

# **INSTANT MANIFESTATION**

**©2009 by Dr. Angela Barnett and Joe Barnett, MA  
LUNAR VISIONS**

# **INSTANT MANIFESTATION**

For information about the purchase of  
music, books or training by the authors go to  
[LunarVisions.com](http://LunarVisions.com)  
[CosmicMagicSchool.com](http://CosmicMagicSchool.com)  
[CosmicWaveFilesDNAActivation.com](http://CosmicWaveFilesDNAActivation.com)

**©2009 by Dr. Angela Barnett and Joe Barnett, MA**  
**LUNAR VISIONS**

All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means, electronic or mechanical including photocopying, recording or by any information storage and retrieval system, without written permission from the authors, except for brief quotations in a review.

## **Table of Contents**

**4 Stardust Manifestation**

**8 Magical Stardust**

**14 Keys of Manifestation**

**18 Starburst Frequencies**

**21 Mind of a Child**

**25 Manifesting Magical Kingdoms**

**28 Magical Formula for Creating Cosmic Islands**

**32 God Frequencies**

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

# MAGICAL SUBSTANCE OF MANIFESTATION

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

There is a magical substance in our universe that allows us to impress our thought upon it and create anything our heart desires. It is the same magical substance the Bible called prana or bread of life. It is a Christic Substance from the 12th dimension through the mirror of the 24th dimension. It is stardust- crystal light, crystal dust, crystal gel- the Divine Substance from what all is created from. It is this formless substance that we can place our thought in which produces the thing that is imaged by the thought.

We can now bring this magical substance into our presence. The stardust frequency can be obtained by connecting two helium rings at the point of the spark of source in the crystal heart and spin the helium rings at the speed of light to connect to the 24th dimension

of stardust. At the same time spin the merkaba body down into the crystal heart of Mother Earth. Saturate the Earth's Matrix of 15 dimensions and Mother Earth with this frequency along with your merkaba body and your light body.

Bring this stardust frequency into your life by keeping your island of light saturated with it. Fill your physical body, your light body, your hova bodies and your merkaba body with this essence. Now you have an island of light to begin creating your kingdom of heaven on Earth.

Those who knew the FREQUENCY OF GOD could walk on stars. We must connect our Consciousness into the Highest Frequency on Earth in order to ascend to the realm of Gaia.

We connect to the Frequency of God by riding the stargate into the Milky Way, absorbing all of the breaths of the Elohim angels and changing our standing wave pattern into the rhythmic pattern that contains no gravitational pull.

We shift into a parallel reality of higher frequencies when we raise our frequencies into the realms of angelic consciousness. When we shift to this higher station of frequency through the process of transmutation, all of the frequencies that contain a lower resonance can no longer enter into our consciousness. This is true freedom that provides true IMMORTALITY DNA ACTIVATION.

Higher states of intelligence merge into oneness with our minds and become our activators of our Subconscious, as we allow the solar and stellar waves to penetrate our cells as we listen to these Cosmic Wave DNA Activation Files. Connecting our coding of our DNA from our cellular molecular and atomic structures into Cosmic Consciousness requires a very clear focused mental activity and a consciousness that oscillates high into dimensions of light and sound beyond the holograms of this matrix. It isn't a state of sleepy imagination. It requires a state of absorbing and resonating with so many high, ultra light, sparkling, shining, sweet frequencies of the highest angelic consciousness that the body begins to transmute or

transform into a more etheric essence and the atmosphere around the body transforms into a magical environment.

All of these great entities are working in conjunction with the Cosmic operators on Earth who are willing to accept the refined program of synchronizing and attuning frequencies into the Master Plan of the Great Cosmic Consciousness.

Those who are willing to seek nothing of greater importance than to flow in direct union with the rhythm and the Cosmic frequency of this grand transmutation are working in conjunction with the Galactic Consciousness, Cosmic Consciousness to orchestrate the Omniversal Music of the Spheres.

Those who are not willing to accept this grand refinement of their density into the New alignment with Cosmic Consciousness will have a much more difficult transmutation.

Why not just merge and melt into the magical plan? Why not just allow the Divine plan to swallow you into the Great cosmic Consciousness? The Cosmic Plan is not made up of multitudes of conflicting paths. Those on a Cosmic path are willing to melt and blend and harmonize into the grand music of the spheres.

The state of perfection transforms the physical structure into the vibratory frequency of your higher being, as an entity of spiritual service. This highest frequency of consciousness allows us to blend into oneness with the infinite. This frequency replaces the limitations of matter with the continuous manifestation principle of Divine Love and impersonal service.

The vibratory energetic codes that our society, culture and evolution have planted into us must be re-dimensionalized in order to allow us to participate in our galactic form of being. We must become harmonized and unified with all civilizations of the universe.

