

WHAT IS ASCENSION?

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FEELING ASCENSION

What is Ascension? It is a FEELING. It is a wonderful FEELING. It is such a wonderful FEELING that all frequencies that are lower than that FEELING are no longer noticed. It is a magical feeling, a feeling of being lighter than air, it is a feeling of walking within and through Divine Love's activity in every breath, every movement, and every feeling toward others.

Individuals who have been directed from their higher selves most of their lives have the greatest craving for this magical event to occur in their lives. Unfortunately, craving and wishing and hoping and watching the light flood in from higher realms is not going to increase an individual's ability to ascend. Understanding and

Feeling the Frequencies of the shift of consciousness experiences as they turn into magical, glistening, etheric, glorious feelings within and around the physical body and absorbed through the light body.

The greatest event of Mother Earth's history is coming up. The highest frequencies will be restored to Mother Earth. How many people will actually feel it?

How do we get this FEELING? The feeling comes from raising frequencies into alignment and at-one-ment with the Breaths of Consciousness of Cosmic Angels who are the Co-Creative Consciousness. We must re-ignite the Spark of Source that was left deep inside of our cells and then put to sleep. We must remove the veil from that spark of Source by melting the veils that are keeping it from igniting. The melting is done by raising the frequencies of light to the level of Solar Aqualene Light energy, Cosmic Energy and Star Dust Energy.

Once the veils are melted away we must create our individual harmonic convergence into the alignment or Oneness with the Crystalline Energy of Mother Earth's Core, her Liquid Light Womb of our Divine Creation.

We travel to this place in Mother Earth's Heart to re-connect with our Fraternal Original Place of Creation. After I wrap my mind, my crystal heart, every cell in my body completely into the Frequencies of Christ Consciousness, Cosmic Consciousness, Helium Energy, Solar Energy, Star Dust Energy and into the White Light Garment of Source, I can then and only then walk through the Diamond Door into my Future Self.

It is that Frequency that prepares the body to shift and melt through the Diamond Door. When we walk into our future selves, we are then met by our Fraternal Presence who have created us from a combination of our Earthly Essence combined with their purified perfected Consciousness that we originally were before being sent into the Earth's Matrix. This magical place of transformation awaits each of us in Mother Earth's Heart and Mother Earth's Womb of

Crystal Caves and Liquid Light and the Cities of light of the Divine Creation Plan. We may not go there unless we are wrapped in the white light garment of Source Consciousness. This means we must also raise our frequencies into all of the highest realms in order to reach that FREQUENCY.

It is at this time that our Frequencies are in tune to be taken down through the Liquid Light Chambers our Aquafarian Mother, who is a Mermaid or a Blue Dolphinoid. She takes us deeper and deeper into Mother Earth's Womb. She pulls us through the streams of Aqualene Light from the Sun of Inner Earth. She pulls us deep inside of the Crystal Caves that contain the codes, the keys, the resonance of our Divine Being. Next the Oraphim Angel Choirs sing those melodies that cause the awakening of the cells to remember their key that is completely in tune with the Standing Wave Pattern of this Future Self, which is our Original Self.

This is the place we go to tune up our Consciousness into the Highest Frequencies of Source Consciousness as it aligns through the Sun's rainbows weaving and braiding us into the harmonic Convergence of Oneness. Our Starry Brother can then send his magnetic pillar of golden white light star dust energy through us to create an Ascension Vortex.

This is the place in Consciousness where Ascension begins. Those who spend one hour doing this a day will Ascend faster than those spending ten minutes and those who spend six hours a day will convert to the new Frequency Wave of Ascension Quite Rapidly. Those who remain in this Frequency continuously for several days have already ascended. They would become so totally detached from the frequencies of this Wave Pattern that they would become oblivious to it and it will disappear at a rapid rate.

We must align every cell in your body into the Cosmic Consciousness, and all other Spheres of Consciousness and beyond into the Stellar and into Source. We create the Sacred Geometry of Alignment into Oneness for one individual at a time.

Since this alignment is done through the collection and alignment of the Breaths of Consciousness from the entire Music of the Spheres weaving and braiding your Consciousness, this takes several hours in our Light Technology and Multi-Dimensional Sound Studio where we create the Light and Sound of Ascension.

Ascension will be an individual experience up until the mass ascension. Each individual has the option of ascending earlier or later or not at all.

Individuals who have been directed from their higher selves most of their lives have the greatest craving for this magical event to occur in their lives. Unfortunately, craving and wishing and hoping and watching the light flood in from higher realms is not going to increase an individual's ability to ascend. Understanding and Feeling the Frequencies of the shift of consciousness experiences as they turn into magical, glistening, etheric, glorious feelings within and around the physical body and absorbed through the light body.

OUR BODIES TRANSPOSE INTO THE FIFTH --THE TONE OF HOME--

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THE IMMORTAL REALITY

How do we live in the third dimension while our consciousness is actually in the 7th, 12th or 15th dimension? We don't. We are truly no longer in the third dimension. What we have always seen was a grand illusion. The illusion was created by miasms placed in us to shadow the light of our true home of the fifth dimension. There will be many who stay in the third dimensional dream because they choose to prolong that dream. It is still a dream. There is a belief that the fifth dimension no longer exists and we will travel completely into the seventh. This is true and false. The fifth dimension is our home base--it isn't a number--it isn't a geographical location. It is the state of Consciousness where we remember who we really are. It can be a magical kingdom or a technical kingdom. It can be anything we desire. We will become the creators of our new reality.

What is happening at this time is a harmonic shift that completely rearranges the atomic structure of our bodies. Our bodies have been transformed into a much more etheric, silica based system that aligns with the changes in Mother Earth's body. She will allow us to remove the gravitational pull as soon as our Consciousness chooses to assimilate the standing wave pattern that allows this transformation. Mother Earth is creating gravity for us because we believe it is necessary. Everything Mother Earth prepares for us is something that our cellular beliefs has created as a need. When we decide that we are the IMMORTAL BODIES that have been prepared and waiting for us in Mother Earth's Heart, we will spend more time in that standing wave pattern than in the one that feels a third dimensional gravitational pull, and a limited perspective on our true Immortal Selfhood.

