

## OVERCOMING TEMPTATION

<sup>13</sup> And do not lead us into temptation but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen. Matthew 6:13

<sup>13</sup> The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13

- Temptation is normal.
- God won't allow you to be tempted more than you can handle.

## DOES GOD EVER LEAD US INTO TEMPTATION?

- God does not tempt us to sin.

James 1:13; Luke 22:31 – 32; Psalm 141:4

## WHY DO WE NEED TO ASK GOD TO DELIVER US FROM EVIL?

<sup>1</sup> So now there is no condemnation for those who belong to Christ Jesus.

Romans 8:1

## WHAT ARE THE KEYS TO RESISTING TEMPTATION AND DELIVERANCE FROM THE EVIL ONE?

1 Thessalonians 3:5

**1. REFUSE TO BE INTIMIDATED** Ephesians 6:10 – 11; Galatians 5:16

**2. REQUEST HELP FROM GOD** Psalm 50:15; Hebrews 4:15-16

**3. REFOCUS YOUR ATTENTION** James 1:14 - 15

**4. INVITE SOMEONE, A FRIEND INTO YOUR STRUGGLES.**

<sup>9</sup> Two people are better off than one, for they can help each other succeed. <sup>10</sup> If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. Ecclesiastes 5:9 – 10

<sup>16</sup> Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results. James 5:16

## 5. RESIST THE TEMPTOR

<sup>7</sup> Therefore submit to God. Resist the devil and he will flee from you. James 4:7

<sup>17</sup> Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God. Ephesians 6:17