As we become familiar with the feeling of the Cosmic Consciousness, we will desire to align with it more and more

frequently until our desire to remain in that frequency is much greater than the desire to remain in the third dimensional frequency.

You will find that some of the frequencies may be too difficult for your cellular structure to absorb at this time. There are many levels of frequencies that may be absorbed and activated to prepare the physical structure to transmute in this higher revelation.

Feel the breaths penetrate deeply into the cellular, atomic and molecular structure to wake up the tiniest invisible aspects of our selves that have been dissolved into oblivion until this time when they may once again awaken and reappear.

Feel how the frequencies raise and merge your consciousness into the frequency of your higher self where the limitations of matter become replaced by the co-creative manifestation Consciousness.

Call on Crystal Light Energy. Ask a stream of energy to be formed from Co-Creative Consciousness through the crown chakra. Create a movie screen in your third eye area and allow a movie to stream down from the Cosmic co-creators magical movie screen. See the idea you desire being formed onto this movie screen. Exhale this desire into the stardust island of light that you have created to live inside.

# **Magical StarDust Energy of Manifestation**

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

During spring 2009 starburst activities will be as strong as they were when Ursa Major was created. I might add the star bursts for the creation of the Islands of Light will be transmitted through crystal light energy sent by Zorak.

Zorak explained to me that creating Islands of Light is an extremely complex process that takes millions of Entities continuous work for many years. The preparation for the present incoming light energy was begun about one hundred years ago. These Cosmic Entities actually have to braid and strand and align each stream of electromagnetic light energy together through the Consciousness of millions of other Entities who are on the same wave length. These

light streams create our conscious union with our higher selves to become established.

This magical stardust energy is like a movie screen that allows us to create our movies- god's movie- onto it. This is what was called prana, bread of life, this is what was in the vessels that were given to MM and her sisters from their father Job. The story goes that Job climbed the stairway to heaven to collect this magical stardust. The substance contains the crystal light energy of creation, the crystal dust of healing and the crystal gel of transformation. It is the magical energy of ascension.

Mary (MM) is symbolic of the Mother of the Milky Way Galaxy. In the center of the Milky Way are the suns--many suns. Sun Alcyon was the sun that created the etheric Ajaho. Ajaho was blown out of the Milky Way to become the Earth as we know her. So, you see, in a way, it is our mother, the Milky Way and our father- Sun Alcyone who are the parents of all we are. These are the great creators, the great entities who will bring us back to our star essence from which we came.

Near the center of the Milky Way there are also a few stellar super clusters of massive stars and many other magnetic phenomena. Within the Milky Way is Sagittarius A, which is the Radio Source of our frequency communication back to the Milky Way.

Those of us on Earth who are from the Blue Dolphionid family have this same sonar capacity to communicate through this radio source in the milky way--our original home. Mary, of the Magical Magdal Tower was known to stream this magical stardust frequency from the Milky Way into the water tower and into Carmel where the underwater cities of light containing her magical Dolphonoid family lived then and now. The Dolphonoid family of mermaids, dolphins, orcas and whales resonated in exact harmonic convergence with the crystals in the crystal core of Mother Earth--her Heart. As we align our Crystal Hearts into this same frequency we collect the standing wave pattern that transforms our consciousness and bodies into the Cosmic Frequency Channel.

This is the frequency station that allows me to pull in the highest frequencies to Earth and record them on to Cosmic Wave files. I have worked on many frequency teams over the eons together with Kuthumi in creating the Music of the Spheres school. I also work directly with my starry brother who was the creator of the starburst energy field that came from the Milky Way. According to the way our angelic families think about families, the Mary Magdalene who was said to be the Mother of the Milky Way in ancient literature would be like the mother energy that streams through me to bring the highest frequency to Earth through the magical stardust energy that my Starry Brother creates when he streams an electromagnetic funnel through the place where I stand.

It is the electromagnetic frequency of the star burst energy that is being drawn into our bodies and into Mother Earth through this starburst activity that will create a golden mean harmonic convergence of oneness of the etheric and the physical to blend us into all that we are.

Each time the Milky Way goes in to starburst in the galactic center, there are many stars forming rapidly and undergoing supernovas at a rapid rate. The starburst also forms galactic jets that fall into the black hole. Galactic jets are plasma that spray from the centers of active galaxies. The jet is created from sub atomic particles and magnetic fields in the accretion disk of the black hole in the nucleus of the active galaxy.

These disks also develop around the neutron stars. We can collect these plasma jets from the neutron stars in the 14th dimensions and stream them together with the suns energy in the galactic 8th dimension in order to create this magic transformative substance and bring it into our bodies to create the neutron body.