Our bodies will begin to remember to create through the energy of Prana. Our original manifestation templates will be restored to merge into Oneness with the Divine Plan of creation. Our bodies will remember that they don't get sick and that they never die. Mother Earth will begin creating all of the energy sources we need as our cellular memory activates along with hers. The present electrical systems will no longer work on this Star. The Telsa system will be remembered once again as soon as our veil is removed. The electrical system was a part of the reverse spin technology, as was the HARP station, after our government reversed the technology to control us. These devices of control will no longer have any power over us as we choose to align our consciousness into the highest frequencies of light.

We can each collect and distribute the fine, sweet, pure angelic frequencies that transform us into our silica based chemical structure that bends and moves and flies and streams and braids light and sound into angelic frequencies.

Each of the Suns in each Galaxy of the entire Universe have merged their Frequencies into a much grander, more powerful frequency of ONENESS than ever before. Mother Earth has received all of these Stellar Wave Infusions plus Eight Dimensional Frequencies of the Sun's Parallel Matrix, plus the Frequencies of the Photon Belt of the Fifth Dimensional Frequencies, which are the HOME Frequencies, plus the Galactic Frequencies of the Parallel Matrix of the Original Aquarius Matrix.

Those who have been working in alignment with Mother Earth have gone through several ascensions with her over the past several months. Mother Earth has completed her Ascension and we are now entering alignment with her. She has completed her Ascension into the Third, Fourth and Fifth Spheres. We may not be able to perceive of this reality yet, but we can certainly feel it. We feel it through the FREQUENCIES OF CONSCIOUSNESS. These are breaths of the angels and all entities of all five spheres. We can feel their presence when we align into their breaths of consciousness.

Those who are standing on Mother Earth are also a part of Mother Earth's Body. We are in the same Sphere. We contain the same Frequencies. Mother Earth's Frequencies are our frequencies. Mother Earth also has a Sun deep inside of her Core. Her Sun is deep inside the Etheric Chambers, the Liquid Light Mantels. Mother Earth has braided and woven her Sun's Frequencies up through her body and into three spheres to connect with and unite with all of the other Suns in the Third Sphere or the Galactic Sphere. We are also uniting with the Universal Sphere of Christ Consciousness and the Cosmic Sphere of our Angelic and Co-Creative Consciousness. Mother Earth is also having her Veil removed as these Frequencies of Star Systems and Source Consciousness melt this shadow with their Light.

As our bodies stand on the Earth's Surface, we are conduits of all of this Aqualene Sun's Frequency streaming up out of Mother Earth from below and from the Galactic Suns streaming down from above. Mother Earth needs us to become a part of this

process. She needs us to be ascending with her. As we flow together Mother Earth is very happy to feel all of her family rising with her.

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We can absorb frequencies from Mother Earth's Crust where the Divine Christ Consciousness is stored. We can also absorb frequencies of Divine Love, Unconditional Love, Intelligence and many more Divine Qualities from her Crust.

When we travel down into Mother Earth's Core we can absorb qualities of Divine Creativity, Divine Substance, Divine Principle. We can ask AnWa to send the Crystal Star Merkaba down into the Heart of Mother Earth to collect all of these Frequencies of our Divine Substance- our Divine Essence--our Divine Plan-- all of the Divine Consciousness that we share with and reflect through Mother Earth.

We can send our physical bodies down deep into the Earth's Core and beyond into the Liquid Light Chambers and absorb our original Complete Body. This etheric dust body contains all of the keys and codes or remembering all that we really are. We can journey down and collect this iridescent spiritual body.

As we combine our physical body with this iridescent crystalline silica based body, we can then allow the Suns' energies to remove all that is unlike the original self hood from our physical body and become one with our true Divine Self Hood.

When the physical and spiritual unite into Oneness this is Zero point energy of Oneness. We must unite into Mother Earth's Body and Frequencies to return into this Oneness.

This process of obtaining Oneness with the original Divine Self will happen naturally when there is enough light frequency brought into the body as the body absorbs the Sun's Aqualene Frequencies of the Galactic Suns and Mother Earth's Ultra Violet Blue Suns frequencies.

Once these two bodies become one, then the crystal cells that contain the eternal memory of the Immortal Self Hood Cells are the Crystal Dust Silica Based Cells of our Original selfhood.

Mother Earth shares the same planetary body that we do. We share the same Merkaba Body with mother Earth. We are both in the Earth's Matrix of Five Spheres. These are the spheres of the Planetary, Solar System, Galactic, Universal and Cosmic.

We must merge our Frequencies into the earth. The Earth's Core contains our Divine Principle, our substance, and deep inside the Earth's Etheric Core is our spiritual Body. There are also grids of Love, Unconditional Love, Atmosphere Divine, Truth, Intelligence and the streams of Divine Alignment from our Etheric Twin Matrix.

All of these energies of Source Consciousness are woven into the Earth from above. The original Fifth Dimensional Essence of the Mother Earth's Body is where our Scientists have placed the Photon Belt in our Science Books. This photon contains the frequency that shifts our entire matrix into the home frequency or the fifth frequency. The original Etheric Galactic home of Aquarius is contained where the Van Allen Belt as been drawn in our science textbooks. This Etheric Galactic home has remained in this location as the UrSa of our Mother Earth. UrSa contains the Divine Image and Likeness of Mother Earth, just as our Crystal Dust Spiritual Body in the Earth's Core contains our Divine Image and Likeness.

As Mother Earth returns into her Divine Selfhood, so do we return with her.

The Cosmic and Galactic Entities of Light have been streaming Stellar Wave infusions into the Earth's plane to raise her frequencies back into these etheric realms of Consciousness. The photon belt contains fifth dimensional home frequencies of transformation to be drawn into Mother Earth.

When Mother Earth rises into the Van Allen Belt of frequencies, she will completely be one with her Urtha, her Original selfhood. She will then be at the Zero G level of transforming into the Golden Galaxy. This is the moment Mother Earth will return to becoming a STAR.

