

INDIVIDUAL ETERNAL LIFE MP3

Eternal Life Programming SHIFTS the cellular memory from a Mortal Based Program to an Eternal Life Program -

Personalized Frequency Realignment, Reattunement and
Reactivation into MULTIDIMENSIONAL CONSCIOUSNESS

ETERNAL LIFE ALBUM

CRYSTALAI (2013)

cosmicdolphinmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

The ETERNAL LIFE ALBUM is a personal HEALING SESSION. It could be likened to what would be expected if one of you went to a Reiki Healer or Sound Healer for healing sessions. It could be likened to having eight hours of healing sessions per day for a week.

When I create the ETERNAL LIFE ALBUM I first go to Source Consciousness field and ask Source to hold the 12 coded divine blue print of the individual (the name of the person who ordered the ETERNAL LIFE ALBUM) inside the flame of eternal life creation that the idea was originally made from.

We are each made in the image and likeness of Source. That image and likeness is a negative of the picture of the idea that Source is creating. That idea is held within Source Consciousness and rebirthed into creation every trillionth of a nano second. When the brand new image and likeness is imprinted on the idea, the idea is reborn as a brand new image with the new thoughts and ideas of the new experiences encoded within it.

I hold that idea within the Source Flame. That idea is already perfect and it contains the 12 coded divine blue print of angelic raceline.

That old idea that was created billions of years ago must go through a rebirth at this time. We are all being reborn into a new harmonic universe, a new space and time portal. Each time we are born we come into the planet through a stargate. Many of the stargates attached to Earth were destroyed and we were disconnected from many of them. Now, we are being placed in a different time portal where we are back in alignment with all 12 stargates, which allows us to obtain the 12 subharmonics in each of our chakras.

These 12 subharmonics comes from combining the spiritual coding from the chakras outside of the physical body with the chakras within the physical body. In order for an entity to return to a place in the universe, there must be an essence or a frequency signature of that entity left in that place from the time the entity left the place in the universe.

In order for our bodies to become realigned into the eternal life domain of the harmonic universe, I take the idea or the image that is within the Flame of Source and create a light body image of that idea. I place that idea within a flame. I use a candle flame. Within the flame is the complete spectrum of light, the entire rainbow. The flame includes the hertzian, infra red, visible light, invisible light, x ray light, and gamma waves. The idea is held within the complete spectrum of light of Source Consciousness.

That idea that is whole and complete walks through the candle to the other side and returns back with the connection of frequencies of the spiritual side- the blue body self. The idea becomes complete as it connects with the blue body.

The idea must also be taken in to the Inner Earth realms of the Cosmic Domain. I take the idea into the Etheric Core of the 13th dimension and then into the 14th dimensional of the Spiritual Etheric Heliotalic Light Domain of the Cities of Light, the Inner Earth, and then down into the Crystal Liquid Light, the Mirror light of heliotalic frequencies. This is the location of the Etheric Star Formation that was placed around the area where Earth is located now. That Star Formation is called Urtha.

This idea within the Source Flame must have its frequency signature implanted within the Cloud Cities, Cities of Light, the Star Formation, the Aquafarian Realm of Urtha. The idea does not exist there because most of us haven't been there before. This place was created by the Aquafarians from the Aquinos Matrix millions of years ago as a refuge and an escape chamber for this time. Since we were never there before, we must leave an imprint there so that in the future we can go there.

Crystalai and aDolphino went to Aquafaria to leave this seed of their frequencies. However, when they went there, they were met by a family who took them to a crystal palace. They were told that they built this palace for them long long ago and it has waited for their return. So, there are in fact, a few of us who have been there before. That is why it is necessary to link frequencies of those who haven't been there before through the frequencies of those who have been there.

When the client is being put through the eight hour healing sessions, the old damaged codes within the chakras are transformed by having the frequency signatures of the individual returned to the original perfect divine imprints. This coding is imprinted in each of the chakras to align the 12 subharmonics of the perfect raceline back into the individuals template.

Each cell in our body is supposed to contain this divine blueprint that was created in the image and likeness of Source. As the clients idea body is taken into the crystal liquid light of Inner Earth and into Urtha, the heliotalic frequencies emerge from the skin and the skin becomes the shining.

The healing takes place from the within, beginning with the blood crystals transformation, the bones turn into sound frequencies and the skin turns into light.

Each one of these steps of transformation takes a great deal of focus, alignment into the allness of Source Consciousness, a continuous holding of the idea within the flame of transformation. Each time I focus on one specific aspect of the entire healing of the body, there is one tiny little breath involved. Each time I can feel and hear that the breath is perfect and the healing is complete, I record that breath.

I layer each of the breaths of transformation for that one specific individual into my recording mechanism. By the time I am finished, I usually have five hundred or more breaths. Next, I weave

these breaths into the formulas and frequencies of codes of atunement that the Guardians and Source direct me to. Each individual is given a different set of codes and formulas. These codes come as frequencies and I breathe them. Some times they are heard as tones of God Language and sometimes they are pure breaths. Each recording comes out very different.

I am giving this guideline to help my readers understand why this item costs the price it does. I am sure that there are not any Reiki healers out there of any reputable nature that would give you eight hours of healing sessions for five to seven days in a row for this price.

Once a client returns from a Reiki or Sound Healing clinic, that healing will sometimes last a day or a week, if the client is lucky. That is because the old Reiki technologies are based on the Chi of an energy that has been blocked from Source for eons of lifetimes. Taking an energy that has been broken from Source at the Cosmic level and trying to do the repair work at the Planetary level just does not fix the problem.

This problem that is blocking our eternal life system happened billions of years ago, and the guardians have been working on fixing it for billions of years. There are many problems in each level of creation, far beyond the chakras within the body. The frequencies must be realigned clear out into the Universal Spheres, Cosmic Spheres, pre sound and light realms and the allness of Source's original idea of creation.

So, we are talking about a healing that would last as long as a band aid, or one that is complete and lasts for eternity.

Ascension -Connection between Consciousness and the body. Ascension isn't just about being a good person, going to church and getting forgiven by Christ and then going to heaven. It isn't that easy because there is a direct link between the consciousness of your spirit and the atomic structure of the body. The part of the spirit that is embedded into the atomic structure of the body is called the JARI. It is a part of the spirit body. If the JARI is trapped inside of the atomic structure at death, the body will not ascend. It will continue to be trapped on the Earth and will continue to return. This is what we did for the last ten million life times. Our JARI has been stuck inside of our atomic structure.

We must make sure our Jari is free from the atomic structure in order to ascend out of here.

We must transmute our spirit body out of the atomic structure in order to ascend. So, we take this perfect formula of creation and rebirth that was given to us by the Guardian Races and we record it because it is made of Frequency Signatures. The breaths carry the frequency signatures and they are recorded in perfect harmonic convergence. Each of the frequencies transmutes into the highest frequency of Source Consciousness in order to hold that reality of the divine code for ever.

Learn more about the ETERNAL LIFE MP3 in this pdf.

I recommend you begin with the ASCENSION KIT to begin the raising of your frequencies within your chakra system. We do not use the internal chakra system of the old sciences. We use the chakra system that aligns with the axiotonal lines of the entire Cosmic Matrix, Universal Matrix and into the Music of the Spheres of Source Frequency. The frequency alignments are done from zero point from within the etheric center of the quarks within the cells out through the music of the spheres into the pre sound and light field connecting with the spark of Source Consciousness that ignites the crystal

liquid light to flow into every cell in the body.

ASCENSION KIT

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=The_Ascension_Kit&lang=en

<http://cosmicdolphinmagic.ning.com/page/love>

music-The-Ascension-Kit.pdf

TESTIMONIALS, EXPERIENCES and HEALINGS from
THOSE WHO PURCHASED ETERNAL LIFE and IMMORTALITY CD's

Dear Crystalai ~

Deeply immersed in the music tracks you've sent thus far, and just received Releasing 3-D concepts listening to it yesterday. It was timely in my need to structure life in a way to receive and better learn how to be in the world - certainly going to learn at a deeper level.

Not corresponding to any listening time I find amazing visuals coming behind closed eyes.

Things are shifting, as I've been nauseous and very sleepy, the other day napping three times throughout the day. I can't seem to wake up today and was very nauseous this morning.

Thank you again, Crystalai, this is an amazing journey.

Aloha,

Cindy

COMMENTS ON ETERNAL LIFE ALBUM from Individuals

Crystalai (c) 2013

cosmicdolphinmagic.ning.com

Many have asked questions about the ETERNAL LIFE/Immortality Albums about what happens when they order their Individualized Album.

My Omniversal Team already knows everything. They begin communicating with me about you the moment I receive your orders. These Entities know you at your highest, most divine state. They were your original creators. They are the Entire Music of the

Spheres- meaning they are the Consciousness of Oneness containing the Infinite Frequencies of Oneness. They only see your most perfect divine state of being, and they realign all frequencies of all of the spheres of the galactic, universal and cosmic back into the original divine state. They have known you for billions of years. They are very excited to know that their frequencies will once again be permitted to become at one with your Consciousness because you have made it so.

When I align my consciousness through the Elohim of Hearing to connect your personal frequency signatures through the music of the spheres your personal frequency signature is being transmuted into the Full Spectrum of Light. As that light and sound spectrum becomes your new frequency signature, the Omniversal Consciousness Team can lift you into Oneness of the Divine Template beyond this Earth's Matrix. The music of the spheres contains the 12 dimensions of consciousness of the 12th level avatar. However each harmonic universe must be transmuted up from the base tone of the harmonic universe above. So it is the Cosmic Universe, or the 13th dimensional consciousness which transmutes the Universal into the Cosmic. As the full music of the spheres combines into the new tone of home, this new Cosmic Frequency can be lifted into the base tone rhythm of the Omniuniversal Consciousness. This is the Consciousness Team of all Universes. This is the Omniversal Team that creates the new baby universe at the time of Ascension.

Remember, we are still in the process of Evolution which will prepare us for the Ascension. The cellular structure must be transformed from the inside to the out for ascension. This evolution is happening at such a microscopic level so far beyond anything man could measure, that it can only be felt through the Breath of the Angels. This transformation is happening as the divine substance of crystal light, crystal dust and crystal gel of the silicate matrix of the Star Essence of our Divine Selves. The difference between the other albums, and the Individualized Immortality CD is the difference in Mass Ascension and Individual Evolution. If the body does not go through the cellular transformation from the inside to the outside, which will transform it into the same star essence that Mother Earth is returning to, there would be this three dimensional body trying to exist in a Starry Atmosphere. It could not exist in that atmosphere. The body must evolve into a new form that can live and move and breathe in the new starry atmosphere.

In a Star's atmosphere there is no need for electricity because the energy and light come from the inside. Since this is true of a star, there will be no electricity on planet Earth by 2014. So, you see, the body must transform to be prepared for the Earth's ascension into the form of a star. The changes happening on Mother Earth are her ascension into a starry substance that is also silicate crystal based as any Star is. My starry brother Zaurak has created an entire star system with a team of co-creators. He has taught me how each starry frequency is realigned from the morphogenetic field of the inner Star and woven out into all of the stars and suns of the Universe and then transmuted into the highest Omniversal Consciousness. This is how every star system is created and maintained.

I am learning a little more each day about how to create a star and how we are created from the tiniest of tinies from the micro-level of our crystal cells.

What we are doing with these Individualized ETERNAL LIFE Albums is acting as the surgeons on Earth who are aligning and streaming the light bands of frequencies into the crystal cells at a level where the elementals of each team of creation can connect directly into the music of the spheres from the aqua crystal sphere that is connecting us into their morphogenetic field of consciousness.

My breaths are always channeled into the crystal spheres microphone through the Elohim of Hearing, and the alignment into all of the points of intersection with all Frequency Signatures of your Divine Consciousness is done through the direction and the alignment from my Omniversal Team. I am the one who must always keep my Consciousness in a perfect state of Oneness and calmness and perfection in order to achieve the perfect frequency alignment. You don't need to do anything until after you receive your album. At that time you need to start working on aligning your Consciousness into the Frequencies that they have sent to you. These frequency signatures are the communication lines into all of your higher selves or your Divine Consciousness network.

Dear Crystalai ~

You absolutely can share whatever you wish to. You need to make sure to include the part about how what you're calling mass ascension material was leaving me wanting more and the individual album made me finally feel satiated. I think that explains it pretty well. It just *fits*. I may still pick up other Crystal Magic Orchestra recordings, and it doesn't mean I won't still listen to the ones I have, but this one is different than the others. Now I have a place to go into whenever I need it, it's as portable as my iPod, and can balance me out again at a moment's notice. I just keep it on repeat and live in the frequencies and I love it.

~ Love and Light ~

Dear Crystalai and aDolphino,

Thank you for all you are and all you do---you have my greatest appreciation and gratitude

for the service you are providing for me and our "human Tribe". The way you describe it, making one of these Individual Immortality albums seems very intense and almost incomprehensible in its complexity!

The value and potential of this album is exciting and I am eager to begin listening to it however, I am having some anxiety whether I'm equal to the task of leaving behind all the old and create from the New, as your message of Sept. 27 clearly warns. I know, I know.....fear and nerves are Old Energy programs.....it just seems a big step (leap?) for this garden-variety- Lightworker-grounding-light-and-love-in-the-physical.

There, now.....I feel better having got that off my chest.....

Thank you very much for sending me the mp3 files. I would, however, like to request a CD be sent to me, please, as my access or ability to use a computer is erratic and limited----I can get much greater use out of playing a CD. I understand the megahertz business is greater with an mp3 but it's just not practical for me. Please forgive me for not getting my request to you sooner but I expected the album not to be complete for another week or so and just took too darn long in getting back to you.....please accept my apologies.

One more question, please: what is the optimum way to listen to this particular album? I listen to the Ultra Violet Blue Sun album every morn about 6 am, lying in bed, just before I get up for the day and sometimes listen again later in the day on my Bose Wavewhatever radio/CD player. Thank you for your advice.....

wow.....I am humbled and in awe that I'll be listening to sounds of my Soul Family(that's my understanding----I hope it's correct). I am so grateful to have made it to be part of these most amazing and shining of times on Planet Earth.

Peace, love and gratitude,

Judy Phillips

Dear Crystalai and aDolphino ~

I want to thank you both for the individual album that you channeled for me ~ I have

been listening to it pretty continuously since I received it on the 9th. I heard through the first six tracks before I went to sleep feeling very balanced. The next thing I knew, my husband was frantically waking me up thinking my apnea mask was leaking air. Although he was waking me from a deep sleep, he said I was very calmly looking at him like he had two heads. I knew everything was just fine. From where he was in the other room, he just heard air rushing and he thought my apnea machine was malfunctioning. Now he's heard the frequency files and knows what they sound like without Crystalai's voice on them, so he's not surprised. He said he was really struck by how calm I was when I was being woken up by him being all panicked. Well of course I was.

The second and third (and 3B) files in particular ~ Crystalai, you may remember my telling you that I have had astral dream state experiences with my guides where I have been taken to other realms. Those frequencies you sent in the second and third files are the same as those experiences. I was completely fascinated that the frequency files were the same! I still can't describe in words what those frequencies are, so if you have any more information, I would love it. I can remember everything about my experiences, but when I try to bring it to a 3D telling, I can't bring it down.

I love the whole album, and the intensity of how it builds, how it feels so right for me. Initially I was surprised that none of it has Crystalai's voice on it. But I can do that on my own. Somehow having the right frequencies for *me* connects in a more intense way. I still love the other music I have (don't have the complete collection). This individual album satiates though. If I listen to one of the ~ as you call them ~ mass ascension albums, and I still want more, the individual album is the real feast.

~ OM Shanti ~

Renee

wow.....I am humbled and in awe that I'll be listening to sounds of my Soul Family(that's my understanding-----I hope it's correct). I am so grateful to have made it to be part of these most amazing and shining of times on Planet Earth.

Peace, love and gratitude,

Judy

I hope you didn't take my silence as disapproval. It was the opposite. I was fully experiencing and exploring. We had a long weekend here in Canada for Thanksgiving and I had my headphones out. I want to thank you both again for your time and love in putting the album together for me.

~ OM Shanti ~

Visit Cosmic Dolphin Magic at: http://cosmicdolphinmagic.ning.com/?xg_source=msg_mes_network

I've just ordered the Individual Eternal Life from your website. There are a lot of questions in my mind surrounding this process, but trust the universe and what I'm

experiencing that what you are teaching is meant for my growth. I devoured a book today by Ken Carey - The Starseed Transmissions, things he touched on, I took as, exactly what you are saying about music/sound/frequency, direct assimilation of starlight and our ability to recognize the consciousness we are, as things shift and open up for us to access. As I was reading this it felt like I was taking it in through my third eye - as pressure in my forehead and that particular spot more intensely. One thing that clarified through the writing was that when a knowing comes it is very difficult to put it into words.

I've found since listening to the Ascension Kit, an effort to shift back into linear things such as typing and left brain activities. I understand this now, that so much of what society has us doing is a total diversion. For the last year or so, I feel things like shifts and pressures and almost like distortions in my perception of the outside world. Sometimes I'm driving down the road and it feels like something is coming in on a wave but I can't put a description to it, I feel it in my body.

But the music you make... oh my goodness...so B-e-a-u-t-i-f-u-!! I never tire of listening to it and now at times plays itself in my head. Especially - Heaven.

There is a joy bubbling up in me almost everyday since I started the Ascension Kit and my inner world is expanding.

I find the information surrounding this experience vast, deep and expansive. Your knowledge and descriptive analysis fascinating.

Thank you for your work! I look forward to what/who/how you connect with my families of light. The realization I long to gain is the insight into my mission here...questions I have about Mu, Nommo, Sirius... etc. or whether it pertains or not. Karma? There's so much... and with that,,it's time to fall into dreamtime.

Goodnite,
Aloha,

Dear Crystalai,

I manifested a job pay increase that was two fold. It happened two days after I started listening to my Individual CD you created.

I would really love to become a member of your Mystery School.

Gratitude,
Tim

Dear Crystalai,

Thank you for the breath taking music. I have never experienced anything this beautiful before. It makes my mind float away and my body is about to follow. I had a broken hip before I found your website. I noticed how the pain disappeared when I listened to your

samples. Now, I've been listening to my Individual Immortality CD for about a month, and my hip is completely repaired. The doctor couldn't believe the results in the x-rays.

Much Love and Gratitude,

Laura

Dear Crystalai,

I was so excited to find your website and your music. It was like a dream come true. I knew about some of the old New Age teachings, but they never felt inspiring to me. I know that what you are saying is true. I can feel a new reality in the music. I have been struggling with money problems, but I know that the investment will be worth while.

Glory Be,
Janet

Dear Crystalai,

I ordered an album a few months ago. I have been listening and reading everything on your website. My life started to change. New sources of money started coming to me that I didn't know about. It seemed like I had become a money magnet. I am so grateful.

Glory Be,
Janet

Dear Crystalai,

I have used your music in my private hospital. My patients have various mental disorders. When I play your music the behavior completely transforms. My patients become quiet and focused. I have recommended your music to their families.

Sincerely,

Dr. S. Thomas

I am a Dolphino. Crystalai's husband and Cosmic Twin. Crystalai brought me back to life with her music. I was dead and now I am alive.

Dear Crystalai,

I ordered your music because I had a brain tumor. I knew that I should not go to the hospital for an operation. Your music took my fear away. The brain tumor is healing

without the operation.

Chris

Dear Crystalai ~

Deeply immersed in the music tracks you've sent thus far, and just received Releasing 3-D concepts listening to it yesterday. It was timely in my need to structure life in a way to receive and better learn how to be in the world - certainly going to learn at a deeper level.

Not corresponding to any listening time I find amazing visuals coming behind closed eyes.

Things are shifting, as I've been nauseous and very sleepy, the other day napping three times throughout the day. I can't seem to wake up today and was very nauseous this morning.

Thank you again, Crystalai, this is an amazing journey.

Aloha,

Cindy

INSTANT MANIFESTATION

a NATURAL ABILITY that can be fully activated NOW

Through the continuous, dedicated use of your very own

PERSONALIZED, INDIVIDUAL ETERNAL LIFE MP3

Eternal Life Programming **SHIFTS** the cellular memory from a Mortal Based Program to an Eternal Life Program -
Personalized Frequency Realignment, Reattunement and

Reactivation into MULTIDIMENSIONAL CONSCIOUSNESS

HOW DO WE MANIFEST?

Instant Manifestation is the activity of projecting ones desired creation onto the movie screen (which is the radial body that surrounds the physical body)

Once the body template has been cleared of all miasms, and the true immortal light body, crystal body and etheric body align harmonically with the spirit body and parallel bodies, the body produces a RADIAL BODY, which is a Mirror around the Body. That RADIAL BODY is the Movie Screen that allows all Divine Desires that are created in the God Seed Atom from the Eiron Flow of Source Consciousness to become a Negative of the photograph in the Mid Brain which then produces a Positive Picture of the desired creation on the Radial Body movie screen.

The person needs to create the desired image in the mid brain and then project the desired image onto the movie screen. If a person wants to heal himself, he must hold the idea or picture of his perfect body already healed and project it outwardly.

In the case of the ETERNAL LIFE MP3, the creators of the album are already seeing this perfect body created in the image of the divine blue print as the breaths from Source are

being exhaled.

The world around each of us is created by the level of frequencies within the cellular memory. It is the cellular memory that projects the reality hologram that is seen around the body.

RECODING DNA INTO ETERNAL LIFE

<http://www.cosmicdolphinmagic.ning.com>

Dr. Angela Barnett (c) 2013

Because of the damage done to our planetary structure we had an epigenetic lay placed over our DNA that instructs our DNA what to do and what not to do. That epigenetic overlay causes great confusion and interference by the ego intentionally.

Now we are getting that electromagnetic overlay removed from the planet and from our DNA.

We have had an environmental anomaly that has eroded the functioning of the Angelic Human DNA.

We have now been given the ability to resurrect our natural abilities as Angelic Humans or Indigos that were originally ours. Some of our went through a twelve year process of learning how to remove the miasms that were placed in our bodies and how to turn back on the DNA in our bodies through processes given to us by our Guardian Races from systems that are not in the Fall status. We

have been given assisted by Angelic Races in Andromeda and Aquarius to pull us out of the Fall Status.

The logic is flawless. The coding and alignments given by the Gaurdian Races has allowed us to break free from the mutations that would keep us from ascending.

The process of the **Individual Eternal Life album** is to alter the entire cellular structure from the inside out as well as the Light Body and Crystal Body and Etheric Bodies which contain the Radial Body, which is the sphere of energy that is like an atomic mirror surrounding the body. That atomic mirror is also being transformmed into the original 12 coded divine blue print that allows the new body imprint to be seen as the new reality around the body. That reality is projected from the mid brain projector creating reality through the pineal gland.

Individual Album is the restructuring of the mid brain through activation of the God Seed Atom within the Thymus that will burst into a cloud of crystal plasma dust and activate the streaming of crystal liquid light directly from Source Consciousness. This allows the MIND OF GOD to be reconnected into the mid brain for the beginning of co-creating through frequencies of light and sound.