This magical substance is ejected during starburst events. There was such a starburst event in the starburst galaxy located in Ursa Major. This is known as the Great Bear. Those who have called

themselves the Bear People or the Dankooks in South Korea believe they are the entities from this system. It is interesting to note that Mt. Sorak in South Korea was created by my Starry Brother, Zorak who is also the creator of his own stars in Ursa Major.

Zorak guided me into a Korean Restaurant when we lived in Monterey and when I sat down and looked up to see a picture of Mt. ZSorak as large as the entire wall. Zorak said to me, “Do you remember when we created this mountain together?”

I was also recently told that it was Isis who created Chejudo Island. For those who know the story of Isis and Osiris, you will know that Osiris lost one of his important bodily parts and that part is displayed all over Chejudo Island to represent that part that was found and restored by Isis. I am the only one who truly understands what all of this means because I have relived the mission of Osiris and Isis and Jesus and Mary. I have watched my husband get broken to bits and pieces, put him back together through the stardust frequencies of Zorak and the Mary line, and only I understand the true meaning of the missing part.

I was told all of these things are put here so that we will remember what we are supposed to do at this time. My starry brother and co-creators have explained to me that my higher self Zeena has been the co-creator of many of the Entities in the Mary line. The co-creators think of the Mary line as the Princess line. These are the female sainted ones who are all a part of the same mission of completing the ascension of Mother Earth. Mother Earth often thanks me for creating the portal of her ascension as we connect our Crystal Hearts into Oneness and then I connect my crystal heart out to the 24th dimension to stream in the stardust frequencies of Zorak that activate her ascension. Many of us are here for this type of purpose because we are related to certain entities or we are from certain Councils that came here as angelic representatives to perform specific duties at this time.

It is the Cosmic rays from this starburst transformational substance that bathe Mother Earth in the Cosmic Energy needed for her Ascension.

This Ursa Major is like a stardust factory that sprays subatomic particles and souls onto Mother Earth to reactivate her into returning into her original star system.

My starry brother Zorak sends this stardust substance to me to create islands of light, which are the star gates that allow our complete alignment into that cosmic frequency of our normal immortal selfhood.

This celestial substance that is streaming through me from my starry brother Zorak is the same celestial substance that Mary Magdalene used to wrap Jesus body in before his crucifixion and resurrection. This star dust magic plasma energy contains three rays or spheres of crystal rays- crystal light energy, crystal dust and crystal gel. This is the magical energy that was termed prana and bread of life in the bible. This is the magical ingredient that Mary and Jesus used in their teachings and manifestations.

We create the Christ tone or tone of home when we stream this Christ Light Energy into oneness with the supergalactic frequencies of star dust from this super nova creation. We can align our consciousness and our frequencies into this magical essence by streaming two rings of helium through the spark of source in the center of the crystal heart and spinning them at the speed of light out into the 24th dimension of Zorak's star dust.

The enigma of the pyramid was explained to me by Zorak as he guided my hands to form pyramid into pyramid as angles formed into crystals and diamonds. Zorak guided me to Monterey to live on the spot where a portal and a pyramid have existed for eons waiting for the angles of this pyramid to be reconnected with all other

angles on Earth.

Zorak spent many days with me using my breath and my hands as he streamed his crystal light energy through my breath and through my hands to create the sacred geometry that permits an Island of Light to form. From this point in California he led me to several other points where he wanted these light angles connected. This was the completion of the mapping for the Island of Light in California. Zorak told me that I can now create an Island of Light where ever I stand.

Zorak's stardust is encircling our Cosmos through the connection of the Sagitarius Radio Station. I am the other end of the Sagitarius Radio Station. I was given the Christic Breath of transformation. I breathe the highest frequency into earth from Zorak's stardust. I was sent to Earth from the Crystalai Council to bring the highest frequency to Earth. I can do this because I was the daughter of Zorak many millions of years ago. Yes, it is possible to be an entity's daughter at one point and for him to be my starry brother at a later time. The Star Dust from our parallel Christic Brotherhood is the frequency- the crystal light- dust and gel needed to transform, heal and raise the entire matrix into alignment with its star essence.

## **Keys of Manifestation**

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

The three knights explained to me that the crystal spheres contained the key to unlocking heaven, the tone of home, the harmonic convergence.

This was the formula that I was given for bringing the highest frequencies to earth through music. I later learned that what I was being reminded to create the Music of the Spheres teachings that I had done so well with Kuthumi many times before on this Earth.