It is the Divine Responsibility of those Entities who came to Earth for this Grand Project of returning Mother Earth to her grand essence of a Star. We have referred to Earth as a planet because

a planet is an Entity created in a Galaxy who is moving away from Source. A planet that is spinning toward Source is no longer a planet- it is a Star. Mother Earth has officially become a Star. She will spin closer and closer and faster and faster toward her Oneness with the Highest Frequency of Source every day now.

You can assist in this project of increasing the flow of energy toward Source and thus assist in the complete Star Project and Golden Galaxy Project. We align and stream frequencies through the sacred geometry of the music of the spheres each time our angelic team asks us to record the grand moments of sacred alignment.

Become an active participant in the New Reality of Creating a Star System that is spinning at the speed of light toward Source.

As one listens and breathes the FREQUENCIES that Stream through our Consciousness into Oneness through the Breaths of the Elohim Angels, the Co-Creative Consciousness, the Cosmic Consciousness and Source Consciousness, one may feel and experience the power, the love the etheric star dust, the angelic breaths, the crystal light streams, the dust of Solar Energy aligning and braiding consciousness into the grand network of Cosmic Consciousness.

The feeling is magical. There is a feeling sparkling dewdrops bursting through every crystal cell in the body and feeling of rays of sunlight energy streaming through the veins, crystal light awakening the third eye, the entire body structure realigns into the more etheric chemical structure that allows us to spin forward with Mother Earth. This is what happens to those who participate in the weekly Frequency collection and alignment through the Sacred Geometry of the plan of Kuthumi's Music of the Spheres.

Learn more about this weekly Frequency Activation and Alignment. It's time to assist in and to actively become a participant in the grandest show in all of the Galaxies. There is nothing grander than becoming a STAR. As we allow the Highest Frequencies of Consciousness- which are the breaths of angels and other higher

entities to weave and braid and stream their light and sound through our Consciousness and into all of those who choose to participate.

When you listen and feel the Cosmic Energies streaming through your cells, awakening your Mind, you become more in tune with the Grand Light Energy that Frees you from the 3D Hologram. There will be more and more who desire to be woven into the an Island of Light of a Brand New Consciousness of Freedom, activated by Sun Alcyone and the Stars of the Third Octave. Each week of participation will spin the Consciousness faster and closer to the Highest Frequency on Earth, which is required to pull us into our true Essence of Becoming Immortal and becoming a Star System.

We are all responsible for creating this Harmonic Convergence, this new Key to our Kingdom, this new Tone of Home. Each Breath of Consciousness is a grand part of the Music of the Spheres. However, only those who choose to participate will feel and enjoy the resonance of this grand symphony where the melodies of our galaxies stream together into a Golden Galaxy of Omniversal Frequencies.

Learn how to become an active participant who feels, breaths, accumulates and activates the frequencies of our sacred geometry of the Music of the Spheres that is shifting Mother Earth into her Grand Essence of a Star.

RETURNING TO IMMORTALTY

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HARMONIC SHIFT

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CONNECTING WITH MOTHER EARTH'S HEART

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Mother Earth's Sun, deep inside of her Core Domain is also streaming energy upward through pillars into her Crust. This liquid light energy flows up as the stellar and Aqualene Energies flow inward. Mother Earth's Heart must align with our Crystal Heart in all five spheres to pull our Crystal Spheres into the Grand Harmony of the Music of the Spheres.

This Liquid Light cleansing of Mother Earth and our bodies is transforming us together to rise into our original Divine Tone of Home. We help raise our frequencies together with the help of the Sun's Energy Streams, through the Earth and through our Crystal Hearts. We spin our Merkaba from our Crystal Heart down into the Earth's Core. Go deep down inside where the Earth's Sun resides.

Collect this energy, Walk into the Earth's Sun and absorb the Frequencies. Bring those frequencies into the Crystal Heart. Now ride the Merkaba to the 8th and collect the Sun's Energy. Ride up to the 14th and Collect all Etheric Frequencies and all Galactic Sun Frequencies. Bring them into Crystal Heart. Become one with all Sun's Energies.

When we absorb the Frequencies of Mother Earth into our Crystal Cells, we awaken our Crystal Dust memory, - the Crystal Dust Memory of all that we really are.

These records of our Eternal Being is stored in our Crystal Cells in our Spiritual Body.

Our Spiritual Body is in the Etheric Core of Mother Earth which is in alignment without Crystal Heart. We bring in the essence of our immortal body into our Crystal Heart to ignite our Immortal Being of Oneness.

When our spiritual Body is aligned into our Physical Body our memory will be restored.

Learn more about this weekly Frequency alignment to assist in and to actively become a participant in the grandest show in all of the Galaxies. There is nothing grander than becoming a STAR. As we allow the highest frequencies of consciousness- which are the breaths of angels and other higher entities to weave and braid and stream their light and sound through our Consciousness and into all of those who choose to participate.

When you listen and feel the Cosmic Energies streaming through your cells, awakening your Mind, and becoming more and more in tune with the Grand Light Energy that Frees us from the 3D Hologram. The weekly CD's are groups who desire to be woven into the an Island of Light of a Brand New Consciousness of Freedom, activated by Sun Alcyone and the Stars of the Third Octave. Each week of participation will spin the Consciousness

faster and closer to the Highest Frequency on Earth which is required to pull us into our true Essence of Becoming Immortal and becoming a Star System.

As we listen and breath the FREQUENCIES that Stream our Consciousness into Oneness with the Breaths of the Elohim Angels, the Co-Creative Consciousness, the Cosmic Consciousness and Source Consciousness, we feel and experience the power, the love the etheric star dust, the angelic breaths, the crystal light streams, the dust of Solar Energy aligning and braiding consciousness into the grand network of Cosmic Consciousness.