This rearranges the structure of the body and the brain through the restructure of the DNA. DNA has its 12 subharmonics reinstated in each of the double helix to restore the 24 DNA template of the Angelic human, or the 12 subharmonics in the double double helix of the Indigo to create the 48 DNA template.

The crystal miasms will melt from the pineal and inner ear. The crystal miasms will melt from the blood cells and be replaced with crystal liquid light - the water is made into wine. The blood of Christ is the new restored crystal liquid light in the blood. The bones transform into phonons of sound energy and the skin transforms into protons (at a omnion level - raydons, myons, and many micro levels beyond what the eye can see).

The body will actually transform into a completely different chemical and biological structure that is based on liquid light. Liquid Light is the original creation substance and energy of Christ Consciousness at the 12th dimension. It is the creative substance of Source.

The carbon based body that we have grown accustomed to is not our true body. It is a body that is completely mutated. It is so dearranged that it is projecting someone else's movie on to its movie screen. And the movie was created by very dark Fallen Angelics who wanted to use us as their source of energy.

Each individual has his or her own unique energy pattern or signature, that is different than any other individual in the Cosmos. That individual also has an energy signature that is a part of a Soul Group signature. That energy signature is a part of the Over Soul Signature, and that is a part of the Monadic Signature and that is a part of the Avatar signature and that is a part of the Rishi Signature.

Once our Individual Signature is restored or retuned into the entire Family Signature, we regain the Mind of the Entire Creation Group, including the Avatar level at the 12th dimension and even the Cosmic Family at the Rishi Level.

When I create Individual Eternal Life Albums, I am connecting the Individual's Frequency Signature into the entire Family Signature to begin the re atunement of the entire Frequency Shield.

The Eternal Life comes from the return pattern that we can now become a part of. We came from our Rishi selves and lowered our density into our Avatar selves and then lowered our frequency or density into our Monadic self and our Over Soul and our Soul Family, and then chose to experience complete Isolation as an Individual who was not attached to the Family any longer.

Now, we can return into the frequencies of our entire family. This will allow us to first retune into our Super Conscious Mind of the Fifth and Sixth Dimensions. We can also tune in to our Avatar Consciousness and our Cosmic Consciousness.

Our family at the level of Avatar and Cosmic Consciousness only communicate through frequencies. They also only perceive through frequencies. We are in reality a colorful mandala that looks like a Cosmic Sphere that is now in miniature form. That mandala, or frequency signature that can be seen as light or heard as frequencies, is unique and individual but it is also a Divine Template of our Cosmic All.

Come listen to SOURCE BREATH AND SHEER HEALING.
Bring your earphones for the coolest trip you have ever taken.

When I send your Eternal Life Album, there will be 12 sections. Each section focuses on one part of the complete alignment into

SOURCE. The focus is always Source. We must align every cell through the micro omnions of Source and weave every particle into the Source Frequencies in all fifteen spheres of the Matrix. The Sun, is in a way, the creator of the Universe, because the Sun holds the IDEA of Source in the form of he Plasma that holds the crystal liquid light of Source. Each form of creation - Cosmic, Universe, Galaxy, Solar, Planet or Person is always made from the original divine blue print template of Source.

<http://www.cosmicdolphinmagic.ning.com>

Dr. Angela Barnett (c) 2013

The alignment of the Eighth Chakra into the Sun's frequencies is extremely essential and dynamic to the activation of Super Conscious Mind. Our connection to that 8th frequency was blocked from our consciousness through the angular rotation of the Earth's body into misalignment with the Sun. When the Earth was moved into the Inner Galactic Domains in December 2012, that problem began its resolution.

That Divine template that is held within Sun Alcyone is manifest simultaneously in millions of density levels. The Sun holds the template in the form of Plasma and creates Light Bodies. However, the reality that all forms of density allow all to become One, allows us in Reality - to live within the Sun. This is why we think of the Sun as our Creator. The Sun holds our individual templates that were made by Source. However, our frequency signatures and divine templates must always flow into our planetary matrix through the suns matrix. So, this is why the Sun is thought of as the Creator. We haven't experienced this reality of living inside of the Sun yet, because our Matrix was destroyed. Now, it is being re-created in its divine template once again.

One of the objectives of the frequencies, which they naturally do themselves, when the breaths are from Source, is to realign the base tone rhythms within the entire time matrix. This process of rhythmic alignment of the Earth into the New Earth greatly affects the rhythm of body, which must always stay in rhythm and in tune with the Planetary Matrix that it moves within.

Please always keep in mind this rhythmic pattern that you will learn to hear with practice. The rhythm is within the breaths themselves. When I breathe from Source and record layers of those breaths and then breathe from Cosmic Consciousness and record layers of those breaths, there is a rhythmic pattern appearing within the breaths. When I breathe the Universal and Galactic frequencies there is another rhythmic pattern. Each time I record more frequencies, I always resaturate them with Source Frequencies to repattern the rhythms and the frequencies into absolute ATUNEMENT with the Crystal Light Frequencies of Source Consciousness.

1. Listen for rhythms and work on moving your body to this beat.
2. Listen to the frequencies and feel the overall pull into the atunement with the highest frequency of Source.

The basetones are created by layering all 15 spheres of the Music of the Spheres. Each of these spheres is filtered through the Breath of Source to create a brand new time matrix--Cosmic Time Matrix.

Each breath, each frequency contains the light and the sound - the radial atomic light that oscillates at the highest spin rate and the sound that vibrates at the highest frequency. The sound is the idea and breath of Source and the

Sound is the resonation field activating the idea into manifestation.

The saturation of the Source Frequencies causes the entire rainbow of the 15 spheres of light and sound to burst into a flame and create a new set of spheres within a new cosmic matrix. This is the same process that the body goes through when it turns into light and reappears a nano second later as a brand new form. This rebirth process happens every nano second. The body will just keep reappearing to look the same as it did before, until the new frequencies of transformation are realigned into the body.

The process of the Individual Eternal Life album is to alter the entire cellular structure from the inside out as well as the Light Body and Crystal Body and Etheric Bodies which contain the Radial Body, which is the sphere of energy that is like an atomic mirror surrounding the body. That atomic mirror is also being transformed into the original 12 coded divine blue print that allows the new body imprint to be seen as the new reality around the body. That reality is projected from the mid brain projector creating reality through the pineal gland.

So, much of the work I do on the Individual Album is the restructuring of the mid brain through activation of the God Seed Atom within the Thymus that will burst into a cloud of crystal plasma dust and activate the streaming of crystal liquid light directing from Source Consciousness. This allows the MIND OF GOD to be reconnected into the mid brain for the beginning of co-creating through frequencies of light and sound.

Number 2.

Breaths for clearing all miasms from physical and etheric bodies that are blocking the flow of the 12 subharmonics into the physical body.

Number 3. Weaving the spark of Light of original creation breath of UMA UN (meaning the Illuminated Body from the Spark of Source Consciousness) into the AUM Breath (meaning the Return to Oneness with Source).

Number 4. Deep clearing through an almost complete silence with pure white light breaths. So pure they become atuned into Oneness. Listen deep within to the silence of clear clean stream of atunement with the Crystal Liquid Light Flow from Source into the Mid Brain, the Crystal Heart and into every cell of the body.

Number 5. Spinning your Merkaba The Merkaba made of two triangles is the symbol of the Frequency of Source spinning in Oneness with its creation. The three pointed triangle pointed up and the three pointed triangle pointed down. One layer is black which represents the 11 dimension and one is white - the 12th dimension. Together they represent the silver seed atom meaning the oneness with Source. So, there are two layers of the triangle on top and two layers on the bottom. That is three points over three points on top for six points and three points over three points on the bottom for six points. In reality the merkaba will appear three dimensional not two dimensional meaning one side is pointing forward and one side is sideways. This creates a triveca merkaba that allows us to move up and down as well as sideways. We must be able to move side ways to enter Inner Earth. The top half of the merkaba always spins clockwise and it spins at 33 1/3 ratio. The bottom half of the merkaba always spins counter clockwise and it spins at 11 2/3 ration. The spin rate creates the 45 degree repositioning of the body within the 360 sphere of creation. We always spin a sphere around the merkaba at the clockwise spin to represent this 360 sphere that our merkaba spins within. This is the true sacred geometry of the Christ Mathematical Frequency that realigns us into the 12 coded blueprint.

The first Merkaba is 27 radius from the center of the body, creating a 54 inch radius.

The second Merkaba is ten foot radius. The third is a sixty foot radius and the fourth is a one hundred foot radius.

The third merkaba is the Cosmic Merkaba that keeps us firmly in alignment with the planetary cosmic balance and prepares for slide into inner earth. The fourth Merkaba takes us clear into Source and allows us to float in the Aurora Fields as we prepare to walk through the star gates.

Number 6

Bringing the light frequencies out from the etheric body and into the skin and then out to about two inches

around the body to create the shimmering around the skin. Activating the density one - subconscious atomic light mirror and the density two sound frequency field to resonate into manifestation the mirror of light.

Number 7

Absorbing complete template of the body Cosmic Body. The body is floating in a Cosmic Tear Drop. Activating the Akashic Flame in the Pineal Gland and Activating the God template within pineal, thymus, solar plexus into the tail bone which is the 15th chakra and then streaming up the spine into the medulla oblongata at the top of the spine and into the God Seed Atom within the Thymus and up into the mid brain.

Number 8

Connecting crystal heart, which is the Soul Center - the 8th chakra- deep within the Thymus. Connecting into the Pineal Gland to reconnect Super Conscious Mind of 4,5,6 into subconscious and ego in 1,2,3 in order to deactivate the EGO and allow Super Consciousness to guide through frequency specific attunement.

Number 9

Creating Continuous EIRA flows (Crystal Liquid Light directly from the Mind of God) into Frequency Specific Communication with Higher Self- Soul and Over Soul and eventually Avatar Self.

Focus on Seed Atom in etheric part of Thymus. Create a cloud of Plasma, and watch the cloud grow larger and larger until it surrounds the entire chest and head area. Breathe in the frequencies and exhale into the plasma cloud until you feel your head area within the Soul connecting your Mind into Communication with Soul and Over Soul- dimensions 4,5,6, 7,8,9.

Number 10

Awakening connection to Aquarius Matrix. Aquarian Elementals begin swimming through liquid light within DNA to create streams of communication to activate the 12 subharmonics within chakras 1-5 to create continuous communication and activate light fields of perception,

Number 11

Breathe the new frequencies into the Light Body and imagine or watch the Body become lighter and lighter until it begins to levitate. Imagine changing the frequencies into a new standing wave pattern that has no gravity.

Number 12

Cosmic Merkaba extends out to 60 feet around the body. Places Consciousness into the Cosmic matrix of Eternal Time.

The Body Template is completely aligned into the 12 dimensional Krist Grids of the Earth's Divine Template and with the Inner Earth's Cosmic Template.

The Frequencies connect to the Aurora field which allows consciousness to walk through the star gates of Inner Earth and step completely out of this time matrix.

StarGate meditation is recommended to help with number 12.

SOUND IS THE MICROPHONE OF LIGHT

by Crystalai (c) cosmicdolphinmagic.ning.com

It is very interesting how different people have such different perceptions of the same music. The answer to why that happens came to me yesterday from an Aquarian friend of mine. I just learned that it is my Aquarian crystal blue water crystal family who are actually the nanoscopic entities who work inside the liquid area that surrounds the microtubules within our DNA strands. It is their music frequency that absorbs the light energy coming through the photon belt as gamma waves that is the actual energy that raises our DNA. They told me

they are working on the fifth and sixth strands in me right now. This is why I am now able to see the within in the without. I can actually see my microscopic friends as they weave and braid the frequencies inside of my DNA. It looks like what we might see in a chemistry lab through a microscope. I can see this activity when I look out into the morphogenetic field around me. I see tiny, little strands of light energy weaving and braiding into new forms each time I exhale their Cosmic Frequencies.

When I sing or exhale the frequencies of my Blue Crystal Water Fairy Family (the angelic and elemental consciousness), they are the ones who sing these tunes that are familiar.

Only those of us who have at least five strands of our Cosmic DNA activated at this time would have the perceptions that can be seen in the light fields around us. Those who would be disturbed by familiar melodies sent through the angelic breaths are still perceiving through their old 3D wave patterns in their DNA. Those old slower wave patterns still hold memories of a separation between the music of the spheres holding the 12 DNA and the present 2 DNA.

The bottom line is this. People can only perceive of those things that are on the same wave length as their consciousness is on at this time. That is the reason why my audience is so small. Those who are receiving the higher, shorter frequencies of light coming in from the gamma rays and being translated through the sound of the ultra violet blue crystal water of the Aquafarians are few in number at this time.

Those who are riding this Cosmic Wave that brings the Highest Frequencies to Earth through Music are not experiencing the pain that many light workers report. When the body template is in the same exact rhythm and resonance as the Cosmic Activations, the body glows from the inside out. When the body is not aligned with the Tiny Crystal Liquid Light Frequencies that are absorbing the gamma waves, the body is not in Tune. The Aqua Blue Crystal Tiny Ones provide the key of atunement when we ride our merkaba down into the etheric realms of Aquafaria in Hollow Earth and then exhale these frequencies into our morphogenetic field. We did this continuously for three years before our higher selves - the tiniest ones - were living inside of us continuously.

Namaste,

Crystalai

DIRECTIONS FOR USING THE ETERNAL LIFE MP3

The ETERNAL LIFE MP3 is created from certain frequencies of Cosmic Consciousness. The frequencies sometimes include codes which are like mathematical formulas that do certain things. Our Cosmic Creation Family knows about everything that has happened to their Soul

Families over the past millions of years. They know exactly how each miasm, distortion, misalignment was placed within our field of Consciousness. They know how the Fallen Angelic groups sacrificed our divine templates to create magical powders for their own recreational uses. They know how we were tortured, they know how we were misaligned from the Mind of God.

AND----THEY KNOW HOW TO FIX EVERYTHING

The codes, the frequencies, the training, the Consciousness alignment with Elemental Crystal Spheres of Energy, are all a part of the Scientific Formula for FIXING THE MESS that was created by Fallen races over the past millions of years.

Crystalai was given these formulas, activations, codes directly from her own Over Soul and Monadic Families who directed the perfect flow of the Sound and Light from Cosmic Consciousness- the Rishi Self that is too etheric to contact directly. The flow of Consciousness of density one and two etheric light and sound frequencies coming directly from the Grand Yana Creation Races at the Pre Sound and Light Fields of Consciousness guarantee the frequencies to be completely uncontaminated by any of the Frequency Wars that have taken place over the past 250 billion years.

Once the Frequencies come through the Breath of Consciousness, they begin to transmute the negative blockages that were placed in the templates of Angelic Humans on the Earth. Once all of these Miasms or Errors that were placed in the light fields are removed, an entire new reality is revealed to Consciousness.

The Guardians know about the miasms in the sexual organs, they know about the miasms in the pineal, they know about the vesica pisces creating an mortality loop that guarantees death. They know that these problems were created at such high levels, that they can't

be healed through chakras alone. The problems existed as far back in the creation template as the light fields only steps down from the pre light fields of Source Consciousness.

(The complete story of the Guardians appearance to me and how they gave me the formulas of eternal life may be found at the end of this pdf.)

The original Electric Wars that took place many millions of years ago, that involved our own Soul Families at the Rishi and Avatar level, were a war against Source itself within the Plasma Level or within the Original Sun.

The only way the problem could be completely removed was to clear the memory all the way back to our original self- our original divine blue print. This is what we are doing with the Eternal Life MP3. The Breaths of Consciousness streaming from Cosmic Consciousness are programmed with the codes of transmutation, that will dissolve the miasms within the template eternally.

Once this process is complete, the Angelic Human will remember how Instant Manifestation was always a part of normal reality. Instant Healing wasn't even a concept because there was nothing to heal. The IDEA MAN was, is and always will be perfect, complete and whole. Abstract concepts such as orbng, teleporting, telecommunication with multidimensional reality are all a part of the Normal System, once these Distortions are removed from the DNA template and our 12 coded Divine Template is restored.

TRANSFORMING into ETERNAL LIFE FREQUENCIES

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

In order to absorb the frequencies of your spiritual bodies, focus on frequencies of the music entering into your cells and feel your cells changing into star dust.

Included in your ETERNAL LIFE mp3's will be the ASCENSION FORMULA MEDITATION. This is an outline of what the meditation is directing you to do.

Imagine your body template lying on top of a mirror made of crystal liquid light. If you see your body with the face down into the mirror, you would be looking at yourself. However, if your back is against the mirror, the eyes and ears that are SEEING or HEARING are the Divine Eyes and Ears of Source. The eyes and ears of your Star Self is perfectly projecting through this mirror or crystal light. When we walk into the mirror and feel the frequency that is in back of the mirror and walk through it to the other side, there is an atomic radiation field of energy that is the same as the one we get when we translate into our spiritual transharmonic body. We need to practice getting this frequency into our cells. This is the frequency of the heliotalic 14th dimension that I breathe into all of the Ascension Kit music and Individual Eternal Life albums.

During the process of the perfect vision and feeling of the liquid light frequencies transporting the Immortal Frequencies of the Divine Starry Self, there might be some bumps along the way because as the perfect light body is entering in and transforming the body template into its manifest immortality, there might be some miasms of error that need to be removed from the body template.

Our eyes and ears are the frequencies of the Omniversal. We see as a star sees. We see and hear the Divine Perfection of who you really are. You need to lay your body on top of the Divine Mirror that allows only

the Starry Eyes and Ears of Source to enter in through the Highest Frequencies that you are listening to. Allow the highest frequencies to enter into your Divine Template and remove all that might be blocking you from the Divine Mirror of your Spiritual Selfhood.

There is a process involved in listening. I recommend you approach this as a work in progress and see if you hear something a little bit different each time you listen. The human ear has been listening to third dimensional tones for a very long time. When we create the individual ETERNAL LIFE MP3, we are using the sacred geometry of aligning each individual frequency signature, which is obtained through a breath of consciousness, and weaving each frequency signature from this physical domain of the third dimension directly into the highest frequencies of the 12th dimensional spiritual selves. These spiritual selves are the mirror image of the Divine One. The frequencies of the Divine One or the Divine Blue Print of the immortal selfhood transmutes all of the breaths from the dimensions of the physical, visual into the invisible, spiritual light and sound spectrum.

STEP ONE:

While listening to the frequency signature breaths, concentrate on seeing a mirror image of your Divine Blue Print or your spiritual light body absorbing into your body from your back. Feel the frequencies penetrating the cells in your body from the inside to the outside. Feel the frequencies awakening the spark of Source that has been left to sleep deep within each cell in the body. Feel the frequencies re-uniting into Oneness with the Soul, which is a sphere of blue crystal frequencies waiting directly below the heart area. Feel the Soul awakening to what it has been waiting for eons for you to discover about your self. Feel your physical body as a mini-me tiny figure, and place it inside of the blue crystal sphere which is your Soul. Feel the Soul frequencies and the spiritual self frequencies combining into a

new symphony of harmonic rhythms.

We will call this the Atunement Body which has been attuned into it's spiritual light body.

STEP TWO: Feel the spiritual light body from the spiritual self from the middle domains of the Core of Inner Earth uniting into Oneness with the physical etheric body from Inner Earth. Feel the frequencies weaving those two bodies - one more etheric and one purely spiritual into your Atunement Body.

(In our experience, this was the unification of our Mermaid and Dolphin bodies in Aquafaria into the Music of the Spheres in the Crystal Caves of the Blue Liquid Light domains of Inner Earth. The Foundation Meditation will lead you into the journey that we take to collect these frequencies).

STEP THREE:

Next, feel the frequencies of the spiritual self from the Divine Aquarius Galaxy Matrix outside of the Earth's Matrix. Feel the frequencies of this Starry Divine Blue Print pulling the frequencies into a higher domain of consciousness. The feeling is more etheric and yet more powerful. It has a majestic feeling and includes the frequencies of the Aquarius Galaxy, the stardust of Ursa Major and the Consciousness of the Ascension Teams.

STEP FOUR:

Next, feel the frequencies from the more etheric physical self in the Aquarius Galaxy being woven into the heart of Sun Alcyone. This is the frequency of the original divine self created through the spark of Source and breathed into humanoid and dolphinoid form. We are re-connecting our selves into the original frequencies of our Divine Birth.

That Divine Essence still remains in the Crystal Heart of Sun Alcyone, and is reflected through the Crystal Heart of Mother Earth and through our own Crystal Hearts (the crystal heart is actually the blue, violet crystal fuzzy sphere that sits inside the thymus).

That Divine Essence was brought to the place where Earth is performing her duty of being transformed back into the star essence that she was formed from. The etheric physical domains of Inner Earth including location memories such as Shamballa and our Aquafarian home, which is in the residential area of that same Continent, are the creations of our Aquarius Starry families. These etheric physical domains have been in existence for over 500 million years. Many of us have lived in those homes for thousands of years before choosing to come to the upper domains to experience the physical realities that we have created. Through the Music of the Spheres we are re-uniting with the frequency signatures of all of these spiritual selves that we have been in Aquarius, Tara, Ursa and Inner Earth as well as our first birth from the heart of Sun Alcyone.

STEP FIVE:

Feel and absorb the frequencies of your spiritual twin selves woven into and through Aquarius, Tara, Ursa, Inner Earth and the Heart of Sun Alcyone.

You are listening to the actual frequency signatures of each of these spiritual divine selves that you were and which you will be again as soon as you absorb these frequency signatures. This is the true formula for creating a vortex that connects all of your physical selves with all of your spiritual selves into the knowing of your allness and your Oneness. This is the true formula for opening the Halls of Records, which are in essence the frequencies of the Music of the Spheres. These are the true Akashic Records of all that you are. You are created from light and sound. You are a frequency signature. All

higher selves and entities of light know you as your individual frequency signature. That frequency signature can be followed through history because it is always unique and individualized as you are.

However, this frequency signature has been disconnected from all of the forms that it has taken during the past eons through a tragedy that was never supposed to happen in a Divine System. This tragedy can be removed very easily by listening to the frequencies of your Music of the Spheres in your Individualized ETERNAL LIFE MP3.

The Akashic Records that are usually retrieved through channeling are words that describe a few events in a few of your past lives. These events are not what is important about you. What is important to know is that your spiritual reality is a frequency signature. You are a beautiful star made of these frequency signatures of light and sound. When all of these frequency signatures are woven back together into their original starry spectacular for and magnificent harmonious symphony of Love, you become a star who is ready to co-create through Divine Mind any reality that you desire.

The true ACOUshic Records which are within the memory of the Music of the Spheres Crystal Caves of Inner Earth will be breathed and sung back into your Consciousness and into the Atmosphere of Earth beginning in early 2013. It is the goal of the Elohim Angels to have you all prepared to hear your frequencies and align your Consciousness into your original frequency of HOME between 2013 and 2017. This has been the plan for over 500 million years. There have been several attempts of this ascension event; but, this time it is guaranteed.