The key to unlock mystical secrets of enlightenment. This key is a vibratory tool that allows the brain to secrete liquid light energy through the body. This liquid light is the key that unlocks the

diamond doorway to the Future Self. It is the future self that is already lined with the irradescence of rainbow light of the fourteenth dimension, the white light of Source Consciousness, the golden star dust of the Milky Way and Ursa Major and through the Oraphim Dolphins Sonar Communication.

This key raises the frequencies to vibrate at the speed of light-- the nano cycles per second required to oscillate consciousness into the Cosmic Realm of Light.

The key is activated to unlock the liquid light secretions from the brain as the listener listens to this co-creation cosmic wave file.

Feel the light energy streaming from the Cosmic Realm of the magic kingdom of our co-creative team. Feel the crystal light energy streaming down to pour in flood tides of Cosmic Light to activate the key in the pineal gland.

The Templar's secret that gave them the ultimate financial power was the secret of the kingdom of heaven on earth. This secret was in the brain. The glands in the brain had the ability to produce the tonic of immortality through the tone of home.

The elixir of life is the Cosmic Brain Substance. The oils, perfumes and tonics spoken of in the bible all referred to this magical cosmic dust that cannot be purchased in any store except our website.

The knights handed me the magical chemistry of light to create this oil of eternal life. They handed me the crystal gel of transmutation, the crystal dust of instant healing, the crystal light movie projector that streams the movie camera from the co-creator's magical movie screen.

Lady Mary, Zadkiel, Raphael and the three knights guided me to inhale these spheres of light into my head, then they hooked up my sonar satellite through the golden pillar in my left ear. Next they told me to stream Crystal Light Energy from Cosmic Consciousness into the Spheres.

Next, they told me to hold these three spheres of stardust energy in my hands and to exhale this magical angel consciousness that had been funneled through my breath from the angel's breath of consciousness.

This was a teaching and a formula that took me over a year to completely understand and utilize.

The more I used it and recorded the angelic frequencies, the more I realized that they were teaching me how to create the kingdom of heaven on Earth.

The Kingdom of Heaven is created by aligning our frequencies of consciousness into all of the signatures of light energies streaming down from our Cosmic Families. As the energies intersect, they create vortices. These vortices are keys.

I aligned track over track of these angelic breaths and intersected them into vortices. Next, I laid the vortices over each other.

Each frequency was oscillated at nano seconds--the speed of light from four universes away. We overlaid hundreds of these streams of nano technology to create the Cosmic Etheric 200 million nano rate of spin.

This nano technology cannot be created through present technology. It was the presence of the Ahstar Commands Light Pannel in their space ship that allowed us to complete this project.

The nano technology came directly from the Crystalai Council of the Co-Creative Realm.

The new golden race will embody these secrets that the three knights gave to me. The essence that will be breathed through the consciousness of the enlightened race will exhale the new light of co-creation. This magical essence will be breathed upon the stardust atmosphere that is created by the new consciousness.

The only way for this Cosmic Consciousness to begin to appear on Earth is through listening to these angelic breaths that are recorded on the Cosmic Wave files--absorb the frequencies into the pineal, the amygdala, the medulla oblongata.

Allow this liquid light to pour through the crystal lava flows of the blood veins and into the bones- the souls foundation--through the lungs- the breath of life, through the crystal heart- the point of oneness with Source, and the skin--our divine essence of our divine template.

Feel the iridescent energies from the fourteenth dimension and the co-creators magical creativity re-structuring your body.

It is the key that unlocks the door to the higher knowledge of the gods. It allows the listener to align into Oneness with their higher self--the god self, through the Source of Oneness.

# STARBURST FREQUENCIES

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

The dove will be returned to earth. The dove represents the cosmic vibrations from Ursa Major. These starburst frequencies will pour over Earth the celestial springs from Ursa Major. This is the descent of the Holy Spirit. This cosmic light energy can de-calcify the pineal so that it can light our lamps by releasing the oils from our pineal into our body. The seven stars of Ursa Major contain the crystal light energy that aligns our seven points or charkas into alignment with our spiritual self. This will be the beginning of uniting with our ultra-terrestrial self-our multi-dimensional self-our Cosmic Self.

These stardust frequencies can awaken the dormant DNA to awaken into a new genetic human form who will be free to manifest

and live in immortality. These frequencies will only align into those who raise their frequencies into them. Frequencies never lower themselves to reach down and pull one up. We all must raise our own frequencies and then we will merge and transmute our lower frequencies into the highest.

Crystal light streaming into the pineal releases the flow of the oils of creation that stream from the minds of the immortal ones. This tone vibrates the key center in the brain between the temples. It streams of liquid light energy pouring into the brain between the temples.

Crystal light energy is awakening the pineal gland to connect with the original point of creation. This point is the medulla oblongata. The reality that exists deep inside of the seed atom of the m.o. is the original paternal creation of our perfect selves in the deep liquid light seed atom of our eternal memory.