The feeling is magical. There is a feeling sparkling dewdrops bursting through every crystal cell in the body and feeling of rays of sunlight energy streaming through the veins, crystal light awakening the third eye, the entire body structure realigns into the more etheric chemical structure that allows us to spin forward with Mother Earth. This is what happens to those who participate in the weekly Frequency collection and alignment through the Sacred Geometry of the plan of Kuthumi's Music of the Spheres.

Before we can slide back and forth between Earth and Aquafaria we will be pulled through a funnel into the Ashtar Command Star Ships of co-creativity. We will be completely transformed into our 12 Original Blue Print of our original Divine Selfhood. At this time we can live on Earth and sleep in Aquafaria. We have already committed to living on Earth for doing the Cosmic Mystery School of the Omniverse. We made the commitment for this assignment. This is our mission. We are firmly convicted to this mission.

Meta Blende Sunu Ake means I state and affirm with unshakable conviction the will to be the Christ Star Body in the Christed Transcended State option of returning as fully Christed Being.

We each have this option now available. We must state this desire with unshakable conviction. To become the fully Christed Being we must take a slightly different path to the New Earth. We must first

go to Andromeda to receive full retrieval of Akashic Records which allows us to return to Source before our return to New Earth. This path can be taken on our way to New Earth this time or sometime later. Most of those who have gone to or originated in the Aquafarion Frequencies of the New Earth have never left for thousands of years. They couldn't imagine wanting more than this. There is a much larger path associated with the Christed Being. It is a personal choice.

MOTHER EARTH is happy to announce her re-connection of her Sun to all of the Suns' of her galaxy and all other galaxies. This complete merging of the Suns' energy hasn't been possible for millions of years.

There is a grand celebration going on in the Earth's atmosphere of the Cloud Cities. All of the entities of the fifth dimension that have lived in the Inner Earth Cities of light have now completely merged with the Cities of Light in the Earth's Aura.

The Cloud Cities, the Aquafarian Cities, the Winterland Cities of Light and the Inner Earth Cities of Light are all connected together and they are having one grand celebration. These Islands of Light are Now creating Zones where those who are still in the third and fourth can be pulled into the Islands of Light at a little lower resonance. The Islands of Light are being formed by those who already have the Christ Vision of the Fifth Dimension. We already took the trip to Source through Andromeda. The fifth dimensional frequencies can no transmute those who are lower into the tone of home at various different frequencies.

The completion of the tonal alignment and the electrical Circuitry for the New Light Energy of our New Home base has been prepared for us.

THE CHRIST 12th dimension is the leading tone that pulls and connects the fourth sphere into the fifth. This is the connection to the Lost Chord. the final harmonic connection. the 12th dimension is in the fourth sphere. The Galactic Suns have completed their unity in the third sphere. This means the fourth harmonic convergence has been completed. From the Cosmic level looking down, the four diamond doors are complete. From Mother Earth looking up two harmonic convergences--the first sphere has been pulled into the second the second sphere pulled into the third sphere.

Once all of the suns of the galaxies connect their Frequencies into one grand new galactic frequency, this new rhythmic resonance permeates everything below it--the fourth sphere - the third and second and first sphere all resonate with this new tone of home.

The Earth's Sun also braids into and combines into the Oneness or allness of the Sun's of her galaxy of all galaxies. This harmonic resonance of unity and oneness of all we once were in the Aquarian Galaxy has now been woven together through bonds or wave lengths of sound and light streaming and braiding through every dimension, every entity in every dimension, every elemental in every dimension.

This stream of crystal light energy braids the electric circuit completely into Christ Consciousness. The 12th dimensional Christ Grid is one foot below the Earth's crust and it is the leading tone or over tone into the fifth dimension which pulls into the completion of the five spheres the harmony of the music of the spheres.

Source Consciousness is the Music of the Spheres.

All that originated from the spark of source placed in our crystal hearts can now grow into a flame. This flame is the Amorea Flame of violet, gold and blue. These colors grow into a rainbow of colors not yet seen by eyes lower than the fifth dimension.

When the crystal heart becomes fully ignited with the light and sound of all dimensions including the Christ Consciousness, the flame will grow into the pure of heart that allows the eyes to see the miraculous of the fifth dimension.

The miraculous is the harmonious alignment of the music of the spheres allowing a new earth a new creation, a new song for God to sing. We become the pure in heart by resonating our crystal heart into the light and sound of the frequencies of all dimensions by weaving and braiding together into one grand frequency of harmonic alignment.

First, understand what and where the crystal heart is.

The crystal heart has been called the azure, the Luxor point- the zero point of where our original spark of light was placed.

This spark of light is God. It contains all that is in Source Consciousness. This spark is ignited by breathing into it the memory the feeling the frequencies of all of the spheres of Divine Consciousness.

The 12th dimension leads to and connects to through a harmonic convergence. This means a raising of frequencies.

What is a frequency? It is the rate of the vibration It means we are oscillating our consciousness faster and closer to the source consciousness.

How do we connect our Light Bodies into that harmonic resonance in the Earth's crust--or in the 12th dimension or in the suns of the galaxies including Mother earth's Sun?

We connect tot this through the crystal Heart. There is no other way to connect to Christ Consciousness except through the crystal

Heart. The crystal heart must have its frequencies raised into the five spheres. The crystal heart must be connected into the crystal heart of the second sphere, third sphere 4th and 5th sphere.

Only those who are pure of heart may enter the kingdom of heaven.

The kingdom of heaven is the tone of home, the harmonic convergence. The resonance of the crystal cells of the body into all of the grids of earth including the Christ grid the love grid the unconditional grid intelligence substance eternal life, principle mind.

We become one with source or all that God is by becoming one with all frequencies in all five spheres. The final stage of the alignment awaits the pure of heart.

It will be the pure of heart whom join the fifth dimensional island of light. As the crystal heart absorbs more and more frequencies of all spheres and aligns into all crystal hearts as one crystal heart, the heart grows in purity.

When complete resonance of oneness is established the crystal heart rings in purity. This causes the new language, the frequency of oneness. multidimensional communication.

This purity of heart creates the cells of the heart, the head the entire crystal cell structure of the body to sing in resonance with the spirit body.