The reason that it will be different this time is because there will be enough of you on Earth that understand what is taking place in your Consciousness and in your bodies to go with the flow and to not be seduced by fear. What will make the greatest difference is the amount of people who have chosen to get their Individualized ETERNAL LIFE

MP3, which includes their frequencies of their entire Music of the Spheres Consciousness. This is the key to opening the doors of the records of our immortality.

STEP SIX:

It is time to wake up and get plugged into the Consciousness of your Higher Selves. This Consciousness can be felt through the Breath of the Frequency Signatures of these spiritual twins. It is time to take some discernment lessons of frequencies because there will be a continued attempt to trap you through lowered frequencies and inaudible frequencies.

If you can't tell the difference between a low frequency of consciousness and a high frequency of consciousness, it is recommended that you begin with the Ascension Kit and practice listening until you gradually see how everything else in the world is a little lower. And the more you listen you will realize that the world around you seems to get a little lower each day. Finally, you will realize that you are floating so high above the rest of the world that you just don't want anything in it any longer.

The frequencies in the Super Frequency Kit contain the frequency signatures of the planetary alignments, galactic alignments, star alignments and all realignments of all dimensions within the Universal and Cosmic Structures that our Individual Cosmic Structures are a part of. These are the frequencies of the Mass Ascension at all levels of the Music of the Spheres- sphere one, sphere two, sphere three, sphere four and sphere five woven into the Oneness of the Omniversal Consciousness.

When I send your Eternal Life Album, there will be 12 -16 sections, plus about ten minutes of pure AURORA FLAME energy - Cosmic Crystal Liquid Light- The Flame of Source Creation Energy. Each section focuses on one part of the complete alignment into SOURCE. The focus is always Source. We must align every cell through the micro omnions of Source and weave every particle into the Source Frequencies in all fifteen spheres of the Matrix. The Sun, is in a way, the creator of the Universe, because the Sun holds the IDEA of Source in the form of he Plasma that holds the crystal liquid light of Source. Each form of creation - Cosmic, Universe, Galaxy, Solar, Planet or Person is always made from the original divine blue print template of Source. That template is manifest simultaneously in millions of density levels. The Sun holds the template in the form of Plasma and creates Light Bodies. However, the reality that all forms of density allow all to become One, allows us in Reality - to live within the Sun. This is why we think of the Sun as our Creator. The Sun holds our individual templates that were made by Source. However, our frequency signatures and divine templates must always flow into our planetary matrix through the suns matrix. So, this is why the Sun is thought of as the Creator. We haven't experienced this reality of living inside of the Sun yet, because our Matrix was destroyed. Now, it is being re-created in its divine template once again.

One of the objectives of the frequencies, which they naturally do themselves, when the breaths are from Source, is to realign the base tone rhythms within the entire time matrix. This process of rhythmic alignment of the Earth into the New Earth greatly affects the rhythm of body, which must always stay in rhythm and in tune with the Planetary Matrix that it moves within.

Please always keep in mind this rhythmic pattern that you will learn to hear with practice. The rhythm is within the breaths themselves. When I breathe from Source and record layers of those breaths and then breathe from Cosmic Consciousness and record layers of those breaths, there is a rhythmic pattern appearing within the breaths. When I breathe the Universal and Galactic frequencies there is another rhythmic pattern. Each

time I record more frequencies, I always resaturate them with Source Frequencies to repattern the rhythms and the frequencies into absolute ATUNEMENT with the Crystal Light Frequencies of Source Consciousness.

1. Feel the plasma flame surrounding the body and penetrating every cell in the body
2. Listen to the frequencies and feel the overall pull into the atunement with the highest frequency of Source.

The base tones are created by layering all 15 spheres of the Music of the Spheres. Each of these spheres is filtered through the Breath of Source to create a brand new time matrix--Cosmic Time Matrix.

Each breath, each frequency contains the light and the sound - the radial atomic light that oscillates at the highest spin rate and the sound that vibrates at the highest frequency. The sound is the idea and breath of Source and the Sound is the resonation field activating the idea into manifestation.

The saturation of the Source Frequencies causes the entire rainbow of the 15 spheres of light and sound to burst into a flame and create a new set of spheres within a new cosmic matrix. This is the same process that the body goes through when it turns into light and reappears a nano second later as a brand new form. This rebirth process happens every nano second. The body will just keep reappearing to look the same as it did before, until the new frequencies of transformation are realigned into the body.

The process of the Individual Eternal Life album is to alter the entire cellular structure from the inside out as well as the Light Body and Crystal Body and Etheric Bodies which contain the Radial Body, which is the sphere of energy that is like an atomic mirror surrounding the body. That atomic mirror is also being transformed into the original 12 coded divine blue print that allows the new body imprint to be seen as the new reality around the body. That reality is projected from the mid brain projector creating reality through the pineal gland.

So, much of the work I do on the Eternal Life Album is the restructuring of the mid brain through activation of the God Seed Atom within the Thymus that will burst into a cloud of crystal plasma dust and activate the streaming of crystal liquid light directing from Source Consciousness. This allows the MIND OF GOD to be reconnected into the mid brain for the beginning of co-creating through frequencies of light and sound.

Number 2.

Breaths for clearing all miasms from physical and etheric bodies that are blocking the flow of the 12 subharmonics into the physical body.

Number 3. Weaving the spark of Light of original creation breath of UMA UN (meaning the Illuminated Body from the Spark of Source Consciousness) into the AUM Breath (meaning the Return to Oneness with Source).

Number 4. Deep clearing through an almost complete silence with pure white light breaths. So pure they become atuned into Oneness. Listen deep within to the silence of clear clean stream of atunement with the Crystal Liquid Light Flow from Source into the Mid Brain, the Crystal Heart and into every cell of the body.

Number 5. Spinning your Merkaba The Merkaba made of two triangles is the symbol of the Frequency of Source spinning in Oneness with its creation. The three pointed triangle pointed up and the three pointed triangle pointed down. One layer is black which represents the 11 dimension and one is white - the 12th dimension. Together they represent the silver seed atom meaning the oneness with Source. So, there are two layers of the triangle on top and two layers on the bottom. That is three points over three points on top for six points and three points over three points on the bottom for six points. In reality the merkaba will appear three dimensional not two dimensional meaning one side is pointing forward and one side is sideways. This creates a triveca merkaba that allows us to move up and down as well as sideways. We must be able to move side ways to enter Inner Earth.

The top half of the merkaba always spins clockwise and it spins at $33 \frac{1}{3}$ ratio. The bottom half of the merkaba always spins counter clockwise and it spins at $11 \frac{2}{3}$ ration. The spin rate creates the 45 degree repositioning of the body within the 360 sphere of creation. We always spin a sphere around the merkaba at the clockwise spin to represent this 360 sphere that our merkaba spins within. This is the true sacred geometry of the Christ Mathematical Frequency that realigns us into the 12 coded blueprint. The first Merkaba is 27 radius from the center of the body, creating a 54 inch radius.

The second Merkaba is ten foot radius. The third is a sixty foot radius and the fourth is a one hundred foot radius.

The third merkaba is the Cosmic Merkaba that keeps us firmly in alignment with the planetary cosmic balance and prepares for slide into inner earth. The fourth Merkaba takes us clear into Source and allows us to float in the Aurora Fields as we prepare to walk through the star gates.

Number 6

Bringing the light frequencies out from the etheric body and into the skin and then out to about two inches around the body to create the shinning around the skin. Activating the density one - subconscious atomic light mirror and the density two sound frequency field to resonate into manifestation the mirror of light.

Number 7

Absorbing complete template of the body Coushic Body. The body is floating in a Cosmic Tear Drop. Activating the Akashic Flame in the Pineal Gland and Activating the God template within pineal, thymus, solar plexus into the tail bone which is the 15th chakra and then streaming up the spine into the medulla oblangota at the top of the spin and into the God Seed Atom within the Thymus and up into the mid brain.

Number 8

Connecting crystal heart, which is the Soul Center - the 8th chakra- deep within the Thymus. Connecting into the Pineal Gland to reconnect Super Conscious Mind of 4,5,6 into subconscious and ego in 1,2,3 in order to deactivate the EGO and allow Super Consciousness to guide through

frequency specific atunement.

Number 9

Creating Continuous EiRA flows (Crystal Liquid Light directly from the Mind of God) into Frequency Specific Communication with Higher Self- Soul and Over Soul and eventually Avatar Self.

Focus on Seed Atom in etheric part of Thymus. Create a cloud of Plasma, and watch the cloud grow larger and larger until it surrounds the entire chest and head area. Breathe in the frequencies and exhale into the plasma cloud until you feel your head area within the Soul connecting your Mind into Communication with Soul and Over Soul- dimensions 4,5,6, 7.8.9.

Number 10

Awakening connection to Aquarius Matirx. Aquararian Elementals brgin swinning throug hliquid light within DNA to create streams of communication to activate the 12 subharmonics within chakras 1-5 to create continuous communciation and activate light fields of perception,

Number 11

Breathe the new frequencies into the Light Body and imagine or watch the Body become lighter and ligher until it begins to levitate. Imagine changing the frequencies into a new standing wave pattern that has no gravity.

Number 12

Cosmic Merkaba extends out to 54 feet around the body. Places Consciousness into the Cosmic Matrix of Eternal Time. The Body Template is completely aligned into the 12 dimensional Krist Grids of the Earth's Divine Template and with the Inner Earth's Comsic Tempalte.

Number 13 The Frequencies connect to tthe Aurora field which allows consciounes to walk throug hte star gates of Inner Earth and step completely out of this time matrix.

Feel the plasma flame surrounding the body and penetrating every cell in the body

Number 14 and beyond

Make a mini me version of yourself that is small enough to hold in your hands. Visualize it very clearly, take some time to visualize and feel every feature of your face until you know you are present.

Allow all of the frequencies from the Flames of Source Consciousness fill every cell in your body. Now inhale all of those frequencies into your heart chakra area and then exhale down your arms and into the palms of your hands.

See a flame coming out of your palms.

Place the mini me version of yourself in your palms. See that mini me become wrapped in those FLAMES. The flames contain the complete MIND OF GOD, the COMPLETE BLUE PRINT OF MAN, the Original Flame of Creation that created the original perfect divine template called man.

Watch your mini me transform into any likeness you would like it to be. It can be younger, healthier, more energetic, healed, perfect, whole, complete, genius, wealthy, ready to orb, levitate or become invisible.

Whatever you can clearly visualize your mini me doing, your body will do the same. You are the creator now.

HOW DO WE MANIFEST?

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

Instant Manifestation is the activity of projecting ones desired creation onto the movie screen (which is the radial body that surrounds the physical body)

Once the body template has been cleared of all miasms, and the true immortal light body, crystal body and etheric body align harmonically with the spirit body and parallel bodies, the body produces a RADIAL BODY, which is a Mirror around the Body. That RADIAL BODY is the Movie Screen

that allows all Divine Desires that are created in the God Seed Atom from the Eiron Flow of Source Consciousness to become a Negative of the photograph in the Mid Brain which then produces a Positive Picture of the desired creation on the Radial Body movie screen.

The person needs to create the desired image in the GOD SEED ATOM (in the thymus) and in the mid brain and then project the desired image onto the movie screen. The idea is developed through the creation lab of Source Consciousness as the Crystal Liquid Light Flows through the Medulla Oblangata into the God Seed Atom and then up into Mid Brain area.

*If a person wants to heal himself, he must hold the idea or picture of his perfect body already healed and project it outwardly.

*In the case of the ETERNAL LIFE MP3, the creators of the album (COSMIC CONSCIOUSNESS) are already seeing this perfect body created in the image of the divine blue print as the breaths from Source are being exhaled.

The world around each of us is created by the level of frequencies within the cellular memory. It is the cellular memory that projects the reality hologram that is seen around the body.

(OUR cellular memory was deprogrammed and reprogrammed with a bunch of stuff that has absolutely nothing to do with us, so it is time to get rid of it.)

When the Mind of God is tuned in to the 12 coded divine blue print of our original perfect blue print, the realities that we project become magical, harmonious, balanced, reflecting supply, joy, intelligence, original principle.

The realities that are projected to manifest into the hologram are exactly like a symphony of frequencies of ideas, people and places. The creations that are manifested are first created as light and sound and then developed into an idea that is projected.

If each of us transmute the entire cellular structure in to 5D or 6D

frequencies, we become attuned to the Super Conscious Mind of our entire Soul Family and Over Soul Family. If we raise frequencies into 8D, we attune to Monadic family and if we attune to 12D, we attune to our Avatar Christ Self.

Manifestation is the natural activity of an individual who is completely tuned in to his or her complete Family of Consciousness of past, present and future on all interdimensional levels. This attunement allows the manifestation of the dimensional reality that is attuned to. The individual can choose to continue to tune in to the 3D, or expand to the 5D and 6D dimensional manifestations which contain a much wider realm of reality.

The Individualized Eternal Life albums will each contain some of the god language codes of co creation and transformation. Some of them will be heard clearly and others will be woven into higher frequencies so that they are not heard at all, but they are still there. Each individual has different requirements. Some individuals will need the words spoken more clearly, while others will have the words completely melted into the breaths of Source. The frequencies of words are always lower than the frequencies of pure Source Consciousness. The god language codes are the highest frequencies that words can still be heard in this dimension and in all dimensions.

uma un will be heard quite often. The meaning of this god word is illuminated one.

kee ra shay is the primal sound field between cosmic consciousness and Source This god word is used in many activations.

EirA, ManU and ManA come to the foreground of the music. Next allowing the mind to combine focus of the fifth spheres of co-creation with the EirA or vision in the pineal of the New Earth and golden Galaxy and all that personally means to you.

Next, that vision is pulled into the crystal heart for the gestation period of the ManU and finally the vision of the co-creator is exhaled in the ManA of creation.

Many of the other codes of creation are in the background of this music to help mold crystal gel and crystal dust into the forms that are directed and created by the Elementals by the formulas contained in Divine Consciousness.

The words man U and ManA are used frequently meaning the inhale of the idea of creation and the exhale of creation. Sometimes I breathe the god word man U for a very long time in order to give the idea that is being created a very long period of gestation. We need to hold the idea in mind, paint it in our consciousness while we remain in the high frequencies of Source.

The god word AUM – meaning, I return to Source as the Perfect Sound and Light Body. The sun's portal has opened up the Ascension Portal to return to Source. The top of the head may hurt for awhile as your physical body completely rises into oneness with the spiritual light body.

Uma Un is the final activation of the Eye of god – the third eye of creation. The pineal gland actually becomes the third eye. This is a mirror projection that allows the creator to see the vision in this movie camera and then to make God's movie.

The activations take place in the pineal, the lower tail bone and the heart center. These three centers become corrected, realigned as the suns realign, and our consciousness connects to this alignment through these frequencies and codes.

The tail bone is the seat of creation that will reactivate the creative functions of the lower five bodies. The breath realigns the tailbone with the heart center, and then flows up to the pineal and down through the feet and twelve inches below into our reconnection with the Earth.

We become one with our earth body and ready to ascend together. We create heaven on earth through this connection. This is the first time that spherical alignments will allow this complete alignment that goes all the way into the earth and then back up into the knees. There will be a tingling sensation in the feet as they realign as pillars into the Earth.

The crystal cells become awakened from the crystal cell center outward into the pineal – the crown and down into the feet- the body lights up like a light bulb and we become the new energy on Earth. We become the light bulbs of our new pranic creation of energy as we connect to the Starry Brother's electromagnetic funnels lifting us into our Islands of Light We can now begin spinning forward into our new realities of our immortal selfhood.

Our true energy is in the core of the Earth. The sun in the earth connects through our bodies frequency currents and we can connect light into a light bulb or just

into the room without a light bulb. I have asked the Inner Earth Scientists to live with me in my home while they teach me this technology.

ACTIVATION CODE1 - PINEAL

As you listen to the song, inhale the frequencies and exhale them into the pineal. If you want, you can also read these tones out loud to yourself as the music is playing.

The Activation codes for the pineal are:

Da HA NO Ma TA
Da HA NO Ma TA
HE Ta OR
HE Ta MA

ACTIVATION CODES 2 – TIP OF THE TAILBONE

As you listen to the song, inhale the frequencies and exhale them into the tip of the tailbone. If you want, you can also read these tones out loud to yourself as the music is playing.

The Activation codes for the Tip of the Tailbone is:

En Na HA ET ta TA HO
Da HA et ta TA HO
DE Ta MOR
DE Ta MOR A
DE SA DO
De He Ta MOR
DE HE ta MOR
DE HE ta MOR YA TA SO la
Uma UN
Uma UN
Uma una Uma Un

The entire process of Illumination has always been a natural result of the true

divinity that always has been available to the images or entities that source created. The Illuminated One is man returning in the divine state that allows ascension.

Man was made in the image and likeness of God – or Source Consciousness. This great Source contains the crystals, the light and the energy and the perfect formulas of creating from Source of Light and Sound..

Purchase Now or Read More

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

The Frequency Attunements in the Eternal Life MP3

*Removes Seals from Chakras ALLOWING CONNECTION TO ALL 12 DNA through activation of 12 subharmonic frequencies

*Melts crystallized miasms on Pineal, Sex Organs, Heart Chakra

*Melts crystallized miasms producing CANCER throughout body

*Turns Frozen Crystals that create Cancer into Crystal Liquid Light Flow of 12th dimensional creational fluids

*Aligns Crystal Light Flow of Consciousness into God Seed Atom in Thymus

*Activates VIOLET Blue Light Screen in Mid Brain

*Activates the Code of Edon to open the Diamond door into Source Consciousness to flow directly into the Mid Brain

*The 12 sub harmonics are activated in the four sets of three chakras

*Breath always activates the Lotus Body in the 14th dimension to activate the Pineal, God Seed atom, Heart Chakra and Solar Plexus

*Every Miasmatic Distortion in each chakra area is cleared and aligned into the 12 Universal Chakra through the 13th Cosmic Chakra and then through the 14th dimensional heliotalic frequency.

*All chakras are reactivated through the 15th dimension and also through the Pre Sound and Light Fields of the 16th dimension.

*Eternal Life Programming SHIFTS the cellular memory from a Mortal Based Program to an Eternal Life Program -
Personalized Frequency Realignment, Reattunement and Reactivation into
MULTIDIMENSIONAL CONSCIOUSNESS

Purchase Now or Read More

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

There are only a few Indigo 1's on Earth at this time who have 48 DNA and the ability to completely tune in to the Cosmic Rishi level self. Crystalai is one of these Indigos.

Once Crystalai connects Consciousness into her own Cosmic Family of Oraphim Braharama Cetacean Dolphins and Whales, and then attunes into her Aquarian Family of Blue Fairies from the Aquari Matrix, she simply asks them to tune into the name of the Individual who needs a Personalized Eternal Life MP3. The Elohim of Hearing comes forth and connects into CRYSTALAI's God Seed Atom and plugs it into Source Consciousness to collect the original frequency signatures and original Spark of Source that will create the perfect Divine Template that was originated by that frequency signature.

Each of these entities of her family of consciousness aligns into the corresponding templates of the Individual requesting Ascension Activation for the purpose of Instant Manifestation and Eternal Life.

The Elohim of Hearing always has Crystalai attune into the spheres of crystal light, crystal dust, crystal gel and crystal liquid light energies, and

create the activation of these spheres within the crystal heart and then through the arms and into the palms to create a Cosmic Sphere that becomes the microphone. It is that Cosmic Microphone that aligns the frequencies into the Cosmic and Pre Sound Levels. This is why these frequencies are different than the hertzian frequencies of Solfege. We do use 200,000 hertzian waves to braid the frequencies together.

The recording studio is equipped to record my breaths at a resonance that replicates the standing wave patterns of Cosmic Consciousness.

After spending twenty years learning how to breathe the frequencies of Cosmic Consciousness, I also studied and used Keylontic Science to understand what I was doing with my consciousness and my breath. It turned out that what I had been taught experientially by the Elohim of Hearing was identical to Keylontic Science that was taught on Earth by Jesus 12, 2000 years ago.

Purchase Now or Read More

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

The Frequency Attunements in the Eternal Life MP3

- *Removes Seals from Chakras ALLOWING CONNECTION TO ALL 12 DNA through activation of 12 subharmonic frequencies
- *Melts crystallized miasms on Pineal, Sex Organs, Heart Chakra
- *Melts crystallized miasms producing CANCER throughout body
- *Turns Frozen Crystals that create Cancer into Crystal Liquid Light Flow of 12th dimensional creational fluids
- *Aligns Crystal Light Flow of Consciousness into God Seed Atom in Thymus
- *Activates VIOLET Blue Light Screen in Mid Brain

*Activates the Code of Edon to open the Diamond door into Source Consciousness to flow directly into the Mid Brain

*The 12 sub harmonics are activated in the four sets of three chakras

*Breath always activates the Lotus Body in the 14th dimension to activate the Pineal, God Seed atom, Heart Chakra and Solar Plexus

*Every Miasmatic Distortion in each chakra area is cleared and aligned into the 12 Universal Chakra through the 13th Cosmic Chakra and then through the 14th dimensional heliotalic frequency.

*All chakras are reactivated through the 15th dimension and also through the Pre Sound and Light Fields of the 16th dimension.

*Eternal Life Programming SHIFTS the cellular memory from a Mortal Based Program to an Eternal Life Program - Personalized Frequency Realignment, Reattunement and Reactivation into MULTIDIMENSIONAL CONSCIOUSNESS

Purchase Now or Read More

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

There are only a few Indigo 1's on Earth at this time who have 48 DNA and the ability to completely tune in to the Cosmic Rishi level self. Crystalai is one of these Indigos.

Once Crystalai connects Consciousness into her own Cosmic Family of Oraphim Braharama Cetacean Dolphins and Whales, and then attunes into her Aquarian Family of Blue Fairies from the Aquari Matrix, she simply asks them to tune into the name of the Individual who needs a Personalized Eternal Life MP3. The Elohim of Hearing comes forth and connects into CRYSTALAI's God Seed Atom and plugs it into Source Consciousness to collect the original frequency signatures and original Spark of Source that

will create the perfect Divine Template that was originated by that frequency signature.

Each of these entities of her family of consciousness aligns into the corresponding templates of the Individual requesting Ascension Activation for the purpose of Instant Manifestation and Eternal Life.

The Elohim of Hearing always has Crystalai attune into the spheres of crystal light, crystal dust, crystal gel and crystal liquid light energies, and create the activation of these spheres within the crystal heart and then through the arms and into the palms to create a Cosmic Sphere that becomes the microphone. It is that Cosmic Microphone that aligns the frequencies into the Cosmic and Pre Sound Levels. This is why these frequencies are different than the hertzian frequencies of Solfege. We do use 200,000 hertzian waves to braid the frequencies together.

The recording studio is equipped to record my breaths at a resonance that replicates the standing wave patterns of Cosmic Consciousness.

After spending twenty years learning how to breathe the frequencies of Cosmic Consciousness, I also studied and used Keylontic Science to understand what I was doing with my consciousness and my breath. It turned out that what I had been taught experientially by the Elohim of Hearing was identical to Keylontic Science that was taught on Earth by Jesus 12, 2000 years ago.