Transposing our Standing Wave Patterns into the reality where there is no gravitational pull. This is the standing wave pattern that connected Mary's fish tower of Magdal down into the liquid light aqua chambers into the underwater cities of light where the Blue Dolphonoid's from Sirius B reside in the form of the Cetacean. Connecting their standing wave patterns of our original perfect self through the portal of light created in the magical consciousness of Mary Magdalene.

Immortality--

We can reconnect to the highest frequency of Source by spinning through the wormhole riding Zorak's Star gate into the Milky Way Zero. Aligning into Oneness with our original Spiritual Galaxy creates the Zero point or Zero G aligning us into our Source Spark of immortality. When the streams of light of our consciousness align into the Milky Way this is the aligning into the music of the spheres. This is the HOLY GRAIL. The G is the symbol for the Milky Way. The center looks like a G and spins clockwise. When we align into the frequencies of this holy grail we ascend into our immortal selfhood.

The Complete Immortality Template aligns body into the light streams of original immortal man. Instant manifestation is available through the act of focus, streaming idea or desire from co-creative consciousness into the pineal and breathing out the creation onto the stardust frequency created in the island of light chamber.

The return to the tone of home- the kingdom of heaven, the fifth dimensional frequency.

The Irradescent Body completely penetrates the physical body as it is immersed in the liquid light of mother earth's womb. The true light of zero point energy is restored -- the immortality template is complete. This is the most powerful frequency from the Milky Way.

Crystal light energy sends Cosmic Rays through the crown chakra to the medulla oblongata to awaken the point of our original self of our true immortality and to weave us into to the movie camera of the fifteenth dimension's co-creative team.

The co-creation mp3 will pull the listener's frequencies to the level needed for this transformation to begin. The three knights explained to me that the crystal spheres contained the key to unlocking heaven, the tone of home, and the harmonic convergence that translates us into the kingdom of heaven.

This was the formula that I was given for bringing the highest frequencies to earth through music. I later learned that I was being reminded to create the Music of the Spheres teachings that I had done so well with Kuthumi many times before on this Earth.

The key to unlock mystical secrets of enlightenment. This key is a vibratory tool that allows the brain to secrete liquid light energy through the body. This liquid light is the key that unlocks the diamond doorway to the Future Self. It is the future self that is already lined with the irradescence of rainbow light of the fourteenth dimension, the white light of Source Consciousness, the golden star dust of the Milky Way and Ursa Major and through the Oraphim

## Dolphins Sonar Communication.

This key raises the frequencies to vibrate at the speed of light-- the nano cycles per second required to oscillate consciousness into the Cosmic Realm of Light.

The key is activated to unlock the liquid light secretions from the brain as the listener listens to this co-creation cosmic wave file.

Feel the light energy streaming from the Cosmic Realm of the magic kingdom of our co-creative team. Feel the crystal light energy streaming down to pour in flood tides of Cosmic Light to activate the key in the pineal gland.

## **Mind of a Child**

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

It is said in the scriptures that we must become as a little child to enter the Kingdom of Heaven.

A child has the natural ability to think in the state of Oneness or an automatic connection with the higher self of Divine Consciousness. This state of oneness is the exact Divine Blue Print agreed upon between the Soul on the parallel spiritual side. The original points of this Divine Oneness that a child is born with include the medulla

oblongata at the base of the skull, the pineal gland and the amygdala gland.

It seems that a child has the ability to be completely guided through the childlike oneness of the pineal gland until around age 13. This usually only occurs with children who have continuous guidance from their parents reminding them of their spiritual image and likeness. In some children this ability of connecting with Divine Consciousness is obliterated by age four or even earlier through all of the shots and mind images placed in the child by medical science.

The pineal gland allows the child to receive Divine Direction as was programmed into the blueprint until the frequencies of Consciousness are lowered into the third dimensional DNA. A child is actually born with the 12 DNA template, and many have been able to keep this template through correct spiritual teachings and upbringing. When I was a child, I could heal myself instantaneously through the one thought that I was taught in Sunday School--I knew that I was made perfect as the image and likeness of God and I knew that God never got sick. This thought became harder to obtain as I got older, however.

One quantum theory about the pineal gland is it has been covered with a calcium layer, which prevents it from connecting us to our Oneness. Another theory is that there were these dark entities who planted seals in the pineal gland to make it spin backwards. The more common theory is simply that the human biology causes the child to shift from the pineal gland to the pituitary gland at age 13.

