



# RAINBOWS ARE FREE

## HEAD PAINS

*"Thundering rhythm, cosmic energy, blinding riffage, punishing psychedelic energy; all symptoms of 'Head Pains' by Rainbows Are Free. Those commanding tones are also remedies in a jaded scene of saturated Sabbath wannabes revealing pots of aural gold at each end of the spectrum." – Bucky Brown from Stoner Doom Charts*

### HEAD PAINS

1. The Sound Inside
2. Electricity on Wax
3. Shapeshifter
4. Covered in Dawn
5. Lady of the Woods / Psychonaut
6. Nile Song
7. A Penny's Worth
8. Eunice

**File Under:** Heavy Psych / Stoner Rock

**RIYL:** Black Sabbath, Soundgarden, Uncle Acid and the Deadbeats, Dead Meadow, etc.

**Label:** Argonauta Records, Horton Records

**Catalog Number:** TBD

**Format:** CD/Vinyl

**Running Time:** 40:30

**Contact:**

**David Fain Promotions**

**2120 Iowa St. Norman, OK 73069**

[david.fain.promotions@gmail.com](mailto:david.fain.promotions@gmail.com)

[www.rainbowsarefree.com](http://www.rainbowsarefree.com)

<https://www.facebook.com/RainbowsAreFree/>

[sAreFree/](https://www.facebook.com/RainbowsAreFree/)

Recorded in 2018-2019 by Trent Bell (Flaming Lips, Chainsaw Kittens) at Bell Labs, Norman, OK. Mastered by Hans DeKline of Hans DeKline Mastering, Los Angeles, CA. Album art by Tony Roberts (Electric Wizard, Conan, Slomatics)

**Head Pains** is **Rainbows Are Free's** third full length album, and follow up to 2014's **Waves Ahead of the Ocean**. The completion of **Head Pains** heralds a return to RAF's heavy psychedelic roots as witnessed on their breakout album, **Believers In Medicine** in 2010. Although it may be considered a return to form, **Head Pains** further exhibits the band's unique voice -- setting them apart from contemporaries of heavy psychedelic, doom, and stoner rock with whom they've shared the stage, (High on Fire, Dead Meadow, St. Vitus, The Sword, Big Business, Pallbearer, Kylesa, etc.).

Often appearing in costumed stage dress, the band, fronted by the soaring and snarling nigh 7-foot cyclone of weirdness that is Brandon Kistler, continues to shock and amaze fans by introducing an element of good-humored theatrics to accompany their live sonic assault. This is achieved in no small part due to the guitar prowess and songwriting of Richie Tarver, joined by the ambient soundscapes of Joey Powell on rhythm guitar, and the thunderous low end of Jason Smith on bass, and Bobby Onspaugh on drums.

**Rainbows Are Free** continue to bring their unique brand of psychedelic heaviness on tour as they support the release of **Head Pains** due out Fall 2019.

"They're from somewhere in Oklahoma. The part of Oklahoma that has UFO cults, bathtub acid, wizard robes, custom vans and amplifiers the size of refrigerators. There's a good chance Rainbows will blow your mind for good, so use caution..."

-Ken McIntyre, **Classic Rock Magazine**

"...they genuinely fire up the burners and kick ass with a lumbering gallop, fuzzed-out leads and Brandon Kistler's straight-edge Ozzy vocals.

-Kevin Stuart-Panko, **Decibel Magazine**