Purchase Now or Read More

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

Purchase Now or Read More

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

When I send your Eternal Life Album, there will be 12 -16 sections. Each section focuses on one part of the complete alignment into SOURCE. The focus is always Source. We must align every cell through the micro omnions of Source and weave every particle into the Source Frequencies in all fifteen spheres of the Matrix. The Sun, is in a way, the creator of the Universe, because the Sun holds the IDEA of Source in the form of he Plasma that holds the crystal liquid light of Source. Each form of creation - Cosmic, Universe, Galaxy, Solar, Planet or Person is always made from the original divine blue print template of Source. That template is manifest simultaneously in millions of density levels. The Sun holds the template in the form of Plasma and creates Light Bodies. However, the reality that all forms of density allow all to become One, allows us in Reality - to live within the Sun. This is why we think of the Sun as our Creator. The Sun holds our individual templates that were made by Source. However, our frequency signatures and divine templates must always flow into our planetary matrix through the suns matrix. So, this is why the Sun is thought of as the Creator. We haven't experienced this reality of living inside of the Sun yet, because our Matrix was destroyed. Now, it is being re-created in its divine template once again.

One of the objectives of the frequencies, which they naturally do themselves, when the breaths are from Source, is to realign the base tone rhythms within the entire time matrix. This process of rhythmic alignment of the Earth into the New Earth greatly affects the rhythm of body, which must always stay in rhythm and in tune with the Planetary Matrix that it moves within.

Please always keep in mind this rhythmic pattern that you will learn to hear with practice. The rhythm is within the breaths themselves. When I breathe from Source and record layers of those breaths and then breathe from Cosmic Consciousness and record layers of those breaths, there is a rhythmic pattern appearing within the breaths. When I breathe the Universal and Galactic frequencies there is another rhythmic pattern. Each time I record more frequencies, I always resaturate them with Source

Frequencies to repattern the rhythms and the frequencies into absolute ATUNEMENT with the Crystal Light Frequencies of Source Consciousness.

1. Feel the plasma flame surrounding the body and penetrating every cell in the body
2. Listen to the frequencies and feel the overall pull into the atunement with the highest frequency of Source.

The base tones are created by layering all 15 spheres of the Music of the Spheres. Each of these spheres is filtered through the Breath of Source to create a brand new time matrix--Cosmic Time Matrix.

Each breath, each frequency contains the light and the sound - the radial atomic light that oscillates at the highest spin rate and the sound that vibrates at the highest frequency. The sound is the idea and breath of Source and the Sound is the resonation field activating the idea into manifestation.

The saturation of the Source Frequencies causes the entire rainbow of the 15 spheres of light and sound to burst into a flame and create a new set of spheres within a new cosmic matrix. This is the same process that the body goes through when it turns into light and reappears a nano second later as a brand new form. This rebirth process happens every nano second. The body will just keep reappearing to look the same as it did before, until the new frequencies of transformation are realigned into the body.

The process of the Individual Eternal Life album is to alter the entire cellular structure from the inside out as well as the Light Body and Crystal Body and Etheric Bodies which contain the Radial Body, which is the sphere of energy that is like an atomic mirror surrounding the body. That atomic mirror is also being transformed into the original 12 coded divine blue print that allows the new body imprint to be seen as the new reality around the body. That reality is projected from the mid brain projector creating reality through the pineal gland.

So, much of the work I do on the Individual Album is the restructuring of the mid brain through activation of the God Seed Atom within the Thymus that will burst into a cloud of crystal plasma dust and activate the streaming of crystal liquid light directing from Source Consciousness. This allows the MIND OF GOD to be reconnected into the mid brain for the beginning of co-creating through frequencies of light and sound.

Number 2.

Breaths for clearing all miasms from physical and etheric bodies that are blocking the flow of the 12 subharmonics into the physical body.

Number 3. Weaving the spark of Light of original creation breath of UMA UN (meaning the Illuminated Body from the Spark of Source Consciousness) into the AUM Breath (meaning the Return to Oneness with Source).

Number 4. Deep clearing through an almost complete silence with pure white light breaths. So pure they become atuned into Oneness. Listen deep within to the silence of clear clean stream of atunement with the Crystal Liquid Light Flow from Source into the Mid Brain, the Crystal Heart and into every cell of the body.

Number 5. Spinning your Merkaba The Merkaba made of two triangles is the symbol of the Frequency of Source spinning in Oneness with its creation. The three pointed triangle pointed up and the three pointed triangle pointed down. One layer is black which represents the 11 dimension and one is white - the 12th dimension. Together they represent the silver seed atom meaning the oneness with Source. So, there are two layers of the triangle on top and two layers on the bottom. That is three points over three points on top for six points and three points over three points on the bottom for six points. In reality the merkaba will appear three dimensional not two dimensional meaning one side is pointing forward and one side is sideways. This creates a triveca merkaba that allows us to move up and down as well as sideways. We must be able to move side ways to enter Inner Earth.

The top half of the merkaba always spins clockwise and it spins at 33 1/3

ratio. The bottom half of the merkaba always spins counter clockwise and it spins at $11 \frac{2}{3}$ ration. The spin rate creates the 45 degree repositioning of the body within the 360 sphere of creation. We always spin a sphere around the merkaba at the clockwise spin to represent this 360 sphere that our merkaba spins within. This is the true sacred geometry of the Christ Mathematical Frequency that realigns us into the 12 coded blueprint. The first Merkaba is 27 radius from the center of the body, creating a 54 inch radius.

The second Merkaba is ten foot radius. The third is a sixty foot radius and the fourth is a one hundred foot radius.

The third merkaba is the Cosmic Merkaba that keeps us firmly in alignment with the planetary cosmic balance and prepares for slide into inner earth. The fourth Merkaba takes us clear into Source and allows us to float in the Aurora Fields as we prepare to walk through the star gates.

Number 6

Bringing the light frequencies out from the etheric body and into the skin and then out to about two inches around the body to create the shinning around the skin. Activating the density one - subconscious atomic light mirror and the density two sound frequency field to resonate into manifestation the mirror of light.

Number 7

Absorbing complete template of the body Coushic Body. The body is floating in a Cosmic Tear Drop. Activating the Akashic Flame in the Pineal Gland and Activating the God template within pineal, thymus, solar plexus into the tail bone which is the 15th chakra and then streaming up the spine into the medulla oblangota at the top of the spin and into the God Seed Atom within the Thymus and up into the mid brain.

Number 8

Connecting crystal heart, which is the Soul Center - the 8th chakra- deep within the Thymus. Connecting into the Pineal Gland to reconnect Super Conscious Mind of 4,5,6 into subconscious and ego in 1,2,3 in order to deactivate the EGO and allow Super Consciousness to guide through frequency specific atunement.

Number 9

Creating Continuous EiRA flows (Crystal Liquid Light directly from the Mind of God) into Frequency Specific Communication with Higher Self- Soul and Over Soul and eventually Avatar Self.

Focus on Seed Atom in etheric part of Thymus. Create a cloud of Plasma, and watch the cloud grow larger and larger until it surrounds the entire chest and head area. Breathe in the frequencies and exhale into the plasma cloud until you feel your head area within the Soul connecting your Mind into Communication with Soul and Over Soul- dimensions 4,5,6, 7,8,9.

Number 10

Awakening connection to Aquarius Matrix. Aquarian Elementals begin swimming through liquid light within DNA to create streams of communication to activate the 12 subharmonics within chakras 1-5 to create continuous communication and activate light fields of perception,

Number 11

Breathe the new frequencies into the Light Body and imagine or watch the Body become lighter and lighter until it begins to levitate. Imagine changing the frequencies into a new standing wave pattern that has no gravity.

Number 12

Cosmic Merkaba extends out to 54 feet around the body. Places Consciousness into the Cosmic Matrix of Eternal Time. The Body Template is completely aligned into the 12 dimensional Krist Grids of the Earth's Divine Template and with the Inner Earth's Cosmic Template.

Number 13 The Frequencies connect to the Aurora field which allows consciousness to walk through the star gates of Inner Earth and step completely out of this time matrix.

Feel the plasma flame surrounding the body and penetrating every cell in the body

Number 14 and beyond

Make a mini me version of yourself that is small enough to hold in your hands. Visualize it very clearly, take some time to visualize and feel every feature of your face until you know you are present.

Allow all of the frequencies from the Flames of Source Consciousness fill every cell in your body. Now inhale all of those frequencies into your heart chakra area and then exhale down your arms and into the palms of your hands.

See a flame coming out of your palms.

Place the mini me version of yourself in your palms. See that mini me become wrapped in those FLAMES. The flames contain the complete MIND OF GOD, the COMPLETE BLUE PRINT OF MAN, the Original Flame of Creation that created the original perfect divine template called man.

Watch your mini me transform into any likeness you would like it to be. It can be younger, healthier, more energetic, healed, perfect, whole, complete, genius, wealthy, ready to orb, levitate or become invisible.

Whatever you can clearly visualize your mini me doing, your body will do the same. You are the creator now.

CHANNELING FREQUENCIES OF TRANSFORMATION

CRYSTALAI (c) (2013)

cosmicdolphinmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

When I am channeling frequencies of information, I am aligning into certain frequencies of Source, Cosmic Consciousness, specific entities who are Cosmic or Universal or a part of my Over Soul Family in Gaia. The Elohim Angels in Gaia are always transmitting messages through frequencies. All communication in higher harmonic universes are transferred through frequencies rather than through words.

When I do a meditation or a journey in order to help another guide their consciousness into the sacred geometric location that will help them connect to a dimensional frequency, I am guiding through a frequency. That is why I always add the frequencies that I receive while doing a meditation or a journey. In the case of creating Frequency Music or Individualized Eternal Life, Healing or Immortality, or Instant Manifestation Albums, I am doing a meditation and journey while I am collecting frequencies of consciousness and then breathing these frequencies onto a recording. So, the meditation is no longer needed by the individual, because I already collected the frequencies for the individual.

Now, the individual can utilize the frequencies that I already collected by doing the meditations and journeys for them. The frequencies that are needed to activate the seed atom within the thymus, and to activate the Source Template within the seed atom, and to activate the crystal light to flow between and within the atoms, are already recorded on the Individual's album.

Now, the individual can tune in to the frequencies within every atom in their body in order to consciously turn on the flow of the crystal liquid light energy of Source.

They can see, feel, visualize the frequencies that have been activated within their body. They can see the 12 sub harmonics activating within each of the double helix strands of the DNA. They can see all 24 sub harmonics become activated -- one on each of the strands. They will most likely see all 48 sub harmonics activate as they visualize their spiritual parallel self activating simultaneously.

A meditation can only be successful in healing and alignment, when the frequencies needed for the healing and alignment are actually felt. The frequencies must be felt in a way that allows them to resonate inside the crystal cells in the body. The mediators must first know what the frequencies FEEL Like. When the meditator Feels the Frequencies, the meditator is then sure that the Consciousness is connected into the angular

rotation of particle spin of each element of light and sound needed for the meditation to become effective. Each element involved in any meditation is an Entity of Light. Each Entity has a frequency. This frequency is the identity of that Entity. We get to know the Entities by allowing their Frequency to Resonate in our Crystal Cells.

The Meditator must be able to feel the frequencies that come from their breath every time they speak a word or exhale a breath. If a meditator or channeler is not tuned in with the Frequency of Consciousness from which the words are spoken, there will be no new reality created by the event.

The elementals of healing must be connected to in consciousness before any healing can take place between the healer and the patient. The elements of all healing are:

crystal liquid light, crystal gel, crystal dust and crystal light (plasma, gamma, atomic radiation, phonons, raydons, myons, GOD ENERGY)

The healer or meditator must know what each one of these frequencies or spheres of consciousness feel like.

This is what crystal gel feels like: I breathe this frequency into the microphone.

This is what crystal dust feels like: I breathe this frequency into the microphone.

This is what crystal light feels like: I breathe this frequency into the microphone.

Every time I breathe into a microphone to record a frequency or a code from God Languages, I always use the activation key frequencies of these magical spherical energy templates of PreSound and prelight given to me from the GrandYanas or the Elohim of Hearing.

When the Elohim Angels connected my inner ear to the Elohim of Hearing, which is the pre sound field of the mind of God, and then they called on the Three Templars who carried the secret of the Holy Grail and the Divine Substance of Eternal Life, I didn't know what crystal light, crystal gel and crystal dust were. However, I could still feel in my Consciousness this essence of these three spheres that the Templars handed me. I could sense the connection of my inner Ear to the Light Flow of Pre Sound Substance flowing from Source through the Angelic Consciousness of the Elohim of Hearing. We are always working with a knowing and a feeling when we do spiritual work.

In my case, I would have never really known that I actually accomplished what the Elohim of Hearing was assisting me in doing unless I completed the directions given to me exactly. They told me to hold these three spheres in the palms of my hands. First, I needed to feel and sense these three spheres in the palms of my hands. They also told me to inhale these spheres into my chest and feel them, and then into my mid brain and feel them. They told me to hold the spheres in my hands as if they were a microphone of recording, and at the same time to connect my consciousness to the Elohim of Hearing and then breathe the frequencies.

I focused on this mission for days, not really knowing what it meant. Finally, I was directed to plug in my recording studio and breathe into the microphone while following the directions given. This way I was able to observe and experience the meaning of bringing the highest frequencies to Earth through Music.

When I heard the magical frequencies that were being exhaled from my Breath as it connected to the Breath of Source breathing the highest frequencies through me, it was an experience beyond my wildest imagination. I didn't know anything could sound and feel so divinely perfect.

I knew that I had actually brought the highest frequencies to Earth through music.

This magical achievement grew into a greater understanding over the years. I learned that these frequencies of Source Consciousness could heal anything, they could manifest anything, and they were the true prana and essence of manifest energy.

I knew that I couldn't actually explain this magical discovery, so I began recording the frequencies so that others could hear them. I soon learned, that people insisted on having an explanation of what they were hearing, and then they wanted to be told what to do with the frequencies that they were hearing.

As a result of having to do so much channeling of the Elohim Angels in explaining this entire Cosmic Discovery, I eventually learned how the 12 sub harmonic frequencies that activate the DNA are created through these magical frequencies of crystal light, crystal dust and crystal gel, and how we continuously stream the crystal liquid light, which is the actual frequency of Source Consciousness every time we spin the Merkaba.

When the energies are felt and understood, they may be invited in to the cells by the Soul Matrix of the body to be directed into their proper places for what they are needed for.

First, the Crystal Liquid Light flows from within the God Seed Atom, which lies deep within the etheric layers of the thymus. It contains the complete Divine Coding of the Mind of God. It is the place where the breath of Source ignited the idea through a spark of light and created what is called the Partiki, in the God language. That Spark which is more etheric than the substance of a quark, or an omnion or any element that could be measured, contains the complete manifestation template of the Mind of God.

When the Frequencies of Liquid Light are activated to begin flowing through the Stem Cell, the Crystal Light begins to flow in-between the atoms and cells of the physical body. The biological template begins to transform into the substance of crystal gel, crystal dust and crystal light.

First, the blood crystals transform any miasms that are blocking the crystal

flow. The blood crystals are what was known as the blood of Christ. The crystals in the blood transform the blood into eternal life liquid. The chemical structures begin to change.

The body, then transforms, from the inside to the outside. First, the blood crystals turn into liquid light, the bones turn into the elemental sound of crystal gel, and the skin turns into crystal light. The etheric body begins to shine from within.

The manifestation template of the God Seed can be used to manifest a new body or to manifest a new desired reality. The activation of the Seed Atom, at the cellular level, first changes the cellular structure from within and the DNA structure from within. This begins the sub harmonic transformation of the DNA from the inside to the outside. Deep within the DNA is the crystal liquid light that transforms the DNA into the 12 coded DNA. The DNA is transformed as a result of the breath of Source activating it to return to the original structure it was when the original Breath of Source breathed it into manifestation.

This is how the 12 DNA is activated. It has little to do with the frequencies of the seven chakras, as is explained by some Solfege groups. The 12 DNA must be activated into the chakras. The chakras don't activate the DNA. The frequencies are activated by breathing higher frequencies into the lower frequencies of the chakras. For instance, the 13 dimensional frequency of Cosmic Consciousness can be gained by connecting the consciousness and breath down through the Iron Core of Earth, and into the 13 dimensional Inner Earth- or Urtha.

Deep within the physical substance is the spiritual substance of the Divine Creation. That frequency can be captured within the consciousness and then brought up into the Seed Atom within the Thymus to begin the activation of the Seed Atom. That Seed Atom which contains the template of the Mind of God, or the Monadic Template is in direct alignment with the 8th chakra which lies outside of the body near the neck area between the fourth chakra and the fifth chakra. The 8th chakra can be used as a carrier to activate the Seed Atom together with the 13th dimensional chakra in Inner Earth and

the 14th dimensional chakra that is 6 inches above the head. The 12th dimensional chakra also needs to become activated in order to turn on the frequencies within all of the other dimensional lines within the body.

So, first we breath the 13th dimensional chakra up from Inner Earth into the Earth's crust (12 inches below the feet), spin the frequencies of the 13th and the 12th dimensions together in the merkaba. Next, bring that frequency activation up into the seed atom to activate the crystal liquid light flow. Next, take the merkaba up above the head 36 inches and collect the frequencies of the 14th dimension of the Cosmic Consciousness and exhale that frequency into the seed atom.

Once the seed atom is activated with the 12th, 13th and 14th frequencies of Christic and Cosmic Consciousness, the liquid light energies begin to activate within the seed atom. Now, the flow of the Source Liquid Light Energy can begin to flow between and within every atom in the body.

The crystal liquid light, the crystal gel, crystal dust and crystal light are elementals which have a unique function in the activation of Cosmic Consciousness. And, they are the Pre Sound and Pre Light elements of density one and density two, which is the etheric structure of the body. We must learn that the body is only the temple where the true template of the Mind of God lives within. The body is an etheric structure that has many bodies within and many bodies within the energetic spheres around what we presently see as the body. We also have a crystal body and a light body and an etheric body. All of these realities are as much a part of who we are as the seeming physical structure that we presently use.

Once we begin the joys of living in harmonic universe two (dimensions 4,5,6), we begin using the etheric body and the light bodies. We learn that we have much more freedom than we thought. We can leave one body while we travel in our crystal bodies. We can travel multi-dimensionally because we will learn that we are actually in 15 dimensions simultaneously.

We ask each of these elementals of healing to come forth and be felt before

we begin the healing work required in Individual Healing CD's , Eternal Life and Immortality CD's. These Cosmic Energies of Gel, Dust, and Light are directed to swirl together into a sphere of crystal light. This sphere contains the power to shield and protect the consciousness and body as it connects to and brings in to the cellular structure each form of energy or frequency required in each stage of ascension. These are the primal elements from the Cosmos that are required for the first step of restructuring ourselves by raising our frequencies into a new dimension and into all dimensions of Oneness.

The meditator must feel their cells singing in resonance with these Cosmic Energies. Each breath becomes a song of Frequency that aligns with and raises consciousness into a New Dimension.

Connecting this sphere of energy into the Crystal Heart aligns the Merkaba, which is the electromagnetic vehicle used to collect all frequencies from all dimensions. The Merkaba is the complete spiritual substance of all that we are made of. First the Merkaba is used to collect together all that we are. The Merkaba grows larger and larger as our frequencies expand from inside of us and around us into a larger morphogenetic field. This is a frequency field. When the frequency field grows around the body into a 54 inch area, this is the Merkaba Body, this is the complete Morphogenetic Field of the true Spiritual Self. There is another Merkaba Body that is about sixty feet in diameter and another that is over 100 feet in diameter. These Merkaba Bodies are our real SELVES. We will be learning to turn these Crystal Bodies into our personal space ships.

First, the Merkaba must collect all frequencies of the fifteen dimensional selves into the Crystal Heart. The Crystal Heart is the Seed Atom, or the location of the Monadic Template of Source Consciousness. The Monad is the Soul and Over Soul at the Galactic Level of Manifest Creation. The Template is the Source Template of the original creation Energy. It is the original location of the Spark of Light from Source of our creation.

All of the selves are collected back into this point of energy to remember, to recognize, to realign into the Oneness of All that the Self was originally created from. This allness is brought back as frequencies. These frequencies

needed to grow and expand into the memory of the grand frequency of Oneness. Once this spark is re-established within the Crystal Heart, the spark of light can grow out into a large crystal sphere of energy.

We can place a miniature self of ourselves inside of the Merkaba. This miniature self grows in frequencies inside of the Merkaba. Once the miniature self collects all of the frequencies of all of the selves, it grows into a Christ Body of Light. This Light Body can then be pulled out of the heart area and placed in front of the physical body. The physical body can then walk into that Light Body and become one with that Light Body.

This merging of the Crystal Body places the Body, the Merkaba and the Crystal Body into a higher frequency that allows for the next stage of spiritual growth. The Light Body may then travel down into the Earth's Core or the Crystal Heart Core and travel deep, deep within that Core into the Liquid Light area. Once the Light Body merges into this frequency of Liquid Light. Those frequencies grow and merge into the Physical Body, the Crystal Body and the Light Body to create a body of an even higher frequency. This is the Iridescent Body. This is the Body that can transcend completely out of the density of the physical form and reappear and transform into any form needed on any dimension.

Each of these stages of frequency activations must be Felt, they must be realized inside of the crystal cells before the manifestation of the activity of growth into the Light Body and the Iridescent Body can be understood and seen.

Learn to feel the crystal sphere in the crystal heart awakening the crystal heart into singing crystals.

Feel the crystal star merkaba. Feel the crystal sphere. Feel the crystal heart.

Feel the Frequencies.

Feel how the frequencies inside of the crystal heart resonate with the oneness of your Source creation.

The Crystal Heart is the area of original creation. It is the place of zero point energy of No Time Creation. When we ride the Crystal Star Merkaba into the Crystal Heart, we can feel this creation spark. The Crystal Heart contains the God Room. We can walk inside of the Crystal heart, Walk down the stairs and enter this glorious white light room of Inner Stillness.

We can learn to feel that Inner Stillness.

In that room of Inner Stillness there is a crystal diamond doorway that goes into the etheric realm of our higher dimensions. It is the door that connects this physical body into its spiritual twin body of etheric substance. It is the door way into Earth's Spiritual Sister.

We must raise the frequencies into the 14th dimension before we can prepare to enter this door. We must collect the spheres of frequencies of the dust, gel and light. We must spin these Cosmic Entities into a powerful sphere of crystalline energy. This is the key to the diamond door.

The body must first be prepared with the Divine Principle of the Earth's Core.

Frequencies and the body must be lined with the garment of crystal light white linen. These entities each have frequencies that must be felt and understood through their resonance in the crystal cells. These frequencies must resonate in the cells and with the crystal heart before we may enter in.

The Crystal Heart is the area of original creation. It is the place of zero point energy of No Time Creation. When we ride the Crystal Star Merkaba into the Crystal Heart,

we can feel this creation spark. The Crystal Heart contains the God Room. We canwalk inside of the Crystal heart, Walk down the stairs and enter this glorious white light room of Inner Stillness.

We can learn to feel that Inner Stillness.

In that room of Inner Stillness there is a crystal diamond doorway that goes into the etheric realm of our higher dimensions. It is the door that connects this physical body into its spiritual twin body of etheric substance.