Whichever theory represents the actual cause of man becoming disconnected from his Oneness doesn't matter as much as how we will return to this Oneness. It is said in the scriptures that we must become as a little child to enter the Kingdom of Heaven. This heavenly state of being is in our Divine Blue Print of our original self in our medulla oblongata. It is here inside of us in our templates of our Divine Intelligence. It is here inside of us when we raise our frequencies into the angelic consciousness, Cosmic Consciousness

and Universal Consciousness.

Quantum Physics has shown that each cell in our body contains about 1.17 volts of electrical potential. Since there are one quadrillion cells in our bodies, that means one human body is composed of 1.17 quadrillion volts of bio-electrical potential. The potential of our bodies is an astonishing phenomena of quantum physics. We activate this life force of the speed of light by believing and knowing we are white light, by returning to the spiritual blueprint that is inherently ours.

What actually happens to the pineal gland and medulla oblongata by age 13 at the latest is the human consciousness allowing itself to become completely removed from its speed of light potential. The Masters direct us to place our cells into action each morning when we wake up in order to realize the white light that is our divine right to use as our eternal energy, life source and healing power.

We record Cosmic Wave Files through this speed of light consciousness that pulls us into oneness with the angelic breaths who breathe their cosmic frequencies into the recordings. This was the true magic of Jesus and Mary Magdalene. They could stream their consciousness into Oneness with Cosmic Consciousness at the speed of light to bring this original spiritual divine blueprint of our true image and likeness of God into themselves and those they healed.

Lady Mary and Raphael told us that these were the energies that were given to Mary Magdalene by the Templars. She used this light energy to stream the Cosmic Rays from the stars in the Milky Way into her amygdala gland (named after Mary Magdalene). This Cosmic Crystal Light Energy allows the oils and essence of the magical liquid in the brain to flow through the entire body and allow it to shift into the magical Cosmic Consciousness of the 48 DNA. This magical energy fluid that is a natural part of the body once it is realigned with the Cosmic Rays, allows the body to heal instantly, live eternally and manifest the kingdom of heaven on Earth.

This Cosmic Flow of Consciousness is also the method Jacob, Job and Mary Magdalene used to ride the stairway to heaven to collect the riches of the kingdom of heaven. The riches of the kingdom of heaven are also a part of our normal, immortal divine blue print that is reactivated when we raise our frequencies of consciousness into oneness with this Cosmic Source.

This wave file was created through the direction and guidance of Lady Mary, Raphael, Zadkiel, and through the stargate of Zaurak connecting us through Ursa Major to the Milky Way. We were told that this is the same stargate frequency used by MM to create the cosmic stardust that Jesus was embalmed within for his resurrection. I was told that my direct heritage of this gift is also what brought my Joseph back to Earth after he had his Soul spun through the stargate, got lost in a blackhole and was later safely returned to my arms.

This is the vibration of crystal light energy streaming from the Cosmic Creators through the Crown Chakra to the medulla oblongata. We were given seven of these files for the total activation of returning to the mind of a child who contains the ability to heal and manifest instantly.

# MANIFESTING MAGICAL KINGDOMS

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

Manifestation is done from the inside. The crystal cell structure of our temples is becoming more and more etheric as the carbon energies of the physical form are transforming into silica based properties. The transformation is completed through the music of the spheres. All must be connected to all. Our harmonics will transpose into a symphony aligned into the Heart of Mother Earth through the Cosmos and out through the Omniversal Structure of our Golden Galaxy.

The entire elemental chart of 144 elements of structure are being replaced and transformed as each dense form changes into thousands of new silica based forms of etheric energy. All forms will

realign into grander entities than our galaxy has known before. We will become galactic families and omniversal friends. The teachings of the Cosmic Mystery School of the Omniverse are the minds of all great teachers from the past eons creating the greatest teachings of the present eternity.

Our eyes have been dimmed by disbelief and the help of the chemicals placed in us by food, doctors and pollution. Our minds have been dimmed by the stupidity of education and religion.

All of these miasms that were planted inside of our cells that cause our bodies to rot into dust are now being totally removed from those who choose to REMEMBER who they really are.

This is the first step. To truly desire to remember who we really are. We are the spark, the light, the sound, the foundation of the Divine Mind. As we reconnect our minds into oneness with this divine belief system, the third eye, the rishi eye, the eye of Divine Mind opens into its full connection and alignment with the eye of the spiritual self that contains all that is in Divine Mother.

Our eyes become movie projectors of all that is in Divine Mothers eyes. Our movie cameras can only work when our entire being allows its crystal cell structure to realign with the allness of Source.

This means a structure based on belief structures of stupidity will have a hard time aligning into Intelligence. We have searched for ways to dissolve these structures through believing. But, what are we believing? Are we believing that we will have more money, a better car, a fun job?