The etheric body is deep within the earths core inside the etheric liquid light of the parallel spiritual matrix. These two matrixes are blending together or resonating together into oneness of the physical and spiritual. This results in the pure of heart singing the tone of home where we can see the miraculous new 5D home.

CREATING AN ASCENSION PORTAL

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Only the pure in heart can create an Ascension Portal. This course will show how to create this pure heart by merging with all breaths of consciousness of all five spheres and then completing the activation by igniting the spark of Source in every cell in the body to ignite the memory of all pearls of wisdom to be popped into a new flame that burns away all of the old world and allows a new reality to become created.

The PURE IN HEART means those who have re-connected to their Original Crystal Heart of Allness. From this Spark of Source Consciousness that has now been re-united with - re-connected with all selves from the Solar, Galactic, Universal and Cosmic, as well as all selves from the Planetary realms, TRUE MANIFESTATION may begin.

This Spark of Source will grow into a Crystal Sphere. This is the ball of light containing all of the light and sound that each of us is really made of. This is our true Self. Once this ball of light merges into it's allness containing the 12th dimensional consciousness or CHRIST CONSCIOUSNESS from the Universal Sphere or the Fourth Sphere, the Co-Creative Consciousness from the Cosmic Sphere or Fifth Sphere, as well as the HOME CONSCIOUSNESS of the 5th dimension or the Solar Sphere or Second Sphere, and the Galactic Consciousness of our God Creation, where our Galactic Suns created our stars and planets and our god selves created the Divine Plan of creation of form.

All of these Realms of Consciousness must be merged together once more as we collect and rise into the frequencies of these higher realms of consciousness. Once this complete Consciousness of all of our Higher Selves have merged with our selves on this realm, we can once again ignite the Spark of Source to Pop back into a crystal sphere of light that sounds like the wind and blows into tiny particles the golden dust of creation that we can form and mold into any manifest reality that we desire.

We must realize that these Breaths of Consciousness are REAL LIVE ENTITIES. They are Beings of Light. The Ones we have known as Christ Jesus, Mother Mary, Raphael, Merlin, etc are all spheres of golden star dust who can form into any bodily form that they desire. Each realm, each planet, each star system maintains their own desired manifest form. This is the law of individual freedom in the God Creation. This God Creation was the

Gods who created the Galactic Realm. This was the place where Sun Alcyone created Ajaho and the other God Entities created the Divine Plan to utilize the Source Spark to create Cities of Light. These are etheric cities with a form that merges into the physical to create whatever individual form that is desired.

Those created in the original Ajaho had a Green Blue Essence and those created in the original Sirius Matrix had a Turquoise Blue Essence. This Essence represented the Aura or the Mission of Desired Accomplishments of the specific creation.

We still contain these original Essences of our Original God Creations. This is what is sometimes called our DNA. Our original DNA could not even be understood in this realm of consciousness. Our DNA was infinite. The DNA of 3 strands or 12 strands is only a mathematical equivalent that can be understood in the third dimensional density. There is no density in other realms of consciousness. This density is simply an unreal structure that is presently being corrected back in to its real structure.

There is a relationship of our understanding of the 3D world and the 3D DNA strands. We have been trapped into this density where nothing goes beyond these 3 strands of reality. We are in a work, sleep and eat mode of reality. We simply repeat the same movie of our day over and over and over again. We have been stuck in ground hogs day for millions of years.

In order to expand our DNA beyond 3D we must expand our Consciousness. We expand into the 12D Consciousness by raising our frequencies of Consciousness to expand into the 12th dimensional light grids that are one foot under the Earths Crust and about one foot above our heads. Expanding our Consciousness even to that small extend helps to raise our DNA immensely.

To begin merging with the tones of home- the frequencies of consciousness that merge us into our home consciousness-- we must begin with our Mother Earth's Consciousness. Mother Earth contains our Divine Essence as well as her own Divine Essence. We were created from the same Sun Alcyon breath of consciousness. We each contain this essence from our Aquarius Galaxy. Mother Earth's Matrix contains and includes those of us who live on her. Collecting breaths of Consciousness from Mother Earth's Crust, her Mantle, her Core and her Sun begin the process of collecting our own 12D and 13D Consciousness. The Christ Consciousness Grid is just one foot below the surface of Mother Earth. She also contains the grids of Unconditional Love, Substance, Intelligence, Divine Mind, Creative Intelligence, the Crystal River Grids that allow her to magnetize all of the braids and streams of liquid light frequencies from all other higher realms of the Galactic Spheres and Cosmic Spheres into her Body.

Mother Earth has been collecting and storing all of this substance of Divine Creation in her Body and streaming this consciousness back out into her Atmosphere where other important parts of her Etheric Consciousness exist.

When we merge with the Breaths of Consciousness that have been collected from our rides into Mother Earths Core, her Liquid Light Domain, her Etheric Spiritual Half, we awaken our DNA to the wholeness of Mother Earth. Her Crystal Heart Domain is in her Core. This is the 13th Dimensional Substance of Divine Creativity and Divine Substance. This is where Shamballa is located. Shamballa is a 13th Dimensional realm. This is the place Sunat Kumara has stored our Divine Essence, our Divine Consciousness to be restored at the time all of the realms of Consciousness had Unified as one. This is the first time in 7000 years that this reconnecting to our golden crystal bodies- our spiritual substance could be obtained. These crystal bodies contain the memory of all we originally were.

The harder the spiritual body has to work to come into balance with the physical body, the more pain the body will experience as it reaches zero point. Many will not be able to endure the pain, because they were not willing to remember the spiritual nature of themselves.

Originally, we were 12th dimensional Christ Light Beings. The light between this dimension and the 12th dimension has been blocked for many eons. We also have this 12th dimensional light energy in the oceans.