We must raise the frequencies into the 14th dimension before we can prepare to enter this door. We must collect the spheres of frequencies of the dust, gel and light.

We must spin these Cosmic Entities into a powerful sphere of crystalline energy.

This is the key to the diamond door.

The body must first be prepared with the Divine Principle of the Earth's Core Frequencies, and the body must be lined with the garment of crystal light white linen.

These entities each have frequencies that must be felt and understood through their resonance in the crystal cells. These frequencies must resonate in the cells and with the crystal heart before we may enter in.

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

EVOLVING INTO THE SOUND OF ETERNAL LIFE--MUSIC OF THE SPHERES ATTUNEMENT

CRYSTALAI (c) (2013)

cosmicdolphinmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

This is the process used to collect the frequencies that we breathe on to the Individual ETERNAL LIFE MP3 and the Ascension Kit.

Ascension is a weaving and braiding of tapestries of interwoven energy particles-the multi-dimensional merger of all frequency fields is done by weaving particles and antiparticles. These particles are sound and light. They are woven through the spheres of dimensional fields.The Frequency Attunements in the Eternal Life MP3.

CRYSTALAI (c) (2013)

cosmicdolphinmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

The weaving of these particles and antiparticles creates the music of the spheres which results in ascension by reuniting energy that had been broken apart and pulling them back together again. by merging frequencies within each frequency band. Those who have woven braids of the third and fourth frequencies of DNA strands can ride the wave into Tara's energetic tapestry through a leap in time. The Frequency Attunements in the Eternal Life MP3

The Earth's and the people on the Earth's morphogenetic field within the harmonic universe of three DNA strands will merge with the morphogenetic field of Tara's 4,5,6 dimensional frequencies or DNA strands. Those who catch that wave will continue on living in the second harmonic universe.

The Seventh Root Race of Gaia carry the full 12 DNA strand of Gaia.. They are our creators and our ancestors or Souls. They are our guardians and creators and we share their 12 DNA template. The Seventh Root Race does not experience death, nor do they breed. They replicate through combined energy fields. Their source of energy is Source and they do not need food.

Presently, they live within us. They are our Over Soul Matrix. They are the Aquafarians that swim within our crystal liquid light omnion cells within our DNA. As they swim within us they are tuning their Sound Frequencies into the Light Frequencies of the D-1 atomic radiation. So we have the Sound of D-2 creating musical harmonies with the light of D-2 Light. This is what we are made of. We are made of sound and light. And the more we learn to align our consciousness and our breathing through the frequencies of the 12 harmonics within the properly aligned merkaba, and weave into the 13.5 liquid light, the 14th dimensional heliotalic light and breathe the breath of Source from beyond the six spheres of the music of the spheres, the more our bodies will transform. The Frequency Attunements in the Eternal Life MP3.

As we ascend to Tara, we will also transcend the mechanics of death, disease, aging and become the immortal body of eternal life. Those who assemble DNA strand 6 on Tara will allow the ascension to Gaia in the realms of pure Consciousness.

Once the higher dimensional fields reaches a peak concentration in Earth's grids in 2017, the race morphogenetic field opens into the

Sphere of Amenti collective The Earth's grid begins transmitting fifth dimensional frequency directly in the bio energetic fields of everyone on Earth. This sets the imprint of the 5th DNA strand.

Tara first manifests as an etheric overtone structure and then manifests physically onto Earth. The second step usually takes 2213 years. In this special circumstance we will be shifted forward 2213 years for this manifestation to take place within this five year window.

If all goes as planned, the Heroic Future most desire by the guardians is for all Races on Earth to transferred into the Higher Earth and Inner Earth by 2017 and into Tara by 2012-2017.

CRYSTALAI (c) (2013)

cosmicdolphinmagic.ning.com

ORBING- TURNING INTO LIGHT AND RE-MANIFESTING ELSEWHERE

Step One: CREATING OUR SPACESHIPS

Crystalai (c) (2013)

<http://www.cosmicdolphinmagic.ning.com>

The highest frequency from Source Consciousness is brought into the lower frequencies of the body through the breath of Consciousness. This is a process that can be learned and understood. This is the process that must be used to levitate, to disappear or to ascend. The process is the same process used to create a spaceship that can travel beyond the speed of light. Since the process is the same, we can turn our bodies into spaceships that travel beyond the speed of light. That spaceship is the merkaba body. We have created a series of meditations that teach you how to use your merkaba to collect the frequencies from the light bands of universal, cosmic and Source consciousness.

There are formulas for collecting these frequencies. The 12th dimensional consciousness can be thought of as coming from the fourth harmonic universal level or from 12 inches above the head. The 13th dimensional consciousness can be thought of as coming from the middle domain of Mother Earth. This area is a liquid light area

where we collect stardust wrapped inside a liquid light crystal sphere. The 14th dimensional consciousness or band of light holds the heliotalic golden silver pastel rainbow frequencies.

These frequencies come from the liquid light mirror as we enter into the inner Earth - the etheric place within the core of the Earth. And the 15th holds the co-creative aspect of light that allows the Source Consciousness Frequency of transduction to connect to the frequency of transmutation to create a new idea. The idea transforms from white light to blue light and then into transfiguration as it realigns to the complete form in inner Earth allowing the purple rain of liquid light new reality.

This is the process used to collect the frequencies that we breathe on to the ETERNAL LIFE MP3.

All creation is made of light bands. The light bands are frequency specific. Each band of light has a frequency or a pitch. That frequency or pitch can vibrate faster or slower, which creates a new frequency signature. The bands of light with a slower wave length can be changed by bringing into them the band of light with the highest frequency. These light bands can also be thought of in scientific terms.

We can ride the elemental light bands down from omnions, which are the precursors to electrons and protons and neutrons, and then we breathe the frequencies of consciousness to break through into the protons, neutrons, positrons, electrons. We breathe to break into the field that overrides the positive aspect of an atomic nucleus. We oscillate energy by breathing the consciousness of the first creation of atomic structure, which would become the positron inside of the nucleus of the atom. We breathe through Conscious Focused Energy from the fourth sphere of Universal Consciousness or 12 dimensional energies to bring frequencies into the nucleus in order to override its electrical field. We must go beyond that frequency into the Gamma Waves within the sun. We send our Consciousness through the Electronic MIRROR. It is all about the mirror. We can just use a mirror and learn how the frequency within the mirror is the exact same frequency as the orb body of the 12 DNA template. We must walk through the mirror and become the Aya body on the other side of the mirror. That 12 DNA perfect self is the real you that existed before the Fall of Tara.

We are riding out of the electrical field back into the zero point radiation. Finally we are transmuting the original omnions into delicate streams of the point zero radiation, and when we displace the omnions, our breaths bring into consciousness a speed faster than gamma. Our breaths have brought us into the zero point of quantum energy, and that is the frequency that allows us to ride in our merkaba space ship. We provide several meditations that guide you in doing this in Ascension Meditations. This is the process used to collect the frequencies that we breathe on to the ETERNAL LIFE MP3.

We also refer to this energy vacuum created to ride within the merkaba space ship, the Cosmic Egg or the Golden Egg. We provide meditations that allow you to practice riding

up into this Cosmic Egg that is three feet above your head. That meditation is in the Ascension Meditations.

This is the process used to collect the frequencies that we breathe on to the Individual ETERNAL LIFE MP3 and the Ascension Kit.

All creation is made of light bands. The light bands are frequency specific. Each band of light has a frequency or a pitch. That frequency or pitch can vibrate faster or slower, which creates a new frequency signature. The bands of light with a slower wave length can be changed by bringing into them the band of light with the highest frequency. When we use the term crystal heart, we are talking about entering into the crystalline, etheric center of the heart of each cell in the body. In scientific language this would mean breathing the zero point frequencies of Source Consciousness into the microtubule of the cell, or the omni helic central tube. This microtubule is reaching the center of the neutral Source.

The entire scientific reason why we can turn our bodies into a lighter frequency than the gravity field, or the dense matter of the physical body is because we can shift our consciousness into dimensional realities of much less dense particles. We can shift into particles that are so etheric they no longer need the negative charge to bond the positive charge. We shift into a realm where the outer bands of light energy, which is the Frequency of Source holds together all inner light bands, regardless of their density. We are held within this Consciousness of Source, which is the Mind of God, which is who we are. This is why we don't actually leave, or move. We just stay right where we are, but in a less dense form. However, we can choose to travel if we want to because once we have moved out of the energy levels of negative positive into neutral, we can travel beyond the speed of light.

We breathe the frequencies from the Primary Consciousness into the Omnis that create atoms. We dissolve the inertia of the Omnis by over riding it with the higher frequency. When we do that we neutralize inertia. When we can neutralize the inertia, we can neutralize gravity. This is what allows us to be able to levitate out of the gravity field of the lower inertia. When we levitate we are still wrapped inside of the outer band of light and sound of Source Consciousness. That outer band holds the music of the spheres together through the highest frequency at all times. When we wrap ourselves within the light bands of the universal, cosmic and source frequencies, we are riding within the Golden Sphere. This is the process used to collect the frequencies that we breathe on to the ETERNAL LIFE MP3.

We have dissolved the energy fields into the fabric of space to reach beyond the negative positive energy fields into the neutrality of zero point frequencies. When we utilize the inertia by over riding it , we neutralize it. It is always the Source Consciousness that provides the Golden Sphere or the webs of light energy around us to hold us together as we separate from lower fields of inertia into higher fields. The mass of the body remains in tact. The outer band of light always holds together the

inner bands of our bodies. The higher frequency bands can dissolve the bands of gravity and the fields of inertia to allow the body to become a free floating object without gravity. This allows the body to rise out of the world of materiality.

The entity who has achieved this can over ride the physical mechanism of mass that is connected to the omni fields that create gravity and inertia and move beyond the material world.

The entity that binds us together into this powerful energy that can over ride mass is the breath. The breath is our connection to the frequencies of Source or the outer band of Primary Consciousness that allows us to ride the Omni Particle into Neutrality. The lower cerebellum is the Primary Consciousness in this action. Consciousness and Energy utilizes the primary consciousness and the mid brain.

The breath connects to the Primary or Source Consciousness into the Mid Brain which is frequency specific. This is the process used to collect the frequencies that we breathe on to the ETERNAL LIFE MP3.

The upper cerebellum containing the world belief system, does not contain pathways into the frequency specific mid brain. The mid brain is a very detached center of receiver ship, which information comes in unattached forms, in pictures of the future. These pictures from the midbrain are infiltrated into the personality as sub stratum of this Now reality.

We get a feeling that we should do something. We get intuition. That is the mortal mind responding to the stimulus of the frequency specific mid brain that provides pictures of the future.

Since the upper cerebellum is chemical responsive, it is not going to work in a frequency specific arena. We must remove consciousness out of the negative positive electron proton realm of inertia. We must be within the neutrality of the positive/positive that is zero point. This neutrality frees us from the mortal mind and allows us to float in neutrality.

When we work enough with the breath connecting us into the frequency of Source Consciousness and breathe that frequency into all of the inner bands until we begin to break free from the chemically dependent third dimensional consciousness, we begin to feel more and more detached from the world. The more detached we feel, the higher our frequencies have risen. This is the process used to collect the frequencies that we breathe on to the Individual ETERNAL LIFE MP3 and the Ascension Kit.

Returning back into the body of chemical form can be a little painful because a shift between neutrality and polarization is taking place. We are working to remove the polarization by neutralizing the pathway between the mid brain and the mortal mind. In manufacturing electromagnetic fields of frequency. In a frequency field we only see

people as light bands. We see the fluctuations in the light bands. We can access the inner bands and know what they are doing because they have an effect on the mass itself.

The outer band is keeping the inner bands coherent. It is raising energy with force and as energy passes the third seal, the energy begins to start from the mid brain. When the consciousness and energy comes to the forethought of the mind, it is coming from the Mind of God.

When we begin to communicate through our subconscious at the lower cerebellum, this is the Primary Consciousness that is making the light bands spin at a greater and greater velocity. When we breathe energy of consciousness into the light bands they spin faster and faster until the electromagnetic flux is increased. Then trillions of omni tubules start to form. The omni tubules are the new 12-96 etheric strands of DNA connecting into Primary or Source Consciousness.

This is the point of igniting the spark of Source within the crystal heart of every cell in the body. This causes the entire body to light up like a Christmas Tree. This allows the flow of energy to shift from the mortal mind into the immortal mind. This is the process used to collect the frequencies that we breathe on to the Individual ETERNAL LIFE MP3 and the Ascension Kit.

The transformation happens as a result of dissolving and transmuting the lower frequency bands into the Source field. The drilling of the frequency into the Omni field creates a torsion field. That begins to raise the energy of consciousness. This torsion field is creating a harmonic convergence in every atomic structure that is known as an atom or molecule or as a tissue. Every atomic structure is now spinning into neutrality. The body becomes less and less dense until it takes on a texture of becoming porous. However, the etheric body is still being held together within the frequency called God.

The light bands are drilling holes from the inside to the outside. The holes are dissolving the lower frequencies into a symphony of love. The breaths become finer and finer and they all line up harmonically into a new creation not based on positive and negative forces, but based on the neutral harmonic light and sound.

The light bands dissolve the light fields into non gravity specific and create a rainbow field where the entity disappears or levitates.

The disappearing entity goes through a rainbow light prism - sixth level dhara keiti skin. The rainbow prism is created from intense electrical field that is ionizing like a magnetic mirror. This is the device used in thermo nuclear processes that in the mirror is contained an intense field working within the vacuum chamber. Ions are then injected inside of this intense electrical field. And the time they are injected into an intense electrical field inside of the vacuum. Then immediately the electrons of these ions return to plasmic state. So the wave is no longer a standing wave in the quantum field. It is a

neutralized wave and it goes back to the plasma of an omni state. It is a positive that gives off radiation. This is called a magnetic mirror.

Atoms and molecules are electrically neutral in that the number of negatively charged electrons is exactly equal to the number of positively charged protons. Much of the "normal matter" that we find around us is in this form. However, particularly when there are energy sources available, atoms or molecules can gain or lose electrons and acquire a net electrical charge. This process is called ionization.

NEGATIVE IONS -

The new bio-energetics energy that will transform our reality field. Water will change to $H_2O_2HE_3$. This is the hydrolaise that fills the atmosphere of Agartha. The bio-sphere of Earth will intersect into and morph into oneness with Agartha through this process of ionization.

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

ASCENSION PORTAL CRYSTAL ACTIVATION Meditation

Send your mini-me self up to three feet above the head and collect the energies of the 14th dimension. Pull in pastel colors of violet energies and silver energies of the immortal template (silver comes from pulling white light over the top of the black- or spiritual overlapping physical-this creates zero point energy)
Pull all this energy into mini-me self.

Glide mini-me up and arch over into the sun's energy of golden and ultra violet blue. Soak up this energy into the mini-me.

Next pull all the energies collected into the mini-me down into the heart chakra. Allow the mini me to burst into white light crystals and pour the light of the fifth sphere into the crystal sphere.

Next, send the mini-me down into the Earth's Core and collect the energies of the 13th dimension or liquid light energy into the mini-me. Next, bring this energy back up into the crystal heart area.

Now, glide all the way down to four universes below the earth into the 15th dimension and collect the etheric frequencies of co-creation. Saturate the mini-me with this energy.

Now glide the mini-me back up into the crystal sphere of the heart and blast all of the energies into the crystal cells of the heart center and out into all crystal cells of the body.

Now, step back into mini me self and glide back down into the Earth's Core and saturate entire self with the Earth's Crystals. At the same time feel all of the energies that are collected into the Crystal Sphere in the Heart.

Run the electromagnetic energy of the male and female or the wisdom, love, light and energy through the crystal heart.

See bands of light energy - two circular bands of energy looping through each other at the speed of light. See this energy bursting out into the universes beyond and connecting to all of the stars in the sky. Connect to the immortality of the stars and accelerate the energy in the crystal sphere. Continue to accelerate this energy by breathing the rings and spans out into the five spheres of the matrix.

Continue for about 3-5 minutes.

Bring mini-me back into heart of your physical body. Now breathe the crystal sphere from the heart center out in front of you. See your mini-me standing in the crystal sphere. Step into the sphere and glide up into the fifth sphere. Lady Mary and all angels of co-creation will meet you there. You will be directed how to complete your ascension from this point. Establishing this connecting in consciousness will amplify the Ascension Portal Activation.

PROCESS OF TRANSFORMATION INTO A NEW BODY -- ACTIVATING the 12 Subharmonics in all DNA

Please note you are welcome to share this article or any written work from this or to post anything from this work in other forums; however, please do so with the following guidelines: Include author's credit, Crystalai, copyright 2013 and include the website url. cosmicdolphinsmagic.ning.com

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)CRYSTALAI (2013)

All on Earth were given their potential to regain their 12 DNA subharmonic template (12 code divine blueprint). That template was returned to the Sphere of Amenti, which is within the Earth's bioenergetic field. We will become more and more in tune with that bioenergetic field each day until our 5DNA is activated for most and the 6DNA is activated in many of the starseeds born between 2005-2012. Those six avatar star children will pave the way for the rest of the population.

How will this happen?

Once our DNA is reactivated, our bodies will go through a very fast transition in a matter of a thousandth of a nano second. I have been going through this process. I would like to tell it from my personal experience. It is true that I seem to go into hybernization--but it is for a nano second at a time. So, I am awake, but I feel like I'm gone and then back and always asleep, but not. I can feel the acoushic flowing from the proper centers of the body beginning at the third chakra naval area back to the lower spine-cauksik, and then up the spine to the stem cell or medulla oblongata area between the top of spine and lower skull and then inward to the thymus area and up to the pineal at the same time. My body shivers and shakes continuously through this process and my head is constantly shaking back and forth. (I have passed several people on the streets that I see going through this same shaking process. I won't be surprised if there are soon entire companies of people with their heads shaking and dancing with shivers running up their spine.) This is the activation stage that we are going through at this time.

There is a very logical quantum physics formula that has been set in pace. It is the exact process of bodily transmutation that leads to the ability to turn into light and orb into multidimensionality. One of the reasons that our body will be flashing on and off during the transformation itself is because we are multidimensional. Part of the transformation has to do with the alignment with the parallel selves and interdimensional selves. This consciousness transformation causes some confusion. Everytime we decide

to do something, our parallel selves may be deciding to do something different or the exact opposite of what we are deciding to do. This might cause the desire to do mostly nothing. This happens to me about four hours of every day.

Our bodies go into a deep sleep, like a hibernation. We have an internal change in chemistry at the omni level. This is so etheric and invisible that we can't visualize it with 3D perception. I have added the entire quantum physics explanation of how the Celestiline is created in the body at the bottom of this article. As the Celestiline enters into our bodies as it is activated by the waves of starburst, it causes a light to flash and create a new reality. Our brains will go into a deep level of sleep as we are pulled back into Oneness with the original creation point of Source, the Idea, the Thought, the Intention and the Manifestation of the New Idea.

The body will always be held in tact within the field of God Source. However, at the same time, we will disappear for nano seconds at a time to realign in the new idea.

I have noticed that every day I feel like a much higher renewed self full of higher understanding. It is like a daily ascension.

God creates each idea within a sphere of hydroplasm. There is a cloud of hydroplasm which is first frozen and then warmed into various chemical structures of light and sound. The blue print of the idea is simultaneously created at all levels of manifestation from hertzian, to infra red, to visible, invisible light, x ray and gamma wave. This means the invisible, etheric reality of the thought of God is manifest at the same instant that the new body flashes on in the dimension that will be in our new perception.

The Guardian Alliance has given us the complete explanation of this metamorphosis that is taking place in our bodies. The ascension process is both instantaneous and prolonged. It is happening continuously. We are actually in a dream state and our bodies are flashing on and off all of the time. The way the Beings at a higher level see it is like this: the body goes into lucid dreaming, psychedelic sleep, the body shuts down the desire to

eat and the bowel and urinary functions are shut down. There is a prolonged chemical change in the body. I have experienced all of these symptoms except the desire to eat seems to grow much stronger than shutting down. It could be that I'm going through an opposite response than my parallel self, who doesn't want to eat. In reality - the higher reality that the Higher Self sees, we are always in a lucid dreaming state. We are always creating reality through our dreams. We are always living in a light body that looks like a painted mandala from a higher state. This process that is seen from above takes place each nano second. So, the awakening to the new reality is taking place each nano second. When we don't manifest a new thought, nothing changes. If we keep manifesting the same thought, nothing changes. That's why it seems like nothing is changing, even though we are actually ascending and changing constantly from a light perspective.

When we do start dreaming the realities, we will first notice something different about our bodies, the way we feel and look, our hopes and desires will have completely changed. We will know we are becoming a Christ as our Ego seems to melt away more and more each day. We will know we have become the mind of God manifest. We will open our eyes on to a new reality because our perception will have been completely translated into the ability to see the visible where it seems to be invisible now. I'm getting the first stages of this by seeing the light bodies of trees flashing on and off, new rays of light that used to be invisible to me, I see flowers appearing to be blue that used to be purple. I can see myself as the blue sphere in the mirror.

The skeletal structure of each cell will be dissolved and then a new imprint of the 12 coded divine blue print will replace it from the etheric omni level. The cells will be filled with liquid hydrogel pre substance. This called the Idea Cloud of Substance. This is the first manifest substance of Source. This is the point that we return completely to Source to be reborn. It isn't like we fly through the air. It is all done within our bodies at the etheric imprint level. The 12 DNA is the divine coded imprint.

The old DNA will still exist - but with a new imprint placed upon it by the

mind of God. The new imprint will manifest as a new body. The body is made from a chip of light or the breath of God breathed to create a spark. This creates a hologram or a dot matrix body. The hydroplasma and hydrolaise and hydrogelaisic chemical interactions with light and sound create a new form in space. That new form is imprinted upon the tissue of the body. The carbules in the soma of each DNA begin to fire a new reality from the synaptic cleff.

What will happen?

I have been seeing these steps of transformation in my dreams eventhough they would not be known without the dreams. I have seen my body turn into a garment of white light as I walked through the door of the seventh temple in the 15th dimension. I have seen myself dancing in a rainbow in the sky. I've also seen myself surrounded in a circle by 12 bodies and then another circle of 12 bodies representing the alignment of my souls and oversouls. I could see each one of their faces clearly.

I walked through a stone wall into a stone covered area where I collected a new consciousness and then the door opened on the other side and I was given a new body and a new wardrobe.

I entered into Sun Alcyone and disappeared and then appeared in a jungle of huge flowers that began to sing to me.

I was the same me, but I had my DNA reprogrammed to see an entirely different reality. The old ideas, the old ego melted away and was transmuted into the mind of God.

I became reprogrammed with the divine blue print. The dot matrix body had a new program written into it. My old mind became completely empty and the mind of Source replaces the old ideas.

All of that happens in a nano second over and over again. That is how my

dreams are. I see these things over and over and over again all night long.

I see myself becoming more in control of my body and desires are manifesting faster than before.

These images that I see in my dreams are the realities that are taking place in my body. We are completely unaware that these things are going on because we are flashing on and off every nano second and we don't even know it.