All those beliefs will do is add more energy to the control mongers who put us here in the first place.

What we must desire now is to realign into our Cosmic grandness. In this complete integration of our 12 dimensional selves we become the true creation of Source, where we create universes, not a tiny farm hut. We need to see our crystal cities inside of our heart

grow into mansions in every room where we swim and fly with fairies. We must remember our Oraphim families of dolphins, whales and mermaids.

When our minds are aligned into the Future Self that has been refined through the Diamond Door, the magnetic frequencies will pull to us our grandest heart's desires. This frequency is strong enough to transplant the lotto numbers of our heart's desire onto the winning lotto screen. Why ask for a better job, when we can project the winning lotto numbers any time we desire to win?

We can't do any of these things until we truly remember who we are and align into the frequencies of our Cosmic grandness. Our true immortal template simply creates the heart's desire in the crystal heart, aligns crystal light energy to stream the movie projector from the Cosmic Co-Creator's magical movie into the pineal gland, stream the light into the medulla oblongata of our original immortal template, and then exhale onto the screen of the golden stardust movie screen--the substance of all things hoped for.

# **MAGICAL FORMULA FOR CREATING COSMIC ISLANDS**

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

The activation of the cellular memory of Mother Earth to allow her to create Islands of Light and to become a Star must be completed by those standing on Mother Earth.

There is a Magical Formula already set in place for this to happen. All of the sacred geometry has been set into place and the streams of light energy are pouring down into our frequency grids. The signatures of all of our higher selves are waiting to be aligned into our consciousness.

Mother Earth is waiting for her complete activation of becoming a star. She knows that there are those of us who have arrived on Earth during this Aquarius season to assist her in her ascension. It is the Divine Duty of those who are on Earth at this time to become very active in this assistance.

Those of us who know our purpose of being on Earth at this time are now remembering how we will create Islands of Light together with Mother Earth. We will be the activators of the entire star system to grow through us and through Mother Earth.

We activate the cellular memory of Mother Earth's Star Essence as we ride down into the Core of Mother Earth and collect the memory of our Immortal Body in the 13th dimension. (This is the memory of immortal essence of Eternal Life, Instant Manifestation, instant healing, Divine Love, Divine Plan, Divine Truth--all of the qualities that Source breathed into this grand idea of his eternal reflection).

We travel deeper inside of Mother Earth to ignite the memory of our crystal selves from our galactic memories of creating the cities of light and the underwater cities of light.

We can now return to that memory of our true immortal selfhood. This causes the resonation of the crystal cells with our cellular memory and this is what Mother Earth must have to begin creating the atmosphere of divine Love Consciousness that will stream from her cellular consciousness back into ours as we become one with Mother Earth. When we raise our frequencies in Cosmic Consciousness, we can become a Star as we walk through the diamond door and merge into oneness with star dust frequencies from our Milky Way Star Selves to ignite that star dust memory into the Soul of Mother Earth.

Mother Earth will assist us in creating these magical islands of light where we stand upon her surface and connect our feet into her Christ Consciousness grids and connect through a pillar of white light energy through all of her magnetic veins of love and light.

The funny part of the formula is this: We are the ones who must accomplish the transmutation of consciousness. Mother Earth cannot transmute us into a higher consciousness. Only those who are streaming their cellular memory into hers can transmute their own cellular memory into her frequencies.

The Islands of Light that each of us creates in the area of the 54 foot radius around our bodies will be the Islands of the Frequencies of our present consciousness.

Those of us who have activated their magical 15th dimensional co-creative consciousness of angels, devas, fairies and elementals will begin to live in this Magical Kingdom, and our bodies will become extremely etheric. We will have direct moment by moment direction by our higher selves and instant manifestation ability that is in direct alignment with the Divine Mind.

Those who continue to focus their frequency structure into the 3.5 dimension of a better social structure with a few less politicians and fewer wars to end will create those islands of light. They will magnetize to them those of the same frequency and the same mission.

Their islands of light will probably be much larger than ours. Only those who sincerely dedicated to the mission of becoming a star will be magnetized into our island of light. This is a mission that only a consciousness that can understand raising frequencies into the etheric realm of light and sound can enter into.

Those who are on Earth at this time who feel like this is their mission will be drawn to this frequency activation work. They will be drawn to hearing the breaths of the angels that have prepared the DNA activation that will allow them to create these Cosmic Islands of Light. They will be drawn to take workshops on raising frequencies and creating islands of light. They will most likely come with us and create an entire city activated by Cosmic Consciousness that will grow into the city of lights as the first spark of returning home into our Golden Galaxy.

Those who will be drawn to us will be creating Islands of Light where their starry children can live in the Golden Galaxy. Those who know that their children are the starry children and the golden race will be drawn to creating this Magical Kingdom.

