

#3 - Ms. RUMPELSTILTSKIN

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This exercise practices double stops, multiple time signature changes, crescendos, decrescendos, and counting eighth notes.

Begin learning with your metronome set on 35 bpm with 8th note subdivisions.

1. Clap and count the rhythm only. (First dimension - Rhythm)
2. Play notes while counting outloud leaving out dynamics. (Second dimension - Pitch)
3. Once comfortable with the counting and notes, add the dynamics. (Third dimension - Dynamics)
4. Speed up by 5 bpm per day until you get this up to 70 bpm with 8th note subdivisions.

Marimba

1
1 2
1 2 3
1 2 3 4
1 2 3 4 5

p *f*

Mrb.

9

p *f*

Mrb.

17

p

Tips and common challenges:

- exaggerate dynamics - many players don't get quiet enough or loud enough
- make sure your crescendos and decrescendos are smooth - each note should be either louder or softer than the last note (super hard to perfect)
- don't accent each time you move up or down notes - many players accidentally accent the first note in each measure
- make sure your double stops hit exactaly together
- make sure you last notes come up off the bars!

Need a challenge? Try these Mods

- Play in three note "root position" chords
- Play in 4 note "root position" chords
- Play exercise through all 12 major keys
- Play in all 12 natural minor keys