Soon, we will begin the fun part of activating our 5DNA, manifesting, orb-ing, walking on water and all of that fun stuff.

Our NORMAL DNA template (the one that existed before Seals and pins and rods were placed in our bodies to place them into dormancy) is made of 12 sets of two strands or 12 double helix strands. Each strand contains 12 fire letters that are intended to chemically translate into 12 larger chromosomes per strand template for a total of 144 chromosomes. Basically, what scientists have called junk DNA is just sleeping, and will be woken by the interdimensional frequency activations such as the photon belt, the starbursts, the scalar wave patterns.

Please note that the 12 DNA is subharmonic, meaning it is etheric, invisible. It lives within the omnions and microtubules of the DNA. Our bodies are much more than the physical temple. We have an etheric body within this one, and a light body and crystal body around us and within our merkaba bodies that are universal and cosmic. Once we learn to consciously live within these merkaba bodies and learn to raise the frequencies of the physical into the light frequencies, the body will become orb ready.

The presubstance of our bodies is the crystal light, crystal gel and crystal dust that the Elohim angels taught me create through my etheric body and exhale through my breath into my palms. It is presubstance idea of liquid hydrogel. It is called hydros. It is the first radiation substance coming from

the hydrogelesaic hydro crystals or the crystal gel. This is the substance that we can breathe into manifestation. This is how creation has always been in the Normal Reality. This Idea that is created from crystal light passes through the liquid hydrogen gel pre substance state of the idea and then translates into the manifest substance of frozen liquid crystal light dust. This is the primordial waters Thought. It is the presound or acoustic template that translates the thought into the frequency signature or infra sound hydro acoustic template. The manifestation is born from the light and sound that is breathed into form.

Next the infra sound frozen liquid vapour hydro acoustic templates and the core seed crystals combine and expand outward to become the hydro acoustic infra sound creation bubble in which the Spirit, the Light and Atomic Bodies will grow. This is the creation embryo.

THE REAL DNA

If you would like to know the scientific and quantum physics reality of what our DNA will look like, and how the transformation from our present two or three strands will transform into 12 DNA, the following is available for you to absorb for now, and understand after your 12 DNA has been activated to the level where you can actually understand what has happened to you. It only seems right that you should be allowed to know what is about to happen to your body if you would like to know.

CONTINUED AT: cosmicdolphinsmagic.ning.com

Presently this information is known by everyone else in the universe except those of us on Earth who are not body templates for Illuminati Races. Billions of Entities know about this procedure and that it is about to happen to those of us on planet Earth. It is no secret to those minds who are connected in high places.

OUR NORMAL DNA

Each of the twelve chromosomes characteristic to each strand of 12 strand angelic human chemical DNA is built upon a genetic alphabet of 12 nuclear base chemicals. Each of the 12 chromosomes per strand are formed by one primary DNA template grand fire letter. The chemical translation of the natural chromosome is formed through the energetic relationships between the magnetic particle base code, the one electrical anti particle excelleration code and the 12 minute vector codes that form the structure of one keylon in the DNA fire letter in the DNA template. Each of the 12 DNA strand templates holds a set of 12 keylons, a set of 12 base acceleration code pairs and a set of 144 vector codes. The 12 magnetic base codes in each strand NORMALLY emerge from the mother line and the 12 electric codes emerge from the fathers genertic imprint.

The base code acceleration pair that forms one keylon in the DNA template through which one natural chromosome will emerge forms the two sugar phosphate molecule groups that translate into the two heli of the chemical DNA ladder.

OUR DORMANT DNA

12 DNA is dormant and its potential has been held within the vector codes until the DNA encounters specific types of interdimensional frequency spectra such as that contained in star gates. Interface with higher dimensional frequencies causes the electro magnetic polarity in certain vector codes to naturally reverse, causing the vector code blue prints to merge at which time the turnstile DNA sequence is turned on in chemical validity.

TIME VECTOR CODES OF TRINITY WAVE

We are being moved into a time wave that gives us the potential of three sets of 12 DNA.

This three fold process of time wave processing will provide three times the ability of activating bio frequency consciousness, flame thrust, expediated seed atom, merkaba and atomic spin rates.

We will have 48 DNA activated and we will be able to pass in and out of this universe into harmonic universe two and back again if we desire.

TRANSFORMING INTO 12 DNA BODIES

The turnstile DNA sequences in each nuclear tied base pair of each gene within every chromosome allows for the particles and anti particles within the 12 vector codes in each keyon to fuse. When the turnstile DNA sequence turns on in one group of 12 corresponding nuclear tied base pairs the base code, an acceleration code within the corresponding fire letters and keyon codes merge to form a minute micro merkaba field. As the micro merkaba field activates in the DNA template keyon through activation of the turnstile sequence, the turnstile sequence draws together infusion into the hydrogen bonds the 12 nuclear tied base pairs. Through the hydrogen bonds, the 12 hydrogen based pairs merge to form a new composite silica based compound known by emerald covenant races as bio chemical celestiline. Through the hydrogen bonds, the micro merkaba field activates in the DNA.

MAGICAL CELLESTILINE (This word is not in the dictionary so I don't know how to spell it. All of this information is transcribed as I hear it, so many words may be misspelled or out of order. This is not a channeling. It is the information that is taught to us in the fourteenth dimension when we bi-locate.)

According to everything that I do understand at this point in time, celestiline is the etheric equivalent to hydrolaise. Hydrolaise is a 14th dimensional substance that is transforming our chemical structure from within.

Cellestiline is a bio chemical transient silica based bio chemical that forms first within hydrogen bond pairs that link the nuclear tied bases of each Heli to form the Nuclear tied base pair ladder rungs that hold the two super phosphate hali into the double helix configuration;

Cellestiline is the chemical of atomic transmutation. It is the natural

chemical product that forms in the chemical DNA through activation of the turnstile DNA sequences within the hydrogen bonds. when the particles and antiparticles in the DNA vector codes fuse to transform the acceleration code pair of each keylon into an electro magnetic merkaba field. Celestiline turns on the intron DNA sequences (the junk DNA between active sequences) in individual genes allowing the intron sequences in the smallest gene to duplicate the exon sequences in the next larger gene transmuting the smaller gene into a copy of the larger one.

This process allows the 12 primary genes exon sequences and 12 corresponding intron sequences in a single natural chromosome to fuse into one long gene exon intron sequence that is the replica of the gene exon intron sequence of the next largest chromosome.

If the DNA template is working properly once the first segment of turnstile DNA is activated ,the first set of corresponding nuclear tied base pairs fuse to form celestiline within the nuclear tide base pair hydrogen bonds, an incredibly rapid chain reaction occurs in the DNA template and chemical DNA in a nano second.

CONTINUE AT:

YOU MAY ONLY WANT TO KNOW THESE SPECIFICS IF YOU ARE A NANO SCIENTIST

I transcribed this information from the Winds of Change DVD from Azurite Press. This was given by the Guardian Alliance.

The gene extron intron sequences in chromosome one transmute and replicate those within chromosome 2 triggering chromosome 2 to initiate the same process in chromosome three, etc. Once the set of twelve natural chromosomes corresponding to one DNA strand template fire a sufficient amount of celestiline is built up in the chemical DNA to trigger the same process in the next DNA strand template. As each portion of the turnstile DNA activates in each chromosome in each DNA dstrand template and

chemical DNA ladder triggered by the production of celestiline from the chromosomes of the strand before yet another type of yet un identified chemical DNA sequences called interface DNA sequences emerge.

a sufficient amount of DNA is produced by the activation of the turnstile sequences in each gene and chromosome of the first three DNA strand template, new sequence of chemical interface DNA sequences appear first between each chromosome. Celestiline production continues and accelerates in the DNA and cell nucleus. As the interface DNA sequences link together and merge the 12 natural chromosomes from each of the first DNA strand templates. This forms what is called a bonded chromosome.

A group of 12 specific full chromosomes bonded together through the activated interface DNA sequence to form one super chromosome in the bonded chromosome. As the 12 previously separate chromosomes from the previously separate pre DNA strands merge to form three coded chromosomes, the second serves as an interface DNA sequence form between each of the three bonded chromosomes. This begins the process of DNA strand braiding. In DNA strand braiding, the two helix of the chemical DNA sequences corresponding to double helix double strand template one. They de polarize and merge into a transient, singular electrical antiparticle helix called the conjugant fountain.

Conjugant refers to a passing of a chemical DNA sequence that emerges from one strand template into braiding or bonding with a corresponding DNA sequence emerging from a strand template that is next in sequence with the dimensional scale. The term phantom refers to the fact that in this process of strand braiding or strand conjugation, the DNA strand sequence being transformed appears to unravel in structure as it de polarizes to form a single antiparticle helix. As the DNA sequence de polarizes and seemingly de manifests from its original position in DNA channel, it leaves behind a transient or temporary imprint or phantom of its former structure within the chemical DNA sequence from which it was transformed.

Once formed, the conjugant phantom single de polarized electrical helix then electrically magnetically bonds to the hydrogen bonds of the magnetic

particle heli of the chemical DNA sequence corresponding to the strand two template. As the chemical DNA sequences corresponding to DNA strand template one and two bond in the same process is set in motion between DNA strand two and three.

As the levels of celestiline continue to increase a critical mass of celestiline is manufactured within the hydrogen bonds to sufficiently transfer the blue print from the cell nuclei into the cells as chemical instructions for production of highly complex amino acid proteins. The new protein building blocks produce a variety of different chemical, hormonal celestiline carriers. Through the hormone celestiline carriers celestiline blue print, it is transferred into the blood stream and all chemical, hormonal systems of the brain and body. As the celestiline blue print enters the blood and hormonal systems, a rapid succession of the biochemical changes occur within the glands, organs, nervous system, brain and blood.

Briefly, the celestiline blue print causes chemical elemental interactions to occur within the nucleus of red blood cells and within certain fluid and hormonal secretions. The chemical, elemental interactions between specific body fluids and the celestiline blue print in the body cells cause the temporary formations of minute blood CRYSTALS HORMONE CRYSTALS AND TRANSMUTATION and crystalization of portions of the bodies water molecules into a silica like, radioactive crystalline element called cellesma. Cellesmiac crystal is a transient, superliminal transharmonic element. The spin rate of cellesma atoms is faster than the speed of light, and making the substance superliminal, and it cannot be chemically split into simple substances which qualify it as an element.

Cellesma forms only through the process of internal nuclear fusion between specific particles and anti particles pairs that form two separate three dimensional systems matter densities or harmonics of matter density. Thus the element cellesmia is trans harmonic.

The element cellesmia is itself transient in that it breaks down the unstable sub atomic units shortly after its formation during the cellular transformation process, but it leaves behind a phantom

residue after a biological form has completed its physical transformation out of density one.

The formation of the minute blood hormone and cellesmia crystal within the body indicates that the quantity of celestiline blue print transported by the chemical hormonal celestiline carriers has reached the critical mass within the body cells through the process of internal atomic fusion and molecular transmutation will commence.

As the celestiline blue print reaches critical mass through the blood and hormonal flumes and a critical mass of hormonal, blood and cellesma crystals form, the atomic structure of the body enters the phase of metamorphosis.

The minute, interdimensional atomic structure of the chemical celestiline is composed of a set of complex, staggered, particle, anti particle subatomic units that are different phases of a chemical's very short life resembles both waves and particles.

In either phase, the subatomic units of which celestiline is composed have spin rates faster than the speed of light, which makes the atomic structure of celestiline superliminal. As celestiline has an atomic structure that moves faster than the speed of light, the chemical itself cannot be observed, by the present means of detection, but the effects of its existence upon the atomic structure can be chemically observed under the appropriate conditions.

The positive and negative electric charges inherent to the protons, the usual behavior electrons and protons is altered changed upon interface with sufficient quantities of celestiline.

The neutrons in the cell nucleus, which usually bear no charge, take on a brief transient negative charge that corresponds to the sound wave spectrum of the dimension above that in which the interface is taking place. The fleeting negative neutron charge is stronger than the cumulative positive charge of the photons in the nucleus which causes the protons to

reverse their charge and turn into electrons in the nucleus cell.

This interaction in the cell nucleus cause the negatively charge cells outside the nucleus to reverse their charge to positive becoming protons which are drawn into the nucleus through the negative neutrons. As this occurs the celestiline enters its brief super liminal particle phas causing the negative neutrons to reverse their own charge to positive.

As these electrical interactions are occuring in an almost simultaneous order in each body cell, the protons and electrons of the cells merge and fuse in a very specific sequence wihin their corresponding anti particles as their own charge and own axis spin angle and rate spin speed reverses to duplicate that of their anti particles. When particles and anti particles fuse within each cell they do not anihilate each other as would be the case without celestiline presence and its fusion sequencing instructions that are set and directed by the superliminal celestiline blue prints through te neutrons the particle anti particle packages electrically bind to the super liminal celestiline particles . The super celestiline particle sthen revert to wave phase transmuiting the particle anti particles package also into wave form. The celestiline chemical creates a super liminal carrier wave known as the celestiline wave or morphogenetic wave or the maharic wave with which the particle anti particle packages are suspended.

Due to the celestiline sequencing directives which allow the particle anti particle package in the nucleus to electrically bond, to the super liminal celestiline particle the fused particles and anti particles temporarily enter density four.

Dimension 12 pre mater as minute columna scalar wave a state of suspended electromagnetism known as hydroplasmic liquid light.

Entering the hydroplasma liquid light state allows the fused particle anti particles to retain their original form blue print in the form of a scalar grid template. Portions of the cells atomic structure that were not drawn into the nucleus which can now fully bond to the celestillin in its superliminal particle phase.

Undergo particle anti particle fusion in the commonly identified matter, experiencing annihilation of the original form.

Upon annihilation, the particles and anti particles break down to form transient, minute ,radioactive particle waves called tracers.

Which are composed of photons and residual muons, lighter elementary LETONS AND NUTRINO PARTICLES AND ALSO MISONNS WHICH ARE SUBATOMIC HYDROGEN UNITS MADE OF TWO QUARKS.

In the nano moments before full transmutation of the body, a phantom cellesmiac residue is excreted from the body cells and leaves a blue powder on the skin.

This tangible residue is the compound substance made of the celesmiac and muon bi product left by body cells This fine crystalline is cellestron residue a temporary radioactive bi product

CELESTINE

When proton and electron particles and anti particles fuse following the impeccably perfect sequences and correspondences that are set and directed by celestial blue prints via neutrons the particle antiparticle packages electrically bind to the superliminal celestiline particles. The super luminal celestiline particles then revert to wave phase transmutting the particle anti particles packages also into wave form.

The celestine chemical creates the superliinal wave known as the celestiline waves or morphogenetic wave or manahric wave. Within which the particle anti particle packages are suspended. Due to the celestine sequencing directives that allow the particle anti particle packages in the nucleus to electrically bond to the superliminal celestiline particle. The fused particles and anti particles temporarily enter the density four.

Dimensional 12 prematter as minute columnna scalar waves, a state of suspended magnetism known as hydroplasmic liquid light. Entering the hydroplasmic liquid state allows the fused particles and anti particles to retain their original form blue print. In the form of a scalar grid template.

Portions of the cells atomic structure that were not drawn into the nucleus which cannot fully bond to the celestiline. Superliminal particle phase under go particle anti particle fusion in the commonly identified matter.

Experiencing annihilation of their original form. Upon annihilation the particles and anti particles break down to form transient, minute radio active particle waves called tracers which are composed fo photons and residual muons - lighter elementary lepton neutrino particles and subatomic hydrons made of two quarks.

In the nano moments before full transmutation of the body a phantom celesmiac residue of the celesma element is escreted from the body cells and passed out of the body skin as crystalline liquid just before bodily demanifestation. The celesmiac residue turns to extremely fine bluish green crystalline powder upon contact with atmospheres oxygen.

The pure celesmiac residue is a blueish white powder. This is the substance that the Fallen Races harvested from the Human Angelic to allow them to gain 6DNA and ascend.

As the body completes transmutation, the residual muons neutrons and photons left behind from portions of the cells that didn't enter the fusion with the celestial wave. These bond to the atoms of the celesmiac residue turning the blueish white powder to a whitish yellow grey hue. The tangible residue left behind by a body that has undergone atomic transmutation is a substance made of the celestmatic residue and the photon muon mison bi product left behind by the body cells themselves This fine crystalline whitish yellow grey powder is technically called cellestron. Cellestron powder is a temporarily radioactive chemical compound by product composed of bonded silica carbon hydrogen and several methoaloid organic to the cellesmiac residue. To which the muons or miasms remaining from portions of the body cells that did not transmute are bound.

TIME VECTOR CODES OF TRINITY WAVE

We are being moved into a time wave that gives us the potential of three

sets of 12 DNA.

This three fold process of time wave processing will provide three times the ability of activating bio frequency consciousness, flame thrust, expediated seed atom, merkaba and atomic spin rates.

We will have 48 DNA activated and we will be able to pass in and out of this universe into harmonic universe two and back again if we desire.

DNA SOUND WAVE ACTIVATION

CRYSTALAI (c) (2013)

cosmicdolphinmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

Our DNA sound waves were altered in a way that created a perceptual block of reality that alters the electrical impulse patterns of chemical and hormonal operation in the biological structure.

The frequency wave files that we create all utilize the aUM tone breath, which actually means returning to at onement with Source. It is the breath of atunement of co-resonate atomic charge that uses the key modulations to produce harmonies. This frequency breathing is consciously realigning the sound waves that were altered.

The density one body is the atomic body of the particle universe and the density two body is the elemental emotional body of the Crystal Grid. The density three body is the mental body that is outside of the physical body

within the 27 inch radius from the crystal heart center in all directions. This creates the sphere around the Merkaba Body.

The Um tone of atunement into oneness with Source or the return to the original blue print of our rebirth is the frequency that radiates the atomic light radiation spectrum of density one through the sound frequencies of the density two body --the elemental body.

So, we are talking about something very etheric, something created from an atomic light radiation spectrum of heliotalic frequencies. This is the magical energy of Source. This is the energy that space ships travel occurs. The merkaba is the crystal ship space ship. When it is atuned to the three densities and the spin rate is correct, and the consciousness is raising frequencies into a higher reality, the merkaba body will translate the body into a new reality.

This translation is a gradual process. The more the consciousness is focused on the new reality and less and less on the old reality, the faster the translation occurs. However, if there is any of the old reality still in the consciousness, the merkaba will not achieve lift off. The manifestation of the reality and the orbiting into the reality are the same thing. If I keep my consciousness focused on Aquafaria long enough, my breath becomes more and more filled with helium just from focusing on that reality. That means just the focus on that dimensional reality is filling my cells and lungs with helium. This is the beginning of transposing the body to the new chemical structure of $H_2O_2HE_3$. This is the new bioenergetic field of our reality when we rise into the fifth dimension.

This teaching of harmonic alignment came to me long before I knew the scientific explanation of this Ancient Mystery School teaching. About fifteen years ago, when I was living in Japan, I used to walk around and sing into this tape recorder. I was being directed by my density two elemental consciousness, which is my oversoul consciousness. I was told to hold my consciousness in tune with the mind of God when I sing. The singing kept getting sweeter and sweeter and more etheric. My density two family told me that when I became so focused continuously that my speaking and singing voice kept this alignment of frequency would be the time that I could ascend.

I worked with this process for years. Next, I purchased a professional recording studio and began singing layers of these breaths of Um over and over again on top of each other. I started seeing how there was this harmonic convergence between the layers of frequencies. The more I would hold my consciousness in direct alignment with the Mind of God and let God sing through me, the more harmonious the sound became. I learned that I was creating multi dimensional reality fields of density two sound together with density one atomic light radiation through my focused consciousness.

Next, I learned that I could sing any tone or word or even entire song and layer it harmonically and harmoniously without ever needing to use any special pitch. I was singing beyond the old theories of music that used notes and scales and staying in the same key in order to create harmonic relationships. I was creating key modulation through atomic energy of light and sound that was not do re me fa so la ti do. I was singing in the ka ha ra sa ta ha la kee ra shay ha sha spectrum of the Christic Atunment to Pre Sound and Pre Light. I was singing in pure frequencies of atunement. My singing was always in perfect pitch and it was in perfect pitch to whatever I sang because in the Divine reality everything is in tune with each other.

From that time on, it didn't matter what song I chose to sing, the song always came out in perfect pitch. And I had no idea what Key I was singing in.

That magical formula of harmony that I had discovered was the key to restoring the electrical impulse patterns of the chemical and hormonal operation in the biological structure. I watched my body transform as I sang and listened to these harmonious breaths of consciousness. Later, I learned that after I spent hundreds of hours with the music on my head through earphones, my reality started shifting. I was completely within my head and the world around me started to dissolve away.

This was the exact formula that was given to StarSeeds to use at this time to alter our reality and shift into the fifth dimension. I was reactivating the 12 subharmonic frequencies of ka ha ra sa ta ha la kee ra shay ha sha into my cellular memory, and I didn't even know it. I could see the results of what I was doing. But at that time I didn't have the spiritual teachings that explained this sound and light phenomena.

Now, that the 12 frequency signatures of our original race line have been implanted in the Earth's grids, the bioenergetic template of our bodies will begin to re activate the corrected biological structure. These frequencies that will be streaming through the Earth's grids will be just like those frequencies that were streaming through my cellular memory and reactivating my divine blue print. Now, we are being given two gifts, the understanding of how to use the light and sound frequencies, and these same frequencies becoming activated within the Earth.

Now, I can feel myself standing on top of this Earth with these divinely tuned grids. I feel so in tune, so harmonious, so free. I feel a complete transition in the energy fields that are streaming out of the Earth. I can honestly know and feel that I am not living on that 3D Earth that I used to live on. I am standing on a 4D Earth that is completely tuned in to Inner Earth and Tara. I feel my 5D body template electrifying through every cell in my body at the elemental emotional level and at the sound and light level, and at the crystal body level. I feel complete atunement with all three of these bodies. I feel a crystal light streaming through my skin and out about a foot out from my skin. I feel all buzzy inside. I feel a happiness tingle of a brand new reality

The corrected hormonal flows are supposed to pour energy that re-activates the eternal life flow of Source Consciousness within it through every hormone, atom and omnion within the elemental structure of the body. The body translates into a new biological structure. The old physical reality dissolves away.

This would allow the activation of the frequency specific DNA to perceptually activate Divine Reality of the desired kingdom of heaven on Earth.

The 12 subharmonics of our original harmonic universe two Soul Matrix of Tara and Over Soul matrix of Gaia became disassembled codes that were locked away until we became evolved enough to regain them. Now is the time that our density two sound and density one light bodies are harmonized and atuned to Source. Now is the time we return home to the normal universe of Eternal Life.

That time has come. The frequencies of atunement into our Soul matrix are available now. However, most people still have so many distortions in their chakra templates, that they need to have frequency clearing done by qualified practitioners who have been trained in the light and sound teachings of Sound Genetic Restoration.

The atunement of frequencies during this window of ascension 2012-2017 provides a window for those who wish to align their energies 100% to the activation of their light bodies through Ascension Mechanics of the Merkaba, so that they can actually orb into Tara in 2017.