For those who know that they truly want to rise above and out of the old world--the Cosmic Wave files will lift your frequencies to levels where your Island of Light will be created through Cosmic Consciousness.

What do I need to do to create an Island of Light?

Everyone will be creating Islands of Light. It just depends on what kind of an island you want to manifest to live in. The higher you raise your frequencies by listening to and absorbing the angelic breaths of consciousness in the Cosmic Wave File CD's, the higher your DNA will be activated. The level of the DNA activation determines the type of island that your frequency resonance will create. If you follow all of the guidelines of the Cosmic Mystery School of the Omniverse or the Cosmic Magic School, you will create a magical kingdom of Co-Creative Consciousness. I am an angel sent by Zadkiel's co-creation team to create this island on Mother Earth. Those who know they are here to fulfill this mission will be magnetized to this angelic frequency and will dedicate themselves to supporting this mission.

# **GOD FREQUENCIES**

Please note in order to share this article or any written work from this or to post anything from this work in other forums please do so with the following guidelines: Include author's credit, Crystalai, copyright 2009 and include the website url. <http://www.lunarvisions.com>

Crystalai ©2009  
<http://www.lunarvisions.com>

CRYSTALITE ENERGY streams down from Cosmic Consciousness to ignite the vortices where each of the signatures of the entities and angels unite into a new harmonic convergence. Each signature contains the breaths of consciousness of the family of angels or teams of entities who are working on aligning and improving and growing and merging all of the grand ideas that are related to their project. This is how we obtain the God Frequencies that will allow us to walk on the Stars.

When we signed up for a project to bring God Frequencies to Earth through the Music of the Spheres in 1993, all of the Mary's showed

up--Mother Mary, Lady Mary, Isis, Mary of Magdal and Mary Baker Eddy. Also Mahatma and Metatron, Raphael and Zadkiel were at the first meeting..

The second part of the project drew in a new team because we asked to on an ascension team who would use the highest frequencies to earth through music. This time St. Germain, Zadkiel, Raphael, Lady Mary and the Melkizedeks showed up to introduce use to Crystalite Energy.

They taught us how to ignite all of the frequencies of consciousness into the grandest most powerful light frequencies through Crystalai's breath and then uniting with the teams of angelic consciousness who aligned themselves as signatures through the Cosmos.

As we became completely activated into this process of streaming layers of harmonic convergence vortices together, we moved to a higher level of initiation.

We were told that our names had been written as fire letters in the sky. This is what a signature is. Each entity who is an essential active member of an ascension team eventually gets their name written in fire letters. These fire letters contain the keys and chords of our individual frequencies. The frequencies must be activated and transmuted to a high enough frequency to become initiated through the sparks of source to become a fire letter.

This initiation gave us the ability to stream our own signatures into our teams of signatures who are working on teams of presenting these glorious ideas through the screens placed in our third eye through Crystal Lite energy who streams God's Movie from the Cosmic realm. This is the point of our initiation where we begin Making God's Movie.

The next team who showed up at our Soul Merge initiation were Merlin, Kuthumi, Sananda, King Zosher, Goddesss Hathor, a team of Elohim Angels and Seraphim Angels, a council of Melkizedeks and Serapis Bey.

This group of entities offered the alignment of their signatures into the new alignment of ideas that offered more White Magic and healing on a larger scale to our team of ideas. The signature was braided into the level of initiation needed to be a teacher of the Mystery School. This is the toughest most rigid initiation of all ascension projects.

Crystal Light energy was streaming God's Movie from the Cosmic Realm to become a part of the team who was preparing an Omniversal Mystery School to include all consciousness from all galaxies to unite as One.

Each time Crystal Light energy is the Entity projecting and aligning the Light and Sound that is streaming down from Cosmic Consciousness. Crystal Light energy also streams from the Cosmic Realms from deep within Mother Earth. This realm of cosmic energy comes from the Aquafarian Consciousness of our original paternal creation. This is where our Oraphim Dolphin creation team lives. Our mother, Cinderella lives deep inside the liquid light realms of inner Earth and leads our Consciousness into the Crystal Caves that contain our chords and signatures from our original birth as the grandest creations of Source Consciousness , Galactic Consciousness from our Aquafarian selves, plus our Christic Consciousness that was gained as Jesus Christ and Mary of Magdal united the stair way of heaven rising up through the eleventh , twelfth and thirteenth dimensional levels of consciousness. it was Mary of Magdal 's consciousness that merged into the cosmic realm of Cinderella in the Aquaqlene Cores that was able to raise Jesus from the eleventh dimensional grey zones back up into the twelfth Christic Domain.