Our cetacean families of dolphins and whales hold this same light inside of their crystal cell bodies. The difference between them and us is that they remember who they are and we don't. We were here before. We were here thousands of years ago from the 12th dimensional planes of Aquafaria, Cloud Cities, Urtha, Orion, Pleiadies and other 12th dimensional planes. When dark forces came to capture the Aquafarians, some of our family jumped into the ocean to be saved. Others of us were taken off to other planets to have our patterns of ascension removed from our crystal cells and had implants put into our pineal glands to make sure we never remembered who we really are.

STEPS TO ASCENSION

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WE will provide two methods of ascension.
The First One is so easy, anyone can do it.

The Second One is so complex that only those that are completely interwoven with their Cosmic Consciousness will understand.
As those who are using Method One complete steps 7-10, they will see their minds begin to expand and understand the second method, because they will have connected to their Cosmic Consciousness.

METHOD ONE

1. First you learn to feel what a frequency feels like by listening to the CD.
2. Second you listen to a new set of frequencies and begin to perceive the different feeling of the two sets of frequencies.
3. Begin to feel and know each frequency as an entity- a breath of consciousness.
4. Feel the Breaths of Consciousness becoming a part of your consciousness as the Entities begin to penetrate your Consciousness with their high frequencies.
5. Begin breathing in these frequencies and feeling the frequencies.
6. Feel the frequencies streaming through your cells and bloodstream.
7. Feel the frequencies tingling and sparking inside of each cell in your body.
8. Next, feel the frequency filling your lungs with the fire of the Divine Flame of Oneness.
9. Next, feel the frequencies as you breath and exhale the magic into your atmosphere. Create your atmosphere divine.
10. Absorb more higher frequencies and watch your structure of your body begin to transform.

11. Absorb more and more higher frequencies and notice how you look and feel younger every day.

12. Notice that you haven't experienced any pain for a very long time.

13. Notice your life begins to shift. You start magnetizing into your life only those persons who have the same frequency of consciousness that you do. Some will become interested in becoming more like you, and others will just stay away from you. You will notice people leaving the room when you enter. This doesn't mean you become unpopular. It means you become surrounded by loving compassionate people who have a strong desire to be in a harmonious circle.

14. Notice all of your problems beginning to disappear out of your life. You no longer magnetize to you anything negative.

15. You begin creating an Island of Light of pure Consciousness and Mother Earth can now wrap you in her arms of magnetic vortices that will allow your atmosphere to shift into a magical new reality field.

Method Two

Begin Transmuting your Consciousness into Galactic Consciousness by listening and absorbing the Frequencies of Consciousness of the Galactic Families and the Solar Frequencies of Sun Alcyone and all other galactic suns.

Collect Frequencies of the Christic, Cosmic, Galactic and Sun's Frequencies by asking Anwa to teleport the merkaba vehicle into the dimensions of third fourth and fifth spheres and aligning your merkaba body into these frequencies through the breaths of consciousness.

All in the universe are connected through streams of energetic crystal light energy fields. These multidirectional networks of light and sound streams of magnetic energy create vortices of multi-centric energetic radiations oscillating up through the Cosmic Structure. Our Starry Brothers from our Aquarian Galaxy are streaming and braiding and connecting all energetic fields from the Cosmic Co-Creative Consciousness of the first breath of Source into the IDEA of this grand Divine Plan. This energy field of this Idea is woven and braided down through multitudes of vortices that braid light and sound through the radiation of Christic Energy creating harmonic convergence zones.

As this Cosmic Energy is woven into our Consciousness we are realigned into the new key of home that was in our original galaxy-our Aquafarian Home. This time this key has changed dramatically because we are now weaving the new melodies of all of the galactic creations into a brand new Consciousness - a new Frequency.

Now is the time to start adopting this new galactic consciousness. Now the Earth is waiting to modify her present energy fields. Now Mother Earth desires to begin injecting and expelling a new energetic-vibrational frequency that will generate an atmosphere much more harmonically aligned with the Divine Atmosphere needed for the new Golden Race.

Our Starry Brothers, our White Brotherhood, our Galactic Families, our Cosmic Angelic Co-Creative Idea Consciousness are all weaving and braiding their frequencies of consciousness together into the Music of the Spheres to create a brand new Symphony made of new ideas, higher frequencies, a stronger vortex, vortal and portal allowing the Cosmic Consciousness to unite into ours.

Now is the time to allow Cosmic Consciousness to become woven into every strand of our light energy, our crystal cells our waves of Consciousness. This frequency is so harmonic, so balanced, so refined, so pure that it melts away anything in the Consciousness

that would allow any of the unrefined tendencies to enter in or to come near to it. This vibratory frequency can be heard and felt when one's breaths have completely aligned into Cosmic Consciousness.

When enough of this Cosmic Frequency has been breathed in and aligned to our consciousness, the body will transform to this lighter, more refined etheric structure. The body will transform to the light level of Consciousness. The more the frequency of Divine Love is breathed into one's being, the more atmosphere of Love Divine Grids from Mother Earth's magnetic field will connect, weave in and create a radiation belt or vortice of connection into a new frequency shift. The atmosphere of the perfected consciousness produces infinite light, tolerance and compassion to become a part of the Island of Light. This is the most elevated state of vibration. It allows us to become a part of the Infinite Divine Plan. The limitations of carbon based matter become replaced by the continuous re-creative dynamics of the speed of light energy of Divine Love. This light energy creates NEWNESS moment by moment.

We must now take the responsibility to transform our Consciousness into the Galactic and Cosmic. We don't do this by creating better rules to live by. We don't do this by creating more money. We don't do this by simply becoming more humanly loving and compassionate. We do this by raising our frequencies to a much higher state of consciousness. These frequencies are something that have never been felt or experienced on Earth before because the harmonic alignment had been missing the last octave of reconnecting into Sources original Star creation. The complete third octave.

We now have enough light available to become woven into this light network and lifted into this Higher Sphere of Reality. We must be willing at this time to turn our backs on the ways of the old world. We must concentrate on the Transmutation of our Density into the lightness of the Etheric Cosmic Structure of Consciousness. The

more we soak in the Frequencies of Galactic, Christic, Cosmic and Source Consciousness, the faster we become a Star.