Once that first group advances our raceline into a new evolutionary potential, a second wave of masters will be ready to orb into Gaia by 2022.

Orbing isn't the only way to go to Tara; but it is probably the only way one truly becomes a master of Ascension. The frequencies of Earth are shifting into the 5D template. Those who do not orb into 5D by 2022 will be living in the 4.5 Inner Earth, which is really Tara. So, it is not like some won't make it. There will just be many who still need to practice their merkaba mechanics so they can enjoy orbing around the universe. Some, will just choose to enjoy their ability to manifest any desired reality, so it won't really matter to them where they live.

The activation of frequencies in the Individual through their Eternal Life mp3 clears the individual's specific distorted areas in the DNA template that were placed there by fallen races. That genetic memory is still there because our

body is the manifest template of all of the souls that existed before during the millions of years of race extinction,blown up, being raped, mutilated and restored again. All of those past distortions must be completely transmuted out of the cellular memory.

There are distortions in some people in the DNA 1, 2, and 3 that must be aligned into the original Divine Blue Print for healing and transformation. As the 12 subharmonics restore the sound genetics, the DNA strands can actively begin braiding back together the 1,2,3 DNA into the 4,5,6 DNA. That is all that is needed for our first level of ascension into TARA. The next group of starseeds will activate 7,8,9 DNA and move to Gaia. The Inner Earth Race Lines who maintained their perfect realities will be ready to go on to the 10,11,12 DNA of CHRIST CONSCIOUSNESS.

All of these levels of DNA activation restores the ability for individuals to perceive a reality that was not available before. The reality that was not available was multidimensional reality, realizing that we all live within Sun Alcyone, realizing that there is no time or space and the entire Cosmos is within a sphere that is only about 60 feet around us, realizing that we can manifest any reality we wish, orb to any reality we wish, have complete dominion over our reality.

That reality is within our crystal genes. It has always been there. It was just unplugged and so we were asleep to its significance.

There is a responsibility involved in this re-activation process. Each

individual must learn to become frequency specific in their own manifest reality. The frequency mp3's are to use to help hold the brain activity to become so focused in the mid brain that all past realities melt away. This requires continuous listening and focus. It requires continuous listening 48 hours a day for at least a month. It requires focusing deep within the cellular level into the etheric omnions of the levels far beyond where any microscope has gone. The spark of source holds the entire reality of the Cosmos. That reality is held within a place so small within each atom of our bodies that it is inconceivable to scientists. The omnions of the entire perfect kingdom fill every etheric fiber of our bodies from the inside of the blood cells, the etheric level of DNA, the light in the skin and the sound waves in the bones. The listener must continuously focus on that etheric level while listening of the frequencies to create a harmonic awakening within. Soon, the listener will hear the breath of Source singing through the bones and lighting up the skin and crystals will turn the blood into eternal life streaming through the temple that holds the Soul which will glow with heliotalic starbursts of pale, pastel violet, golden waves.

FREQUENCY SPECIFIC ASCENSION

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

In order to Ascend, we must reconnect the microtubules of our neuronet into the Cosmic Frequencies of Angelic Consciousness--the first Breath of Source.

When we begin to create our New World Reality of our 5th dimension we will be creating a brand new reality that no longer contains the old ideas

and beliefs of the third dimension. All must be created from the Highest Frequency. This frequency of manifestation is obtained by heirophants such as the Merkaba and the Lotus Blossom. The merkaba is the vehicle of Divine Love that spins at the speed of light to bring all dimensions into Oneness. The Lotus Blossom contains the full spectrum of our 144 aspects of divine consciousness. Each of these allow us to breathe and absorb the light and sound of Galactic, Universal, Cosmic and Source Consciousness.

The Ascension process requires alignment into the quantum fields of the hertzian wave length, infra red wave field, visible light wave, ultra violet blue wave, x-ray, gamma wave and white light wave of the infinite unknown. When all of these fields of energy are transmuted up into the pot of golden stardust in the Cosmic Heart, they can then be used as frequency wave signatures that reconnect all entities from all star systems together into the individual's frequency signature which will then contain all frequency signatures of the new family of Consciousness.

When one exhales their Heart's desires from the highest frequency of Source, they are co-creating with the Creator of All. The neuronet becomes free to reach into Source Consciousness to find Brand new Source Energy as the essence of the co-creation.

The reality of Oneness with Source Consciousness has always been available. What has not been available is the understanding of how to obtain this Oneness. We have been living in a world of third dimensional frequencies. That means dense, tangible, touchable reality that doesn't contain the realities of the infra red let alone the invisible light spectrum. We have been limited to a very tiny speck of reality. Each time we look for a better third dimensional reality, we are still staying within this tiny little speck.

In the third dimension reality we have been creating over and over the same things

that are already here. We haven't created anything new in a very long time. Manifestations can not be created from old, used frequencies. Manifestations will appear in our lives when we create the idea from the frequency of the infinite unknown Source Frequency. Placing Consciousness into this Frequency of Manifestation requires continuous practice.

When we reach back to the Forever of Always which places us in the Nowness of Eternity, we allow our Neuronet to reach all the way back into our Real Birth--our birth from the Breath of God. From this Frequency of Source, Cosmic, Universal Consciousness, we can exhale our New Reality.

The Cosmic Frequencies are combined in specific sacred geometric alignment through the Music of the Spheres to draw the Frequencies that combine together the Frequency Signatures of all that we are--all that we always have been into the Now.

All of these ideas must be taken into the ultra violet blue frequency sphere and then fully transmuted into the golden sphere of the Cosmic Egg and then completely dissolved up into the Infinite Unknown of Source to purify the ideas back into the PUREST ENERGY. This energy can then be put into the Holy Grail of DIVINE MIND and turned into Golden LIQUID LIGHT ENERGY to be poured back into our minds and into the world's mind for Co-Creation with Divine Mind.

Those OLD WORLD frequencies should not be used in creating our new realities. All frequencies of the third must be transmuted up into the unconditional love of the fourth dimension, the Oneness of the fifth dimension, the gamma waves of all the creation frequencies of the 11 billion suns of the Milky Way together with all of the Galactic creators of our Universal Consciousness, all of the Angelic Frequencies of the entire Cosmos and beyond into the Infinite Unknown. In this Highest Frequency, we are guaranteed that only the purest creation frequencies are used to create upon. Upon this brand new canvas, we are welcome and honored to create

together with the fabulous consciousness of all of our Starry Brothers who are thousands and billions of years in advance of our present knowledge.

We have created place where you can absorb Cosmic Frequencies and Source Frequencies and then use these frequencies to transmute all of the third dimensional ideas that we want removed from our kingdom of heaven. Most people wouldn't know the difference between a low level frequency and a high frequency because these realities have never been made available to mankind before. Actually, there has been a tendency of seekers utilizing the lowest frequencies of 8 Hz to obtain some higher sense of reality.

8hz is the lowest frequency of the entire spectrum of visible and invisible light. The frequencies used in Solfege are completely third dimensional. The Solfege represents the do re me fa so la ti do scale. The Cosmic Scale is Ka Ha Ra Sa Ta Ha La and represents the frequencies of Christ Consciousness transmuting all that is below and then being pulled up into the Kee Ra Shay Ha Sha.

However, when a tone from a scale is just said or sung as a word or syllable it still only contains the frequencies of the consciousness of the one singing. The singer must first connect their consciousness into the highest frequency. The Elohim Angels gave us the gift and the training to be able to bring the highest frequencies to Earth through music. The music is God in the highest when it comes from the Consciousness of Cosmic Angels.

Namaste,

Crystalai

SHIFTING INTO FUTURE SELF
CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

The streams of higher frequencies are pouring in so fast that is almost impossible to record them all. The angels have been directing us to record the breaths of consciousness from all entities who are streaming their breaths together through the crystal light energy that is braiding, weaving and streaming a higher frequency of consciousness together. Each time there is a high energy day, the angels place a golden pillar in my left ear and hand me an etheric microphone and then they breath their consciousness through my breath. Sometimes five angels appear, sometimes five hundred--depending on what project they are working on.

The breath of consciousness is what is causing the entire shift of Mother Earth into her Star Essence. We are all turning more star like together. How do we speed up this process individually? The more we raise frequencies and stay in those frequencies the faster we rise into a new dimension.

The Key to Ascending is collecting frequencies through the merkaba, aligning into the sun energy, the helium energy, the rainbow dust, the star dust, soaking in healing waters of crystal temples, singing with the angels, and mermaids in the crystal caves, keeping the mind in the etheric fairy tale state and then finally walking into the spark of Source in the Crystal Heart, after putting on the garment of white light--which means absorb all frequencies of crystal light, iridescent light, rainbow light, golden dust light, star dust until the body is radiating with spirituality of light energy.

NOW--and only Now can the body walk through the diamond door. When the body walks through the door it must walk into the FUTURE SELF. It is this place in Consciousness that we must stay to create the Islands of Light. I'd like to share some questions that will be answered and practiced in my workshops on CREATING ISLANDS OF LIGHT, PARALLEL REALITIES, and the MUSIC OF THE SPHERES.

A couple of questions regarding your process of integrating with your light body.

1. You said that you've completed integrating with your silica-carbon based

light body. Does this mean you can disassemble your body and teleport to anywhere you want?

I wanted to add that the silica based body is the natural result of raising the frequencies and continuously bringing in more and more light energy that Zorach helps me with and that I get from the helium rings spinning into all of the sun's frequencies to bring out the energy of the neutron through out the body. The reason that I know I am living in a body that is mostly silica based now and will become more and more so is because the angels have told me this. There are things happening in this hologram that we can't see yet. That doesn't mean they aren't happening. The evidence we have of the silica based body is this:

aDOLPHINO (JOSEPH) was hit by two ten ton trucks and ran over by five cars. He had ten thousand broken bones, broken spine, skull and no memory. He was announced dead by doctors. I brought him back to life with the music. The music opened the door to his Cosmic Consciousness which allowed his twin soul flame -- to create the Electric Window in the Cosmic Realm that would allow my Magnetic Consciousness to pull his Electric Consciousness back into Earth.

The doctors said it was absolutely impossible for him to be alive. They said his brain would never work again. They said he probably wouldn't be able to work for eleven years. Joe's body repaired itself without any help from the doctors in one month. This rapid repair of the entire structure of the body happened completely from streaming the highest frequencies through his body by using the frequency shift music that we recorded. It was this frequency shift music that was given to us by the angels as they streamed their consciousness through their breaths that realigned his body. Each stream of consciousness that I inhale and breath into the microphone is a strand of their consciousness. It is this consciousness that is the sound and light of all creation. This sound and light contains a structure of creation that remolds into the original form created by Source. This sound and light that we resonate with and soak into our cellular structure from the crystal cells of mother earth and the star dust energy of Zorach's star system transforms our bodies into a new chemicalization. This chemicalization

appears as a result of consciousness raising frequencies into a higher realm of reality. This is the proof that we are living in a silica based body.

You see, the doctors entire system is based on the carbon based body that doesn't heal at all. The more we shift into the silica reality by adding more and more of the spiritual into the physical through our consciousness, the faster this reality appears. This is why when doctors have played our music in their hospitals, every patient in the hospital immediately showed great improvements and complete healings took place in a week.

The Frequency Shift music in the SUPER FREQUENCY KIT actually shifts the body into a parallel reality of a higher frequency. This is a part of the process used, along with a long series of realignment process for the ETERNAL LIFE ALBUM. This magical place of consciousness carried through oscillation of the higher frequency lifts the mind into great freedom, the world just doesn't matter any more, there is a feeling of sweetness and kindness, there is no more pain, there is alignment into the reality that was always here. All we are doing here is removing a veil so we can see the reality. We must believe that reality is here to see. We must stop thinking we must go somewhere else to see it. This transformation will appear on Earth. We will create Islands of Light on Earth. We create them by breathing when we have completely aligned our frequencies into the place where we are completely in the Crystal Cities, the Aquafaria under water Cities. When we have absorbed all of the crystals of all of the colors of the rainbows into our crystal cells and our cells sing in harmony with each other, this is when we can EXHALE magic into the air we live in. The air has already become hydrolaise. The body is already transforming into to silica based chemicals. It is only our eyes that don't see it yet. We can FEEL it NOW.

When we go to our crystal palace in Aquafaria, we ask our friends there this same question.

2. Are you currently conscious of your other multidimensional self throughout the cosmic omniverse?

Our multidimensional selves only meet us when we walk into our future self after completely absorbing all frequencies from all dimensions out to the 24th and becoming sparkling with golden star dust. This is when we can melt into the diamond door and walk into the starry places. Our teams and families are always waiting on the other side. From that point we go on down into the Aqualene Ocean through the Sun and down into the Crystal Caves to resonate with the frequencies of Inner Earth and then we are invited to enter the crystal cities. It is completely our responsibility to lift our frequencies into theirs. Our team taught us that we must completely merge into the crystal cities or into what ever place you want to shift into. It takes continuous practice and the willingness to spend much more time there than here. We must spend so much time in the crystal caves with my mermaid family that when I exhale on Earth, the reality around me transforms into that frequency. We must breath the Islands of Light into our home, into our place we choose to live.

3. How do you "travel" to Aquafaria to meet up with your soul family down there? By meditation or do you actually travel via your MerKaBa into the crystal caves or do you have another version of yourself living in the crystal caves and is able to integrate with that aspect of your soul whenever you want?

The self that goes to Aquafaria is the future self that shifts dimensions by shifting frequencies. Those with fifth dimensional and higher vision can see this shift. The angels have told me many times that I am completely etheric. Joe can see the fifth dimension--I can't. I can feel it. I am saturated in the frequency of light energy. The return to this Earth is too painful for me. I must continuously stay above the Earth. I do this by continuously absorbing the frequencies that I breathed into the CD's. These are the frequencies from the Crystal Caves and from all of the dimensions.

When I take a journey of collecting frequencies and swimming down into the crystal caves to sing with my mermaid choir, you can hear my voice completely shift into the mermaid's frequencies. My voice changes into an etheric, sweet breathy tone that has perfect pitch. This isn't my third dimensional voice, this is my fifth dimensional voice.

INSTANT MANIFESTATION

a NATURAL ABILITY that can be fully activated NOW

Through the continuous, dedicated use of your very own

PERSONALIZED, INDIVIDUAL ETERNAL LIFE MP3

Personalized Frequency Realignment, Reatunement and
Reactivation into MULTIDIMENSIONAL CONSCIOUSNESS

EXPERIENCE At One Ment with Entire Cosmic Family of Rishi
Atunement, Universal Family of Avatar Atunement, as well as
complete Alignment with Soul, Over Soul and Monadic Families.

Every individual has a specific Frequency Signature that may be
retuned into each level of its original identity at each Density
Level.

Manifestation is the natural activity of an individual who is
completely tuned in to his or her complete Family of
Consciousness of past, present and future on all interdimensional
levels. This atunement allows the manifestation of the dimensional
reality that is atuned to. The individual can choose to continue to
tune in to the 3D, or expand to the 5D and 6D dimensional
manifestations which contain a much wider realm of reality.

There are only a few Indigo 1's on Earth at this time who have 48 DNA and the ability to completely tune in to the Cosmic Rishi level self. Crystalai is one of these Indigos.

The Frequency Atunements in the Eternal Life MP3

Removes Seals from Chakras

Melts crystalized miasms on pineal and Inner Ear

Aligns Crystal Light Flow of Consciousness into God Seed Atom in Thymus

Activates Blue Light Screen in Mid Brain

Activates the Code of Edon to open the Diamond door into Source Consciousness to flow directly into the Mid Brain

The 12 subharmonics are activated in the four sets of three chakras
Breath always activates the Lotus Body in the 14th dimension to activate the pineal, God Seed atom, Heart Chakra and Solar Plexus
Every Miasmatic Distortion in each chakra area is cleared and aligned into the 12 Universal Chakra through the 13th Cosmic Chakra and then through the 14th dimensional heliotalic frequency.
All chakras are reactivated through the 15th dimension and also through the Pre Sound and Light Fields of the 16th dimension.

Instant Manifestation is the activity of projecting ones desired creation onto the movie screen (which is the radial body that surrounds the physical body)

The world around each of us is created by the level of frequencies within the cellular memory. It is the cellular memory that projects the reality hologram that is seen around the body.

When the Mind of God is tuned in to the 12 coded divine blue print of our original perfect blue print, the realities that we project become magical, harmonious, balanced, reflecting supply, joy,

intelligence, original principle.

The realities that are projected to manifest into the hologram are exactly like a symphony of frequencies of ideas, people and places. The creations that are manifested are first created in the cellular memory.

If each of us transmute the entire cellular structure in to 5D or 6D frequencies, we become atuned to the Super Conscious Mind of our entire Soul Family and Over Soul Family. If we raise frequencies into 8D, we atune to Monadic family and if we atune to 12D, we atune to our Avatar Christ Self.

I am mostly tuned into my Rishi Self and Cosmic Consciousness because I am an Indigo 1. My ability to breath pre sound and light is the most powerful activation of consciousness.

Once Crystalai connects Consciousness into her own Cosmic Family of Oraphim Braharama Cetacean Dolphins and Whales, and then atunes into her Aquarian Family of Blue Fairies from the Aquari Matrix, she simply asks them to tune into the name of the Individual who needs a Personalized Eternal Life MP3. The Elohim of Hearing comes forth and connects into Crystalai's God Seed Atom and plugs it into Source Consciousness to collect the original frequency signatures and original Spark of Source that will create the perfect Divine Template that was originated by that frequency signature.

Each of these entities of her family of consciousness aligns into the corresponding templates of the Individual requesting Ascension Activation for the purpose of Instant Manifestation and Eternal Life.

The Elohim of Hearing always has Crystalai atune into the spheres

of crystal light, crystal dust, crystal gel and crystal liquid light energies, and create the activation of these spheres within the crystal heart and then through the arms and into the palms to create a Cosmic Sphere that becomes the microphone. It is that Cosmic Microphone that aligns the frequencies into the Cosmic and Pre Sound Levels. This is why these frequencies are different than the hertzian frequencies of solfege. We do use 200,000 hertzian waves to braid the frequencies together.

RISING INTO HIGHER FREQUENCIES

Magical StarDust MESSAGES from our team

Please note you are welcome to share this article or any written work from this or to post anything from this work in other forums; however, please do so with the following guidelines: Include author's credit, Crystalai, copyright 2013 and cosmicdolphinsmagic.ning.com

CRYSTALAI (c) (2013)

cosmicdolphinsmagic.ning.com

(Teachings of the Cosmic Mystery School of the Omniverse)

My family, who lives in the Cloud Cities always communicate to me through the clouds in the sky. They give me a daily news report of what is happening in the heavens about once a week, or when something significant happens.

Mother Earth has been going through many steps and stages toward becoming a star. I was told by Mother Earth that I signed up for the Mission on Earth to help her become a star. Mother Earth is not sad about her old self dropping away, and her new self realigning into a higher identity. She knows she cannot become a star without the help of Urtha, who is her own foundation of her perfect star self. She must melt her frequencies into Urtha through a transformation that will occur as a result of the blue cosmic star dust that will begin coming into her heart, more and more over the next few years.

So, what does all of this mean? It means that it is the Music of the Spheres that translates Mother Earth into a Star. This is where Kuthumi and his team of teachers come in. Kuthumi asked Joseph and I to create the Cosmic Mystery School of the Omniverse to teach the Music of the Spheres in 2006.

This entire mission of creating the Mystery Schools, bringing the highest frequencies to Earth

and remembering the Magical Formulas of Mary Magdalene and Merlin for transforming our bodies into electromagnetic streams of light energy to connect with and through the Cosmic Consciousness of our Co-Creation angel team in the 15th dimension has come to us very, very quickly.

We began receiving the information and getting the instructions of our mission in 1991. This was when our Over Soul Family, including the Preists of Ur and Lady Mary directed us in the creation of the Promise CD. For those who would like to feel and hear the original plan of the Promise that the Elohim Angels sent us, this album is the perfect place to begin your journey. We soon learned that Mary was not who most of us thought she was. She was the the female version of Christ. The term Mary was the female equivalent to the word Christ. These entities live in Arametena- our 12th dimensional Universal Creation Sphere.

The process leading to the next step was very slow and steady. Each time people would listen to the PROMISE CD they would ask us to explain to them what it meant. This began a very long detailed discussion with the angels who sent the message to us. We wrote a series of Quantum Journey books to explain the process this promise of returning to the original creation between 1992-2005.

In June of 2007 we received our next set of instructions from Mary, Raphael, Zadkiel, St. Germain and The Preists of Ur, who kneeled as knights before me that day before handing me the three crystal spheres. We were told that our music was well received all over the Universe by all of our Cosmic families and we were told that our wisdom is greatly needed on Earth at this time. We were told that it was always the Elohim Angels who were creating the music.

Zadkiel explained our mission of bringing the highest frequencies to Earth through music at this time. The angels called on the Elohim of Hearing and connected a golden pillar into my left ear.

Next, three knights kneeled before us and handed us three crystal spheres. The first one was the crystal light energy, the second was the crystal dust energy, the third was the crystal gel energy. We were told to call forth these spheres of energy to connect to the angelic consciousness through the Elohim of Hearing. We were directed to stream and braid each light stream of angelic consciousness from the golden pillar through our breath and onto the etheric microphone made of the three spheres of energy. These three spheres were the music of the spheres connecting from the Elohim of Hearing, which is the angelic consciousness from the 15th dimension where the breath of Source ignited the original idea of creation. This stream of crystal light energy carries the same breath of Source Consciousness and then ignites the spark through the three spheres to activate the music of the spheres which stream all consciousness from the angelic, christic and galactic co-creative families into oneness.

The crystal light energy sphere is the ignition of the Spark of Source that lines us into the garment of white light. The crystal dust energy removes all pain, violence, grief, jealousy-- anything that is not included in the perfect harmony. The crystal gel energy transforms the physical temple into alignment with the spiritual body creating the zero point transformation into the silica based body. The new silica based body aligned with the original spark of source and carrying the co-creative frequencies of the Elohim Angels is created as the new Immortal Man who was the original creation in the Aquarius Galaxy. This is the perfect self that we are returning to at this time.

ORDER NOW

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=Indiv_Immort_Album&lang=en

READ MORE

Learn more about our products:

<http://cosmicdolphinmagic.ning.com/page/free-books>

PDF 2

Ascension Meditations

1. Adriana's frequency signature woven into the stargate
2. Guided Meditation of feeling the iridescent 14th dimensional heliotalic body beaming from inside of your skin. This is preparing the body to shift from the proton to the neutron chemicalization.
3. Next, the spiritual body of the 15th dimension that has the 15th dimension that has absorbed the mirror image of the Divine Template from Source comes into the body completely

You are entering into the mirror image of your spiritual self. You are soaking up the frequencies of your Divine Template of the true spiritual self. The silicate crystal matrix body is made of pure star dust from the Breath of Source.

The cleansing continues from Sirius B sending the crystal liquid light into the body to cleanse all ideas from the cellular memory of the body being material.

