

#2 - "CHEESY" RUMPELSTILTSKIN

Michael Charles Smith

This exercise practices double stops, accents (f), quiet notes (p), fast dynamic changes, and counting eighth notes.

Begin learning with your metronome set on 35 bpm with 8th note subdivisions.

1. Clap and count the rhythm only. (First dimension - Rhythm)
2. Play notes while counting outloud leaving out dynamics. (Second dimension - Pitch)
3. Once comfortable with the counting and notes, add the dynamics. (Third dimension - Dynamics)
4. Speed up by 5 bpm per day until you get this up to 70 bpm with 8th note subdivisions.

Marimba

Mrb.

Mrb.

Tips and common challenges:

- make sure your prep stroke is in time with the metronome on the "&" of 4
- make sure your accents are (f) strokes are a 45 degree angle
- make sure your quiet notes (p) strokes are 2-3 inches
- many students have difficulty getting a true (p) stroke the note after every accent, so be mindful of your dynamics.....
- make sure your double stops hit exactaly together, no flams
- make sure your last notes come up off the bar!

Need a challenge? Try these Mods

- Play in three note "root position" chords
- Play in 4 note "root position" chords
- Play exercise through all 12 major keys
- Play in all 12 natural minor keys