We are connecting into the vortices of the vibratory energetic codes that are now re-dimensioning or shifting into parallel Consciousness fields. The way we shift reality fields is to change to a higher wave length. In order to change channels for 3.5 up to 5.5 we must connect to the Frequencies of Consciousness of the Highest Dimensions to become woven into the Allness of the Music of the Spheres before we can resonate into the Divine Home of the Fifth Dimension.

Each individual must create their own energy field. If they do not work on raising their frequencies of consciousness into the higher realms, they will just stay where they are at now. There is nothing that is going to do it for them. Frequencies will raise a little bit from spending a lot of time loving and caring and hugging. But this will not shift anyone into the fifth dimension.

The power of the Frequency shift is the light energy that it vibrates through the magnetic fields of the matrix to melt , transmute all pain and destruction. All inharmonic tendencies disappear when the harmonic conversion shifts so high in consciousness that the shadow no longer exists. The codes of inharmonic tendency will only melt away through the alignment of more and more Cosmic Consciousness streaming in through Crystal Light energy, dust and gel powering light fields from our etheric cosmic breaths of our angelic families. These frequencies of angelic consciousness are woven through and with the galactic consciousness of our monadic family and the perfecting divine template of Christ Consciousness itself.

It takes time, effort, concentration, desire to decode and reprogram the vibratory sequence of the human expression. It requires spending more time in the standing wave pattern of the fifth sphere than in the first sphere. It requires aligning with the sacred geometry that aligns our Consciousness into the navigational

patterns of the frequencies of each dimension and the specific energy codes that each of these possess.

This activation of our Immortal Being requires the absolute alignment into the electromagnetic grids of Mother Earth and with all Five Spheres of Consciousness. The alignment of light fields of Frequencies or Breaths of Consciousness are the Ascension Technology that lifts and transforms our bodies into their Immortal Structure. It is the activation through the hearing and feeling the breath of consciousness, the harmonizing through soaking in the breaths of consciousness. It is the transmuting into a more etheric structure as we are breathing the frequencies into the lungs, the heart, the cells and igniting the spark of source in each cell to become awakened into our Immortal Selfhood.

Presently we are experiencing the dissolving of the physical structures of the atoms, molecules and cells. These structures are collapsing into a new quantum field of a higher speed of vibration. They are dissolving into the Frequencies of the Higher Dimensions. They will dissolve faster, the more light we absorb into our bodies. It is the lightness of the Cosmic Consciousness that causes the quantum refinement of the molecular structure into the perfect consciousness. The more we reflect the Divine Atmosphere through the absorption into the crystal heart and exhale the Cosmic consciousness into the surrounding atmosphere, the faster our individual shifts will take place.

We cannot synchronize with the Divine Plan of the Cosmic Consciousness unless we become saturated with the rhythm of this divine frequency. The higher the frequency, the faster the spiritual awakening to the Cosmic Heartbeat of the Divine Rhythm.

In order to participate in this grand rhythm of the Cosmic Law of a faster drum beat, we must focus on this Divine Plan of the Music of the Spheres. Because of many religious upbringings it may be difficult to believe that all one needs to become a perfect being is to spend all of their time harmonizing with the highest frequencies of the universe.

The present understanding is to have a grand heartfelt love. The true meaning is to connect the spark of source from the center of the CRYSTAL HEART which is the zero point connection point of all magnetic vortices in our entire matrix and beyond into the allness and the oneness of Source Consciousness. This Oneness with the greatest Divine Love, Divine Plan, Omnipresent Consciousness can not be thought into existence. It must be felt, it must be aligning into every cell through the highest frequencies of light and sound until the spark of source is ignited and connects with every magnetic vortice in the entire music of the spheres harmonic alignment.

This doesn't mean that it doesn't require understanding what the Divine Plan is. We must completely understand that the Divine Plan is the allowing of the Spark of Source to become present in every cellular memory of our body or spiritual selfhood, our Earth our Galaxy, our Universe and our Cosmos. The Divine Plan of the original breath of Source must become the most important goal of the new Galactic Consciousness. The renewal and rebirth of the Christ Consciousness grid streaming through our bodies and connecting us to the Divine Structure of our Divine Being that was created in alignment with the spark of source in the womb of Mother Earth must become the primary goals of our present existence.

It is this understanding of the Divine Plan, the divine structures, the process of aligning and collecting frequencies that will separate the wheat from the chaff. The frequencies transmute consciousness by melting away the shadows and veils from our holographic structure as we shift more and more into our parallel reality of a higher frequency.

This is a grand responsibility for those wanting to become a part of the new Galactic OMNIVERSE.

We have already created the harmonic convergence of Oneness through our Cosmic Consciousness CD's and Frequency Shift CD's. We have oscillated our consciousness to connect with

each entity in all five spheres and then breathed each strand of consciousness onto a mixing board. We then mix together hundreds and thousands of these streams of Consciousness into new melodies of alignment. Each time we record the frequencies grow more etheric and pure because the harmonic convergence is complete. The process of this alignment contained many strands of mystery as the streams of light were not yet completely in harmony. The intensity of light streams presently streaming through our consciousness are so etheric and bright that the frequencies have gone from mystery to magic..

Once the Consciousness has transformed into the quantum shift of the Magic Frequency we can begin to create Islands of Light with Mother Earth. Mother Earth cannot connect with frequencies that are not in alignment with her mission of becoming a Star. The more one is in line with this process of helping Mother Earth become a star, the sooner the magical shift will happen in one's life.

There are millions of planets and entities on other dimensions and galaxies who are going through similar transmutations. We are all working on this galactic harmonization together. The breaths of consciousness that are recorded on our CD's are all of the other Entities who are on the teams and the brotherhoods of the same mission. We invite them to breathe their consciousness onto our microphone one at a time and we braid their infinite harmonic alignment together for you to hear what is going on in the Music of the Spheres Committee Project.