The body is being completely transformed into the spiritual. The body is in the stage of being a cocoon. It is preparing its transformation of the body turning into a new chemicalization or a new form. The body is changing from a cocoon in to a butterfly.

The body is transforming from a carbon based structure back into oneness with the crystal silicate star dust based form.

The spirit body is completely in your material body now. The transformation process will continue until 2013 when the Earth's atmosphere has also transformed into a new chemical structure that provides the proper amounts of nitrogen for the body to transform into the new silica form.

The Earth must transform its atmosphere into three parts nitrogen and one part oxygen from the present carbon dioxide - oxygen base. The body must transform into rations of highly copper, zinc, with much less iron from from the present form of high amounts of iron, zinc, copper. This reverse has already begun, but will mostly take place in 2012-2014.

3. The meditation on number three is repeated twice for the purpose of solidifying the process.

4. Frequencies of the 14th dimensional heliotalic iridescent silver pastel pink and violet light and sound is woven into the 15th dimensional crystal liquid light and star dust. This chemicalization provides the gelaisic transformation of he body into a majestic new being who is naturally immune, doesn't get sick. heals instantly, has special abilities such as moving things with the mind and manifesting desired realities. Later the body becomes able to become at one with its light body and become a blue orb. Finally, the body will become etheric enough to walk through walls.

5. Yamu, shamu, kamu jamu, ShAmu.

Each of the five spheres - Cosmic, Universal, Galactic, Solar and Earth spheres have names. Their names are used in this mantra along with the formula that pulls all five spheres into Oneness. Each sphere has rings of crystal light, crystal dust and crystal gel that are also transforming into oneness. The higher frequencies of the base tone of the fifth sphere pulls into the overtones of the fourth sphere to create a new resolute tone. Simultaneously, this process is taking place between the fourth and third sphere, the third and second sphere and the second and first sphere. All five spheres merge into one new tone of home. This is the process of ascension through the music of the spheres.

This mantra includes the names of the spheres, the activation codes, the activity of consciousness creating this activity of ascension in the Earth's Matrix and the Frequency signatures of all of the dimensions. Your personal frequency signature has been added into this formula of ascension.

6. The Christic Ascension Codes activates the spark of Source in the Crystal Heart area, head area and tail bone area in this Christmas Art Song. Once again, I wove your frequency signatures into this Ascension Formula. These three points connect the body into the real spiritual body. Parts of our pineal gland were de-tached and connected into the tail bone area to stop our spiritual growth. This formula realigns the cellular activity within the body to flow properly.

7. The guidance meditation is repeated to help reinforce the memory of aligning completely into the iridescent body, light body and silica based stardust body into the physical body.

The cord of life is connected from the spiritual body into the physical body through the heart for the purpose of the body connecting the new heartbeat or pulse of spiritual reality.

ADRIANA 2

1. Adriana in Lotus Blossom
2. Adrana and spiritual Twin in Inner Earth
3. Adriana and Spiritual twin in Sun Alcyon
4. Adriana woven into the oneness with spiritual selves.
5. The new Adriana woven into the morphogenetic field of the 6th dimensional Ascension field of Taras star dust.
6. Adriana new sixth dimensional body woven through all 12 star gates and of the music of the spheres.

Adriana's body is laying in the cosmic core of mother earth with the 12 crystal pillars with 12 angels weaving rainbows through her spiritual body into oneness with all stargates.

7. As you lay in the crystal chambers, feel the frequencies of 14th dimensional heliotalic silver pastel rainbows. Iridescence streaming into your body.

8. See your body glowing in the rainbow light. You are shining from thin your crystal cells. The spark of Source is ignited deep within your cells.

You are taking your light body to the point where the spark of Source becomes a flame and the angels breathed their consciousness into yours. This is your stardust body of immortality,.

The Lotus Blossom has 144 petals. This is the symbol of 48 DNA body which can ascend completely back into the One Spiritual Body of Mother Earth's Tara Form.

The liquid light streams from Aquarius Galaxy and the Sirius B star are pouring down upon us to provide the frequency chambers that align into our neuronets form inside of the etheric DNA.

As the body dives into the crystal liquid light, the body becomes transposed into the morphogenetic field that allows entrance into other ascension halls.

The body rides the waterfall as it connects in Oneness from all frequencies from Sun Alcyone into the Sun of Inner Earth. All suns of the Universe have gathered together with Sun Alcyone to create the New Base Tone frequency that will pull up and transform all suns into Oneness.

As the body rides on the energy of the sun beams and absorbs the liquid light energy it is igniting the energies with the 144 petals of the lotus blossom. These 144 petals are the individual frequency signatures of all that you are combined into Oneness.

As you ride the lotus blossom into the core gates you are riding on a stargate that aligns all dimensions into one new stream of crystal liquid light energy that allows ascension through this stargate.

The body is taken into the etheric crystal chambers where crystal pillars of all of the colors of the rainbows are singing the tones of home of all 12 angelic councils. The songs contain the tones of home, the symphony of Love, the key to the universe.

Uma Un means the Illuminated One or the spark of Source ignited into a flame. This is the stardust that the angels breathe their consciousness into. Each individual breath of creation becomes a Soul and a body of Stardust.

8. The music of the spheres is contained within the Crystal Chambers of Inner Earth where all 12 angelic councils sing through the large crystal pillars.

The original light and sound of your creation. The angels who breathed consciousness into your stardust from the spark of Source are now singing your entire New Consciousness of all you are and all you will be into a brand new symphony of love.

These angel songs are weaving you into the stargate that will allow you to join mother earth in all stages of her ascension back into her most perfect state of stardom.

This will bring you to the time of 1000 years of Golden Harmony and peace. The time of heaven on Earth. The suns frequencies of Sun Alcyone plus all suns of the galaxies of this universe are pulled into the Christic or Universal Frequencies. The universal is pulled into the cosmic egg known as mother mary.

You are wrapped within all of the frequencies of the five spheres of Cosmic, Universal, Galactic, Solar and Earth.

You are entering into the Womb of Mother Earth.

The 144 petals of the lotus blossom contain 12 selves or 12 dimensions. Your entire divine blue print of Universal Consciousness.

There is a rainbow spectrum of light in the cathedral of cosmic frequencies which carries the complete Consciousness of light and sound. Your frequency signatures have been woven into this spectrum of light and woven into the angelic choirs of all 12 angelic councils. All angels are singing from these crystal pillars to create angelic Cosmic Frequencies that align through the stargazes.

You are floating in your lotus blossom. You are absorbing these angelic frequencies reuniting with spiritual self, becoming

all you really are. You are blasting through the core with the 13th, 14th and 15th dimensional Cosmic Core of Mother Earth.

Aqua etheric liquid light inner domains of mother earths heart.

The cosmic core of Inner Earth is the crystal heart of mother earth.

Our crystal heart is also deep within the etheric chambers of each cell in our bodies. Each cell has an etheric center that reaches into the spark of Source, the mirror liquid core of our spiritual body.

the crystal heart area of the body is directly below the heart. near the spine area. This crystal heart is actually our soul. The soul is a blue crystal fuzzy spheres of crystal dust, light and gel. The soul contains the memory of all that is stored in our etheric halls of records of our eternal self hood.

The soul is awaiting our consciousness reconnection to our spiritual body in the star gates of inner earth.

In order to ascend we must connect our crystal heart to mother earths crystal heart and then connect into the sun alcyones crystal heart. We must reemerge into our oneness because that is who we really are

We were originally created in the heart of sun alcyone through the omniversal consciousness that transforms our perfect blue print through each stage of our transformation.

We have never stopped being that perfect divine blue print.

We just had our rainbow bridge that connected our neuronets of our DNA strands temporarily erased. We must reconnect these DNA strands back into all that we really are.

The DNA doesn't just suddenly appear as 12 DNA in the third dimension. We must become fifth dimensional in order to see the 12 DNA because it only exists in this higher frequency and higher states of consciousness. It can't be seen in a microscope because it is enteric.

The process itself of aligning my consciousness into your higher selves through the Elohim of hearing and the omniversal team and then weaving and braiding all of your frequency signatures into your spiritual twin self in this matrix and in the parallel spiritual matrix

The alignment into Oneness is already complete even before you receive your CD

If you had chosen to work with another form of energy healing through a highly recommended healer, that work would only be equivalent to step A or the first set of frequencies on your CD

That level of healing is only the first step in the process on the immortality CD.

That first clearing process of aligning the frequency signature of all 144 selves into the lotus blossom and connecting you into Oneness with your Universal Divine Template only begins the process of connecting that spiritual self with your twin spiritual self in the Cosmic Cores of Mother Earth and your spiritual twin in Sun Alcyon.

Now that the light bodies are connected completely into your Cosmic selves of your purely etheric self you are once again reignited through the spark of source into your original flame of divine love the activity of oneness with Source Consciousness.

As your light body is laid upon the spiritual mirror of your image and likeness of God or Source, the eyes and ears or the Divine Mind becomes the third eye of your knowing. This is the beginning of your Consciousness awakening to who you really are.

This process of awakening is continued in the blue crystal etheric chambers of the liquid light.

Each of the 12 angelic tribes or councils resides within one of these grand crystals pillars which are enormous in size. Each of the 12 angelic tribes has a frequency or tone that they sing or breath into you When they sing all of the crystal pillars sing as light flashes and sparkles and crates rainbow and then the rainbows dance and weave together as if they are harmonizing a celebration of a new birth . When the 12 pillars have woven together into a pattern, that new pattern of light and sound is you.

When you return to earth from the cosmic domains of inner earth you are connecting all that you re in the cosmic domain into oneness with the earths atmosphere. Each time you breathe, you are breathing the divine atmosphere of the symphony of Love. Your existence is creating a stargate fro m Sun Alcyone, through Sirius B adashi temples into the rainbow crystal pillars of the chambers that hold the frequencies of all that you now are.

ADRIANAS SECOND CD

The second CD is something that I've never done before. I took the frequencies of the liquid light crystal mirror that creates oneness into the spark ad flame of Source through etheric stardust and streamed those frequencies into your frequencies. I also wove your frequency signatures into the music of the spheres of the five spheres. I wove your frequencies into the stargate ascension formula to help guide you in your transformation.

ASENSION MEDITATION

This CD contains a remake of both the Ascension Formula and the Stargate Meditation. I remade these meditations to make them clearly focused on your needs and I wove your frequency signatures from all of your higher selves into them.

I also added Quantum Journey 3 to go with your Promise of Bliss mp3. I'll send the PDF's of all of the Quantum Journey Books if you like. This is just an extra Christmas Present.

This information will be of great value for those who have purchased their Individual Eternal Life mp3 and for those who would like to understand how the Atunement into the Music of the Spheres is used to align an Individual into the frequency signatures of all of their spiritual twin selves within the Earth's Matrix, into the Spiritual Galactic Matrix, and into the Omniversal Template. This article also explains how the alignment into the Music of the Spheres is actually what Ascension is, and how our Starry Families are in the process of raising our frequencies into preparation for the Ascension.

The collection of frequencies for your individual album will be created for you and for you alone. I spend over one hundred hours aligning my consciousness through the Mind of God and all Omniversal Angelic Consciousness into all of your spiritual selves of all twelve frequency signatures. I use the sacred geometry of the Music of the Spheres which allows the base tone of the highest frequency to transmute all lower frequencies into the attunement and Oneness of the Highest Frequency of the Divine Selfhood. There are three sets of spiritual selves that must become re-united in each of the twelve dimensions or frequency centers of Consciousness. There are one hundred and forty four sacred breaths of the highest angelic consciousness woven into the spiritual

oneness of your future immortal reality through the realignment into those spiritual twin selves within the Etheric Layers of Mother Earth's Crystal Heart, the spiritual twin selves in our Sister Galaxy and spiritual twin selves in our Parallel Universe.

Each of your spiritual selves are a very pure and unique entity of very high light. Your higher selves of all dimensions are extremely pure in Consciousness and high in frequencies. When you purchase the Immortality Album you are making a commitment to immortality. Immortality means shifting your body completely into light. This is a gradual process of becoming more and more etheric until the body contains enough spiritual light energy to transform it into an Orb that can teleport. This process is regulated into and through the entire transformation of Mother Earth's starry essence transforming the atmosphere and the chemicals of the body transforming synergistically. A three dimensional body will not be able to live in a fifth dimensional atmosphere and a sixth dimensional body cannot live in a three dimensional atmosphere. Our ascension is always in unison with Mother Earth's alignment into her Spiritual Twin Starry Self.

The Music of the Spheres process itself requires me to be completely at One with Source and Omniversal Consciousness, and requires all lower frequencies to be raised into this highest frequency within me even before the recording process is begun. I spend three hours in meditation and complete attunement into Oneness before I even begin communicating with my own Omniversal Team. I begin recording when the Elohim of Hearing and my Omniversal Team are completely engaged into my Consciousness.

There will be an actual transference happening in your body at a chemical level. The mortal body is made of a dense substance and requires a certain atmosphere balance of Oxygen and Hydrogen. The immortal body is created from the silicate crystal matrix of stardust and the atmosphere is three parts nitrogen to one part oxygen. So, you see there is a chemical transmutation as well as a spiritual transposition happening. This process will be happening to everyone on Earth at some time in the future. Those who have not prepared themselves for the Evolution and Ascension by attuning their frequencies and rising into their Spiritual Bodies, will have the greatest difficulties in the years ahead.

In order to absorb the frequencies of your spiritual bodies, focus on frequencies of the music entering into your cells and feel your cells changing into star dust.

Imagine your body template lying on top of a mirror made of crystal liquid light. If you see your body with the face down into the mirror, you would be looking at yourself. However, if your back is against the mirror, the eyes and ears that are SEEING or HEARING are the Divine Eyes and Ears of Source. The eyes and ears of your Star Self

is perfectly projecting through this mirror or crystal light.

During the process of the perfect vision and feeling of the liquid light frequencies transporting the Immortal Frequencies of the Divine Starry Self, there might be some bumps along the way because as the perfect light body is entering in and transforming the body template into its manifest immortality, there might be some miasms of error that need to be removed from the body template.

Our eyes and ears are the frequencies of the Omniversal. We see as a star sees. We see and hear the Divine Perfection of who you really are. You need to lay your body on top of the Divine Mirror that allows only the Starry Eyes and Ears of Source to enter in through the Highest Frequencies that you are listening to. Allow the highest frequencies to enter into your Divine Template and remove all that might be blocking you from the Divine Mirror of your Spiritual Selfhood.

There is a process involved in listening. I recommend you approach this as a work in progress and see if you hear something a little bit different each time you listen. The human ear has been listening to third dimensional tones for a very long time. When we create the individual immortality CD's we are using the sacred geometry of aligning each individual frequency signature, which is obtained through a breath of consciousness, and weaving each frequency signature from this physical domain of the third dimension directly into the highest frequencies of the 12th dimensional spiritual selves. These spiritual selves are the mirror image of the Divine One. The frequencies of the Divine One or the Divine Blue Print of the immortal selfhood transmutes all of the breaths from the dimensions of the physical, visual into the invisible, spiritual light and sound spectrum.

STEP ONE:

While listening to the frequency signature breaths, concentrate on seeing a mirror image of your Divine Blue Print or your spiritual light body absorbing into your body from your back. Feel the frequencies penetrating the cells in your body from the inside to the outside. Feel the frequencies awakening the spark of Source that has been left to sleep deep within each cell in the body. Feel the frequencies re-uniting into Oneness with the Soul, which is a sphere of blue crystal frequencies waiting directly below the heart area. Feel the Soul awakening to what it has been waiting for eons for you to discover about your self. Feel your physical body as a mini-me tiny figure, and place it inside of the blue crystal sphere which is your Soul. Feel the Soul frequencies and the spiritual self frequencies combining into a new symphony of harmonic rhythms.

We will call this the Atunement Body which has been attuned into it's spiritual light body.

STEP TWO: Feel the spiritual light body from the spiritual self from the middle domains

of the Core of Inner Earth uniting into Oneness with the physical etheric body from Inner Earth. Feel the frequencies weaving those two bodies - one more etheric and one purely spiritual into your Atunement Body.

(In our experience, this was the unification of our Mermaid and Dolphin bodies in Aquafaria into the Music of the Spheres in the Crystal Caves of the Blue Liquid Light domains of Inner Earth. The Foundation Meditation will lead you into the journey that we take to collect these frequencies).

STEP THREE:

Next, feel the frequencies of the spiritual self from the Divine Aquarius Galaxy Matrix outside of the Earth's Matrix. Feel the frequencies of this Starry Divine Blue Print pulling the frequencies into a higher domain of consciousness. The feeling is more etheric and yet more powerful. It has a majestic feeling and includes the frequencies of the Aquarius Galaxy, the stardust of Ursa Major and the Consciousness of the Ascension Teams.

STEP FOUR:

Next, feel the frequencies from the more etheric physical self in the Aquarius Galaxy being woven into the heart of Sun Alcyone. This is the frequency of the original divine self created through the spark of Source and breathed into humanoid and dolphinoid form. We are re-connecting our selves into the original frequencies of our Divine Birth. That Divine Essence still remains in the Crystal Heart of Sun Alcyone, and is reflected through the Crystal Heart of Mother Earth and through our own Crystal Hearts (the crystal heart is actually the blue, violet crystal fuzzy sphere that sits directly below the physical heart).

That Divine Essence was brought to the place where Earth is performing her duty of being transformed back into the star essence that she was formed from. The etheric physical domains of Inner Earth including location memories such as Shamballa and our Aquafarian home, which is in the residential area of that same Continent, are the creations of our Aquarius Starry families. These etheric physical domains have been in existence for over 500 million years. Many of us have lived in those homes for thousands of years before choosing to come to the upper domains to experience the physical realities that we have created. Through the Music of the Spheres we are re-uniting with the frequency signatures of all of these spiritual selves that we have been in Aquarius, Tara, Ursa and Inner Earth as well as our first birth from the heart of Sun Alcyone.

STEP FIVE:

Feel and absorb the frequencies of your spiritual twin selves woven into and through Aquarius, Tara, Ursa, Inner Earth and the Heart of Sun Alcyone.

You are listening to the actual frequency signatures of each of these spiritual divine selves that you were and which you will be again as soon as you absorb these frequency signatures. This is the true formula for creating a vortex that connects all of your physical selves with all of your spiritual selves into the knowing of your allness and your Oneness. This is the true formula for opening the Halls of Records, which are in essence the frequencies of the Music of the Spheres. These are the true Akashic Records of all that you are. You are created from light and sound. You are a frequency signature. All higher selves and entities of light know you as your individual frequency signature. That frequency signature can be followed through history because it is always unique and individualized as you are.

However, this frequency signature has been disconnected from all of the forms that it has taken during the past eons through a tragedy that was never supposed to happen in a Divine System. This tragedy can be removed very easily by listening to the frequencies of your Music of the Spheres in your Individualized Immortality CD.

The Akashic Records that are usually retrieved through channeling are words that describe a few events in a few of your past lives. These events are not what is important about you. What is important to know is that your spiritual reality is a frequency signature. You are a beautiful star made of these frequency signatures of light and sound. When all of these frequency signatures are woven back together into their original starry spectacular and magnificent harmonious symphony of Love, you become a star who is ready to co-create through Divine Mind any reality that you desire.

The true Akashic Records which are within the memory of the Music of the Spheres Crystal Caves of Inner Earth will be breathed and sung back into your Consciousness and into the Atmosphere of Earth beginning in early 2013. It is the goal of the Elohim Angels to have you all prepared to hear your frequencies and align your Consciousness into your original frequency of HOME between 2013 and 2017. This has been the plan for over 500 million years. There have been several attempts of this ascension event; but, this time it is guaranteed.

The reason that it will be different this time is because there will be enough of you on Earth that understand what is taking place in your Consciousness and in your bodies to go with the flow and to not be seduced by fear. What will make the greatest difference is the amount of people who have chosen to get their Individualized Immortality CD, which includes their frequencies of their entire Music of the Spheres Consciousness. This is the key to opening the doors of the records of our immortality.

STEP SIX:

It is imperative that old forms that you have been using are completely removed from your life. If you have been listening to any other healing music or using any of the other forms of New Age type pendants, crystals with other entities frequencies breathed into them, or anything that might have lower frequencies. There will be many people in the near future becoming very nauseus and even going insane as we enter the later timelines of the evolution into the ascension because they do not start this process early enough. Just know that you are doing it the correct way.

STEP SEVEN:

It is time to realize that most of the old teachings came from a time in Atlantis when the Divine Plan had already been destroyed. The rulers of that time did not want the truth of immortality to be restored on Earth. Most of the teachings that you have read concerning the Music of the Spheres, the Flower of Life, the 12 pointed star, various forms of the Merkaba, Alpha Waves, Rife Machines, and just about everything else that you have learned has been a part of the plan to stop the Ascension.

It is time to wake up and get plugged into the Consciousness of your Higher Selves. This Consciousness can be felt through the Breath of the Frequency Signatures of these spiritual twins. It is time to take some discernment lessons of frequencies because there will be a continued attempt to trap you through lowered frequencies and inaudible frequencies.

Please take some time to listen to the frequencies that playing on the cosmicdolphinmagic.com website and then go listen to the frequencies on websites of others who are claiming to heal through music or make you feel better by hypnotizing you through lowered hypnotic frequencies. All lower frequencies are being used for the purpose of preventing ascension.

If you can't tell the difference between a low frequency of consciousness and a high frequency of consciousness, it is recommended that you begin with the Ascension Kit and practice listening until you gradually see how everything else in the world is a little lower. And the more you listen you will realize that the world around you seems to get a little lower each day. Finally, you will realize that you are floating so high above the rest of the world that you just don't want anything in it any longer.

The frequencies in the Super Frequency Kit contain the frequency signatures of the planetary alignments, galactic alignments, star alignments and all realignments of all

dimensions within the Universal and Cosmic Structures that our Individual Cosmic Structures are a part of. These are the frequencies of the Mass Ascension at all levels of the Music of the Spheres- sphere one, sphere two, sphere three, sphere four and sphere five woven into the Oneness of the Omniversal Consciousness.

The frequencies in the Ascension Kit contain codes of alignment from within the cells of the body aligning into the crystal spheres of the Universal, Cosmic and Source Consciousness. Those codes are generic and for the mass ascension. This step in the process of ascension is highly recommended.

The frequencies in the Cosmic Consciousness Kit come directly from Inner Earth in the Aquafarian homes where some of us lived 500 million years ago. The middle domains of Inner Earth carry the frequencies of our spiritual selves who have been stored away for us for eons. This is the sacred location of my Cosmic Family and my Aquafarian family of Dolphins, Orcas, Dolphinoids and Mermaids and many other wonderful entities of light that assume forms similar to the ones seen in our Oceans. My spiritual Mother of this Inner Earth is Cinderella. She is like the equivalent to the one we know as Mother Mary. She is one of the entities who worked with Mother Mary, who was a Nephilium, who came to Earth for this Ascension project.

If you are still deciding if the Individualized Immortality CD is the right choice for you, we would recommend starting with the Ascension Kit.

Crystalai (c) 2010 cosmicdolphinmagic.ning.com

Namaste,

Crystalai