. Instead, place a blanket or towel between you and the paws or shift the kitty to a different location with a soft object on which to knead.

You can also reduce the pain that might accompany cats making biscuits by keeping your cat's nails trimmed.



### Some final thoughts on cats making biscuits

Because cats have got the kneading motion down pat, they probably could actually whip up a mean batch of biscuits, right?

Here's the thing: even though our favorite felines seem to have mad biscuit-making skills, it doesn't mean they should eat biscuits intended for humans. You keep the biscuits (yum) and offer your cat a tasty kitty treat instead. Now everyone's happy!



*This is my personal,  
kneady cat, Tugger!*

*He loves, loves, loves  
making biscuits!*

It's 2019! New Year! New You! Resolution.....Exercise?!



**Scott Metzger is a cartoonist living in Northern California with his wife, two kids, and two cats. His comics are syndicated with GoComics and he also licenses his work to various outlets. He's happy people share his cartoons to friends and family but, he doesn't advise sharing them with your cats, they may get offended! For more funnies visit his website: [www.metzgercartoons.com](http://www.metzgercartoons.com)**

\*\*\*\*\***ADOPTION**  
**SPOTLIGHT**\*\*\*\*\*



**Re-Introducing LIAM!**

This handsome, sweetly serene, mellow, friendly, laidback, good with other cats, beautiful boy is still looking for his forever home! He's almost, but not quite, perfect. Liam came from the streets of Pottstown & whoever tossed him aside was about as heartless as one can be. But we're firm believers in karma! We know someday that person will be held accountable. In the meantime, it seems that karma brought Liam to us. Liam's only imperfection is that he is a diabetic kitty, so he'll need someone who is very special to adopt him. All Liam's vet work is completed. He needs his forever home!

\*\*\*\*\***ADOPTION**  
**SPOTLIGHT UPDATE**\*\*\*\*\*

Not only is Liam still available to adopt, his adoption fee is waived AND French Creek Vet is also offering a care package for you which includes a gift certificate for a free exam, a bottle of insulin & syringes, 3 bags of food, and 2 tubs of his 'favorite' litter!  
Awesome cat, awesome deal!

**\*\*Ginny & Willow are still available! \*\***

**\*\* Rita, Spirit, and Magic are still available! \*\***  
As you may recall our beloved Bill "The Cat Guy" Sharon passed away last summer and left behind his furry family members. We are very happy to report that four of Bill's cats are getting much love and attention in their new forever homes!

Just a reminder when you are adopting a pet, to take the time to meet the scared ones, the shy ones, the ones that don't stick out to you, the ones with the boring colors or missing limbs, the older ones, the frail ones. They have not given up. They just need you. And maybe you just need them too.

**Meet Clover, making some biscuits. She's in knead of a forever home!**

<https://www.facebook.com/372228399483024/posts/2222173011155211/>

## ***Cat NAPS 2018 Catistics!***

- **122** Cats and Kittens are happy, happy in their forever homes!  
This includes **4 FIV Positive** cats!
- **15** of you adopted **2** cats or kittens from us in 2018! We also had **1 Triple adoption**. *Bagel, Lox, and Caraway are in their forever home together!*
- **TNR projects = 206+** cats were spayed and neutered in the Pottstown and surrounding areas. Most were Trapped, Neutered and Released, but some were adopted, or are still waiting to be adopted!
- **Sadly**, we also had several returns due to various, unforeseen circumstances. Some of the returns are happy again in their new homes, but a few are still available to adopt. *They are ready to love their new families!*
- **A NEW TREND started in 2018!** Sponsored Adoption Fees!  
You may have adopted a cat or kitten where you didn't have to pay the fee because it was sponsored by another and then, paid it forward by sponsoring another cat's adoption fee. *Let's keep the positive energy going in 2019!*

## **Ways you can continue to help Cat NAPS of Pottstown, Inc.**

**Cat NAPS is part of the Redner's receipt program. Save your Redner's receipts for us! If you don't have a Redner's card, visit their Customer Service Desk! Mail your receipts to:**

**Cat NAPS of Pottstown, Inc.; PO Box 453, Gilbertsville, PA 19525**

**We're also part of the Smile Amazon program! If you shop on Amazon, just go to Smile.Amazon.com to make your purchases and choose Cat NAPS of Pottstown, Inc. as your charity!**

**Good Shop donates to Cat NAPS. Visit our website for more details.**

### **EVENTS and WEBSITE:**

**L☺☺K for updated Events on our Website and on our Facebook page**

**[www.catnapsofpottstown.org](http://www.catnapsofpottstown.org)**

**[www.facebook.com/catnapsofpottstown](https://www.facebook.com/catnapsofpottstown)**

### **UPCOMING EVENTS**

**We're working on fundraising events for 2019! We welcome any suggestions you may have to raise funds for this great Non-Profit!**