

Sizing Charts for T-shirts

Ladies:

	XS	S	M	L	XL	2XL
Ladies size	8	10	12	14	16	18/20
Actual Chest (cm)	43.5	46.5	49.5	52.5	55.5	58.5
Body Length (cm)	60	62	64	66	68	70

Men's:

	S	M	L	XL	2XL	3XL	4XL
Chest to fit (inches)	34-36	38-40	42-44	46-48	50-52	54-56	58-60
Actual chest (cm)	46	51	56	61	66	71	76
Body length (cm)	71	74	77	79	83	85	88
Sleeve centre back length (cm)	40	43	46	50	53	56	58