Under the rules of music theory as we know it, only a few instruments would blend together into perfect harmonics. Many musicians have attempted to create wonderful harmonies through the third dimensional instruments and voices. The harmonies that are created from angelic consciousness are purely etheric and lift consciousness into higher realms and into parallel quantum fields. Third dimensional frequencies do not penetrate and transmute into other reality fields. Cosmic Consciousness, or the Breaths of Angels will penetrate Infinity and transform us into ONENESS.

The more we absorb these breaths of the angels the more refined our consciousness becomes. Some will be feeling light headed and tired through the high frequency days of Cosmic transfusions of frequencies. Those who are more dense in primitive tendencies will experience more pressure and confusion from these streams of Cosmic alignments. Those who are absorbing the frequencies of consciousness from the recordings are in complete alignment with the flow of this Cosmic Conversion. Those who follow the weekly dosage of Frequency alignment will emerge gently through the spiritual awakening into a parallel reality of a higher consciousness that is already available to those who have completed the steps of ascension.

We are offering you the tools to transmute your reality into the integration of the Galactic Consciousness that we will be living in. This is the sound and light technology that has been sent by the White Brotherhood and Ashtar Command to transmute our energy fields into the realms of the new tone of home, the new quantum reality of a higher frequency resolution.

“We are transforming light through cybernetics to our desired resonance. We create and unify vortices upon vortices to create new magnetic rings of light to merge and transform and lift more into the light fields of our consciousness. We have sent this light technology of ascension, illumination and transformation through light and sound. We have spent thousands of hours together on our light boards on our ships guiding and directing the streams of consciousness placed on these recordings to lift and penetrate the woozy consciousness below us. “

Starry Brothers of White Brotherhood.

Jesus and Mary created a new drum beat on Earth.

DIVINE RHYTHM

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Mother Earth has the divine activity of synchronizing with our energetic frequency to contribute to the conditions most suitable to our evolution. As each of us refines and expands our Cosmic Consciousness, Mother Earth will synchronize her Heart beat with ours.

The more we each completely align with the new drum beat of the highest frequencies of consciousness, the more Mother Earth will synchronize her magnetic fields of this Divine Atmosphere to create the new environment for the higher consciousness to live in. The more our consciousness evolves into a star dust vibration, the more we become surrounded by the Mother Earth who has become a Star. There is already a parallel Earth that is in her perfected state

of being a star. We can shift into that parallel zone with Mother Earth if we choose to expand our consciousness into that realm.

The more we align with our Galactic Consciousness, the more we align with our Fraternal Consciousness, our Father Mother God Consciousness, our Divine Creation Consciousness, our Sun Alcyone Consciousness. The Galactic Consciousness helps us remember that we are all one grand brother hood who was originally created from our great Aquafarian Sun who is now braiding all of the Frequencies of all Galactic Suns into a new harmonic convergence of a grander symphony. We are becoming a part of an Omniversal Orchestra of Consciousness who were all originally from the same Spark of Source, the same Sun of Aquafaria. We all came from different sets of ideas that we all explored and gained wisdom and created and formed grander ideas and then wove them into new strands of consciousness. We've been working in divine rhythm to complete our final transformation back into one grand family of consciousness.

ASCENSION EARTH

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There is an entirely different relationship within a Natural Solar System than what we have become accustomed to here. The system we have been living in is not normal. In a normal system each person and each planet is free to create as a co-creative mind with Source. Our system was blocked from being normal with a Net.

The Ascension Earth looks bigger than this Earth. It is a sphere around the Earth. We are a sphere within a sphere. This earth will now become the inside of the New Earth. The Nets placed over the planes of our system will be completely removed through the light energy.

We are now having nets removed - including DNA nets, Ego nets, magnetic nets. Even our present electric system is a net that is being used to control us.

The Nets are coming down. They will be completely down by 2012.

The reason this Earth became smaller is because the dark forces have been flipping pieces of this planetary body inside each other for eons. They flipped Lemuria and Atlantis inside of the Earth into the Hybernization zones. These zones have finally become free now. Lemuria and Atlantis may rise again and the entire Earth will begin to return to its natural essence.

There are 15 light bands connecting all dimensions of the Earth together. There are spheres within spheres within spheres. These form the rings and spans that reactivate the earth and us in our new alignment with the base pulse rhythm (BPR) and angular rotation of particle spin (ARPS).

There is a place we can shift out of this (ARPS). When you place the spheres of the Density 1, Density 2, and Density 3 levels of Earth and the D1, D2, and D3 density levels of Ursa Major—five levels of expansion of spheres within spheres and Galaizac layers spark and ignite into harmonic conversion that realigns each into the others Base Pulse Rhythm.

Those structures we see Now are Not natural. The 13,14, and 15 th Galaizac layers of each level would be a choronosphere. It would be like the sun. There would be natural subterranean structures within the structure. There would be natural Biomes that could live under the choronospheres – there would be no sun radiation because you would be the sun yourself. You would take in the current through your poles and have natural symbiosis cycles.

Our DNA has been programmed through these Nets. When the Nets are down our DNA will return to its original 12 strands instead of our present 3-4.5 DNA of the monkey mind.

We can now project through these nets into where Christ Base Pulse Rhythms have remained stationary. They are at the same location of this Earth - but on a different angular rotation of particle spin and base pulse rhythms.

We transform our bodies and consciousness into the rhythm and the higher frequency of the new spin rate by raising our frequencies into that same standing wave pattern. This can be done by absorbing the angelic frequencies containing that spin rate.

Now there has been a link between New Earth and this Earth that gives us the ability to go through density one to density two ascension earth and then to density three ascension earth. Then we can make the full leap to Ursa Major-- our Spiritual counterpart

We must raise our frequencies of consciousness to be prepared for a slide or a hosted slide by our guides and angels. By raising our frequencies we get full access to our Spirit Body. This enables us to go through the spirit side instead of the physical earth -

If we want to return to Earth to visit or assist others in slide, we can go through the spiritual side back into the physical side of the Earth.

It will eventually happen as easily as thinking about the Light body to be able to Slide and return back and forth.

This will be the first time on this Earth that we can fully restore the original divine imprint.